Miriam Kittrell 5K Race March 18, 2018

Location & Time

FLEC - 1275 Learning Loop, Longwood, FL 32779 Check-in Registration begins at

Check-in Registration begins at 7:00 am &concludes at 7:50 am.

IT Annual ENDURANCE THE RACE THAT IS SET BEFORE YOU



5K Run/Walk

Third–Eighth Grade, Staff, Community Runners

Course: Race starts at FLEC to Sand Lake Rd., go West on Sand Lake Rd. to Hunt Club Blvd. and back to school.

5K Entry Fee

\$25.00 - through March 2 \$30.00 - March 3 - 15

\$40.00 - Race Day in person

\$10.00 - Fun Run

Beneficiary

Race proceeds go directly to the Worthy Student Fund. The funds help to take away financial barriers from families who wish to be in a Christian environment but can't afford it. It is in our schools that children are shown kindness and what it means to be like Christ. It is in our schools that children are taught to live for a purpose.

Registration Information

The 5K & Fun Run is open to all runners, joggers, and walkers. Fill out the attached entry form and mail to the address below, or fax to Sophia at: 407-774-7723. Additional entry forms may be obtained online at www.myflec.com. Registration will also be held in the gym on race day.

Fun Run

Pre-K-Second Grade Runners Course: One lap around school track.

Awards

All FLEC student who meet their \$100 sponsorship goal as well as all pre-registered entrants will receive a Run/Walk Commemorative T-shirt. Trophies will be awarded to the top 3 FLEC Males/Females students per grade. Trophies will be awarded to the top community Male/Female in each age group. All participants will receive a finisher medal.

For More Information or to complete Registration Online visit us at www.myflec.com

Credit Card registrations may be faxed to 407.774.7723. Checks may be mailed to address below. Payments accepted on race day.

FLEC – 17th Annual Miriam Kittrell 5K & Fun Run Mail form and checks payable to: Forest Lake Education Center, Attn. Sophia Forde **OFFICIAL ENTRY FORM** (Mail-in Deadline: March 15, 2018) 1275 Learning Loop, Longwood, FL 32779 RUNNER'S FIRST NAME RUNNER'S LAST NAME M F S|M|L XL DATE OF BIRTH STREET ADDRESS OR BILLING ADDRESS FOR CREDIT CARD IF DIFFERENT CITY STATE ZIP CODE TELEPHONE NUMBER V CODE (3-DIGIT SECURITY CODE ON BACK OF CARD) VISA MC OFFICIAL USE ONLY METHOD OF PAYMENT **CHARGE** CREDIT CARD# EXPIRATION DATE AMOUNT TO CHARGE \$ NAME AS APPEARS ON CARD

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: fall, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals and radio headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Forest Lake Education Center, the Florida Conference of Seventh-day Adventist and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.