

2019 MANASQUAN TURKEY RUN

Information you need to know!

Thanks for being a part of the Manasquan Run. Enjoy & Thank You for the Support!



Pre-Race Pickup and Registration Schedule - Bib (numbers) & T-Shirts can be picked up before the race. Avoid a rush & pick up your stuff before race day. All bibs need to be picked up (they won't be mailed)! Important: Bibs must be worn on front on race day.

Thursday Night	Nov. 21st, 5:30 – 7:30 PM	Leggett's Sand Bar, 217 First Avenue, Manasquan
Friday Night	Nov. 22nd 5:30 – 7:30 PM	Leggett's Sand Bar, 217 First Avenue, Manasquan

Race Day – Saturday, November 23rd – Event Schedule:

8:30 AM - Pickup & Registration (if available) 69 Second Ave, Manasquan, NJ 08736. Large tent near Little League Field.
Shirt must be picked up by 12:30pm Race Day, after which shirts are given to Volunteers.

NO EXCEPTIONS, NO MAILINGS.

10 AM - Start of **One Mile Fun Run** - on 1st Ave north of Ocean Avenue.

11 AM - Start of **5 Mile** - on 1st Ave south of Brielle Road. Please be at starting area at 15 minutes before start.
Line up in accordance with your speed – Swiftest runners at the front.

Information / Problems - Check to confirm registration:

<https://runsignup.com/Race/RegistrationLookup/?racelid=13967>

Email us at manasquanturkeyrun@gmail.com, or check in at the "Help Desk" on race day.

Recognition and Finish - Medals to all finishers age 12 and under in both races. [Awards](#) to top 25 Male & Female finishers in Five Mile race. Both events finish on Second Ave near Little League Field. Official Race photos will be posted at www.georgeertlephotography.com

Parking – Street Parking will available in the surrounding streets Except for 2nd Ave. Extra parking at three lots - on 3rd Ave just north of Main St., on 4th Ave just South of Main St. & 3rd & Pompano Avenue.

Restrooms – Port-O-Johns – are located in Park. You may also use facilities Leggett's & Main Beach Pavilion.

Water - It is important for runners to drink plenty of water prior to, during and after the race. Water is available before & after the race in parking lot of the Little League field. Water stops on the 5-mile course.

Safety - For the safety and enjoyment of all Turkey runners the course is restricted to registered runners & race personnel: dogs, skateboards, any skates, bicycles & **baby joggers/strollers are prohibited**. We ask that you don't use radio/recorder head phones or earbuds, and any headphones and earbuds must be removed before crossing the finish line chute. First Aid will be on site. Note: Time Limit for the 5 Mile is 90 minutes.

IMPORTANT: to repeat, only the registered runner will be permitted to cross the finish line - do not have children or other family members jump in to finish with you.

Course - See map of 5-mile route at this link: <http://www.mapmyrun.com/routes/view/918471853>

Post Race – Complimentary refreshments for all registrants are available at the ball field. Please be considerate of the other runners; take only one item per runner. Refreshments are for runners only!

OFFICIAL RUNNER'S PRE & POST RACE PARTIES (please support these sponsors)

- **LEGGETT'S SAND BAR, 217 First Avenue, Manasquan, www.leggetts.us (Race Headquarters)**
- **THE SALTY WHALE, 390 E. Main Street , Manasquan, www.thesaltywhale.com**
- **REEF & BARREL, 153 Sea Girt Avenue, Manasquan, www.reefandbarrel.com**
- **THE IRISH RAIL, 229 E Main St, Manasquan, www.theirishrail.com**

Directions to Race - GSP Exit 98 to Rt. 34 South. After circle stay in right lane & take Manasquan exit. Follow Atlantic Ave East to light. Make a right turn onto Main St., follow to available parking space near 3rd or 4th Avenues.

Sponsors - Thank you to our Sponsors - see list posted at www.manasquanturkeyrun.com

See you on the 23rd !

Thank you from the **Manasquan Turkey Run Committee.**