



**Ann's 5K Run and  
Walk For Life**  
Cropwell, Alabama  
(Map not to scale)



**USATF Certificate**  
AL25016JE  
Effective: 05/24/2025  
Through: 12/31/2035

**COURSE DIRECTIONS**  
Run begins at the Start/Finish line on grassy area, south edge of Rock Post sign at Lake Plaza parking lot, 3440 US Hwy 231, running south to Rock Inn Estates Rd, turns left and runs to Rock Inn Point, turns right and runs to 1<sup>st</sup> Turnaround, turnaround and runs to Rock Inn Estates Rd, turns left and runs to Blue Springs Rd., turns right and runs to Castleberry Dr., turns left and runs to Johnson Dr., turns right and runs to 2<sup>nd</sup> Turnaround, turnaround and runs to grassy area, turns left and finishes at the Start/Finish line on south edge of Rock Post sign at Lake Plaza parking lot, 3440 US Hwy 231.

**RACE DIRECTOR:**  
Misty Dorough  
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Measured on April 29, 2025 by Robert Powers,  
Ph: 256-282-5353, email:leisure1021@gmail.com.  
Course was measured in Kilometers using the entire width of the road and Shortest Possible Route (SPR).