



Celebrate Sela Race to Raise CDH Awareness

WHAT: The 2nd annual Celebrate Sela: Race to Raise CDH Awareness 5K Run/Walk and Balloon Release in memory of Sela Marie Anderson. All proceeds will be donated to Cherubs: CDH (Congenital Diaphragmatic Hernia) Awareness and Research and to Blair E. Batson Children's Hospital.

WHEN: **March 26, 2016:** Registration begins at 7:00 a.m. and the 5k run/walk will begin at 8:00 a.m. (rain or shine)
Fun Run: 9:00 a.m. Balloon Release: ~9:30 a.m.

WHERE: Friendship Park in Columbia, MS

FEES: \$25/person (Forms must be received by **March 15, 2016** to guarantee t-shirt on race day) [\$30 after this day]
\$15/child (9 and under) for Fun Run (includes t-shirt and rubber wristband) [\$20 after this day]

(Please fill out form completely)

Participant's Name _____ Age on March 26 _____

Address _____ Phone Number _____

Email address _____ Male or Female _____

Event (circle one): 5k Run/Walk Fun Run (1 lap: ages 9 and under)

T-shirt size (circle one): S M L XL 2XL (+\$2) 3XL (+\$2) 4XL (+\$2)

Youth: S M L XL

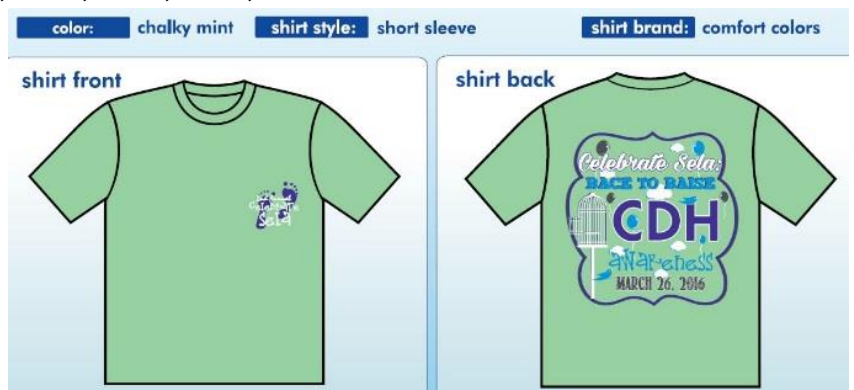


Awards will be given to: -Overall male and overall female
-1st and 2nd place for each age division:
0-9, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

Mail Form to: Celebrate Sela
157 Dyke Rd Unit 29
Ridgeland, MS 39157

***Please make checks payable to Celebrate Sela**

Contact: celebratesela@gmail.com
Check it out on Facebook!



DISCLAIMER: "I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this race including, but not limited to, falls, contact with other participants, effects of the weather, the conditions of the road, and traffic on the course. All such risks being appreciated by me. Having read this waiver, knowing these facts, and in consideration of your acceptance of my entry for racing, I, for myself, my child, and anyone entitled to act on our behalf, waive and release the right to sue Celebrate Sela, its volunteers, sponsors, and representatives from all claims or liabilities of any kind arising out of my participation or my child's participation in this activity, even though the liability may arise out of negligence or carelessness on the part of the persons named on this form."

Signature: _____ Date: _____