



Super Heroes to Kids in Ohio Presents:
“Super 5k” and An Inclusive 1 Mile Stroll and Roll
Sunday, June 9, 2024

To benefit Super Heroes to Kids in Ohio, a 501(c)(3) Organization

Location:

Mercy Health Stadium
2009 Baseball Boulevard
Avon, Ohio 44011

Entry Fees:

Pre-Registration:

Standard Registration

\$30 for Adults, \$15 for Kids

Times:

Race Day Registration/Package Pick-up: 7:30 am

5K: 8:30 am

1 Mile: 8:30 am

Raffle starts at 9:30

Race Day Registration

\$35 for Adults, \$20 for Kids

5k awards

Awards for the top three overall male and female

finishers and three-deep in the following age groups:

14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over

Free T-shirt and finisher medal, raffle ticket, and a discounted ticket to a Crusher's game for all registered participants

Call 216-623-9933 or visit www.hermescleveland.com for more information

I hereby acknowledge that by entering the Super 5k, I waive any and all claims for damages that I may have against Hermes Sports and Events, Superheroes to Kids in Ohio, the City of Avon, promoters, sponsors and all others involved in the production of this race, in connection with any and all injuries suffered by me while running, traveling to and/or from, or by participating in this event. I give my full permission to Hermes Sports & Events and their sponsors and corporate partners to use any photographs, videotapes, audiotapes or other recordings of me that are made during the course of this event. This waiver shall be binding on my heirs, executors and/or assignees.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Event (Circle one): Standard 5K Standard 1 Mile

D.O.B.: ____/____/____ Age on Race Day: _____ Gender: M F T-Shirt Size: YL S M L XL XXL

Phone Number: (____) _____ E-mail: _____

Participant Signature (Parent/Guardian if under 18) _____