

RACE DAY INSTRUCTIONS

Race Information

The 2026 Houston 25K, 10 Mile and 5K will take place Sunday, November 22. All races are USATF-certified courses and will be electronically timed by Negative Split Productions.

Race	USATF Certification
25K	**TX25003JH**
10 Mile	**TX25006JH**
5K	**TX25005JH**

Packet Pick-Up

Packet pick-up will be available Friday, November 20, and Saturday, November 21, from 11 a.m. to 6 p.m. at the Fleet Feet located at 2012 W. Gray St. On Race Day, Sunday, November 22, packets can be picked up from 5:30 to 6:30 a.m. at the Wortham Center's Fish Plaza, 501 Texas Ave.

Start Line Information

The start line for the 25K and 5K will be on Prairie Street beneath the Wortham Center overpass.
The start line for the 10 Mile will be on Memorial Drive west of Houston Avenue (approximately .4 miles from the 25K start line).
Start times:
10 Mile Wheelchair – 6:50 a.m.
25K – 7 a.m.
10 Mile – 7:15 a.m.
5K – 7:30 a.m.
Time limit: 4.5 hours (strictly enforced*). The 25K race is three loops. Runners must start the third loop by 10 a.m.
***If you are unable to complete the three loops, please do not cross the finish-line mats**.

Race Course

The 25K is a triple-loop course.
The 10 Mile is a double-loop course.
The 5K is an out-and-back course.
Hydration stations will be available along all courses.

Parking

Parking is available on the street, in garages and on surface lots, but most of these options are **not** free. In the past, downtown on-street parking was free on Sundays, but many of those meters now charge all week long. You should check the meter and signs to see whether the parking schedule is Monday-Saturday or Monday-Sunday. Early arrival is encouraged to take advantage of parking spaces closest to the race before they fill up.

Portable Toilets
Portable toilets will be available along Smith Street near the start and at three locations along the loop course.

Race Number and Timing Chip
Your race number must be worn on the front of your shirt or shorts so race officials, course photographers and finish-line personnel can clearly see it. Do not cut or fold your number in any way because this can damage the attached timing device. Officials must be able to see your whole number to know that you are an officially registered participant. Race numbers are non-transferable and may be worn only by the participant to whom they are assigned. The bib is yours to keep after the race.

Water/Aid Stations
Water and Gatorade sports drink will be available at three locations on the loop course. Water will also be available at the finish line.

Course Maps
25K – https://runsignup.com/Race/Houston25K/Page-1
10 Mile – https://runsignup.com/Race/Houston25K/Page-2
5K – https://runsignup.com/Race/Houston25K/Page-3

Medical Aid
If available, bike medics will be on hand at the start and finish lines and along the course to render basic aid.

Food and Beverages
Once participants cross the finish line they will be directed to the Wortham Center's Fish Plaza to enjoy breakfast tacos, Saint Arnold Brewing Company beer, Shipley Do-Nuts holes, bananas, chips, cookies and water.

Results
All results are unofficial until certified by race officials. Participants can check their unofficial results at the results tent located by the finish line. Results will be available online at: https://runsignup.com/Race/TX/Houston/Houston25K.

Awards
All participants who complete the race will receive a finisher's medal.
25K – Top 3 overall finishers female & male / Top 3 overall finishers masters female & male
10 Mile – Top 3 overall finishers female & male / Top 3 overall finishers masters female & male
5K –Top 3 overall finishers female & male / Top 3 overall finishers masters female & male
25K awards will be given for 5-year age groups.
10 Mile awards will be given for 10-year age groups.
5K awards will be given for 10-year age groups.
Double dipping for awards is not allowed.

Weather
We will run rain or shine!

Like Us
Houston Masters Sports Association (HMSA) thanks you for supporting our races. If you enjoyed our event, please like us on Facebook: https://www.facebook.com/Houston25K/
Also, use the hashtag #Houston25K when you post your race day pictures on social media. We will post race-day photos on our Facebook page, so feel free to download your personal highlight shots!