



RACE DAY INSTRUCTIONS

Race Information

The Houston 25K, 10 Mile and 5K will take place Sunday, November 23, 2025. All races are USATF-certified courses and will be electronically timed by Negative Split Productions.

Race	USATF Certification
25K	TX17009JH
10 Mile	TX25016JH
5K	TX25015JH

Packet Pick-Up

Packet pick-up will be available Friday, November 21, and Saturday, November 22, from 11 a.m. to 6 p.m. at the Fleet Feet located at 2012 W. Gray St. On Race Day, Sunday, November 23, packets can be picked up from 5:30 to 6:30 a.m. in Sam Houston Park. 1000 Bagby St, Houston, TX 77002

Start Line Information

The start line for the 25K and 5K will be on Lamar Steet, east of Bagby.

Start times:

10 Mile Wheelchair -- 6:50 a.m.

25K – 7 a.m.

10 Mile – 7:15 a.m.

5K – 7:30 a.m.

Time limit: 4.5 hours (strictly enforced*). The 25K race is three loops. Runners must start the third loop by 10 a.m.

***If you are unable to complete the three loops, please do not cross the finish-line mats.**

Race Course

The 25K is a triple-loop course.

The 10 Mile is a double-loop course.

The 5K is an out-and-back course.

Hydration stations will be available along all courses.

Parking

The home base for the Houston 25K, 10 Mile and 5K is Sam Houston Park, 1000 Bagby St. Parking is available on the street, in garages and on surface lots, but most of these options are not free. In the past, downtown on-street parking was free on Sundays, but many of those meters now charge all week long. You should check the meter to see whether the parking schedule is Monday-Saturday or Monday-Sunday. Heritage Clay Street Garage, located at 1200 Bagby St., is one of the garages close to Sam Houston Park. Do not park in valet zones or commercial zones, which are marked with red meters or red striping on the street, or places where “no parking” signs are posted. Early arrival is encouraged to take advantage of parking spaces closest to the race before they fill up.

For an interactive map of parking facilities in the downtown area, go to <https://downtownhouston.org/navigate/parking>. For parking tips from the City of Houston, go to <https://www.houstontx.gov/parking/parkingtips.html>.

Portable Toilets

Portable toilets will be available at Sam Houston Park near the start and at locations along the loop course.

Race Number and Timing Chip

Your race number must be worn on the front of your shirt or shorts so race officials, course photographers and finish-line personnel can clearly see it. Do not cut or fold your number in any way because this can damage the attached timing device. Officials must be able to see your whole number to know that you are an officially registered participant. Race numbers are nontransferable and may be worn only by the participant to whom they are assigned. The bib is yours to keep after the race.

Water/Aid Stations

Water and Gatorade sports drink will be available at the start, finish and two locations outbound and two locations inbound on the course.

Course Maps

25K – <https://runsignup.com/Race/Houston25K/Page-1>

10 Mile – <https://www.houston25k.com/Race/Houston25K/Page-2>

5K – <https://www.houston25k.com/Race/Houston25K/Page-3>

Medical Aid

If available, bike medics will be on hand at the start and finish lines and along the course to render basic aid.

Food and Beverages

Once participants cross the finish line they will be directed to Sam Houston Park to enjoy breakfast tacos, Saint Arnold Brewing Company beer, Shipley Do-Nuts holes, bananas, chips, cookies, Gatorade sports drink and water.

Results

All results are unofficial until certified by race officials. Participants can check their unofficial results at the results tent located by the finish line. Results will be available online at:

<https://runsignup.com/Race/TX/Houston/Houston25K>.

Awards

All participants will receive a finisher's medal.

25K -- Top 3 overall finishers female and male / Top 3 overall finishers masters female and male

10 Mile -- Top 3 overall finishers female and male / Top 3 overall finishers masters female and male

5K -- Top 3 overall finishers female and male / Top 3 overall finishers masters female and male

25K awards will be given for 5-year age groups.

10 Mile awards will be given for 10-year age groups.

5K awards will be given for 10-year age groups.

Double dipping for awards is not allowed.

Weather

We will run rain or shine!

Like Us

Houston Masters Sports Association (HMSA) thanks you for supporting our races. If you enjoyed our event,

please like us on Facebook: <https://www.facebook.com/Houston25K/>

Also, as you post your race day pictures, use the hashtag #Houston25K.

We will post race day photos on our Facebook page, so feel free to download your personal highlight shots from there!