

GROW Guernsey County Runners and Walkers Club  
*Presents*  
WINTER 5K RUN SERIES 2026

**RUN YOUR ICE OFF – Sunday January 18, 2025**

Cambridge Intermediate School  
1451 Deerpath Drive  
Cambridge, OHIO 43725

RACETIME: 2:00 pm

Registration: 12:30

INFORMATION: Jennifer Vincent 740-584-5400 or [jenvincent91@gmail.com](mailto:jenvincent91@gmail.com)

**Make checks payable to:** GROW Guernsey County Runners and Walkers,  
1610 Quail Hollow Drive, Cambridge, OH 43725

There will be a \$25.00 service charge on all returned checks

**AWARDS:** Ribbons will be awarded to the first 3 males and females in each of the age groups listed below in RUN and WALK divisions.

14 and under	40-49
15-19	50-59
20-29	60 and over
30-39	

**COST:**

**\$20 for GROW Guernsey County Runners and Walkers Club Members**

**\$25 for Non Members**

Name: \_\_\_\_\_ ADDRESS \_\_\_\_\_  
PHONE \_\_\_\_\_ DOB \_\_\_\_\_ AGE ON RACE DAY \_\_\_\_\_  
MALE/FEMALE \_\_\_\_\_ SHIRT SIZE \_\_\_\_\_

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**WAIVER:** Upon entering this event, I waive all claims for myself, my heirs and assigns against GROW Guernsey County runners and Walkers Club, all sponsors, and the City of Cambridge, OH for injury or illness which may result from my participation. I am in proper physical condition for this event.

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**SIGNATURE**

**DATE**

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**PARENT SIGNATURE (IF UNDER 18 YEARS OLD)**

**DATE**