



CHEROKEE RUNNERS
 GWY DŌWYŌY
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4TH OF JULY SUNSET RACE 5K RUN/WALK & FUN RUN

The Cherokee Runners are hosting the second annual 4th of July Sunset 5K foot race. This event will coincide with the Tribe's Independence Day celebration and fireworks show. Celebrate with us! Enjoy a 5K course in downtown Cherokee. This race will help fund the Cherokee Runners Summer Running Camp and a portion of the entry fee will be donated to Billy Mills Running Strong for American Indian Youth.

When and Where

The event will take place at the Tribal fair grounds in Cherokee, North Carolina. Race day registration and check-in are from 5:30 PM to 7:00 PM. The 5K begins at 7:45 PM and the fun run begins at 7:15P.

Course: The 5K is a scenic course along well-lit streets through downtown toward the Casino with one water stop at the halfway mark/turn around.

Medals will be awarded in age groups: 10-14; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70+; masters male & female and male & female overall

Circle Event: 5K Run/Walk 1-Mile Fun Run
 First 150 runners will receive a tee-shirt

Name: _____ Age: _____ Gender: _____
 Address: _____ e-mail: _____
 City: _____ State: _____ Zip code: _____
 Phone: _____ DOB: _____
 Emergency contact: _____ Phone #: _____

T-Shirt size (circle one): Youth-L Adult-S Adult-M Adult-L Adult-XL XXL (add \$2 to race fee)

I hereby certify that I am adequately fit to run in this race. In consideration of the acceptance of this entry, I the undersigned, for myself, my personal representative, beneficiaries and heirs, knowingly waive, release, and discharge any and all rights and claims which I have or may have hereafter accrued to me or my estate against the Eastern Band of Cherokee Indians, the Cherokee Runners organization and/or any other sponsors, organizers and volunteers and assigns for any and all injured or death suffered by me in this event. I will also allow my picture to be used in publication as a result of this race.

Signature: _____ Date: _____
 (A parent or legal guardian must sign for all participants under the age of 18)

There will be no refund of entry fees. Substitutions will be allowed with written permission (e-mail acceptable) of the person no longer running until Monday, June 25, 2012. Send request to gerrgrady@yahoo.com.