



3rd Annual
Abominable Slowman 5k



Sat, Dec 13, 2014

Kid's Fun Run 8:45 AM
5k 9:00 AM

**Chip timing, Long Sleeve Tech Shirt,
Traffic Free Course, DJ, Food, Awards**

Location: Wilson Farm Park, 500 Lee Rd, Wayne, PA 19087
Awards: M & F winners, M & F Masters winners, plus top 3 finishers M & F in age groups: 12 & under, 13-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+ No duplication.
TECH Shirts: **All 5k participants get a long sleeve tech shirt, unisex, adult sizes. Shirt guaranteed, and in size of your choice, if registered by Nov 22, 2014.** Kid's Fun Run is a short sleeve cotton tee, one size fits all.

Entry: **Pre-Registration Discount:**

5k	\$30 + guaranteed shirt if registered by 11/22/14 \$35 after 11/22/14 until start of race, shirt while supplies last
Kid's Fun Run	\$10 + guaranteed shirt if registered by 11/22/14 \$15 after 11/22/14 until start of race, shirt while supplies last

Registration open until race starts, walk-up registrations welcomed!

Registration and number pick-up at 7:30 AM. Race at 9:00 AM rain or shine.

Kid's run @ 8:45 All kids get cotton t-shirt, goodie bag, and a medal(while supplies last)!

Benefits Open Hearts, Open Homes (orphan care)

Visit www.actsportsmanagement.com for more details or contact us - info@actsportsmanagement.com

Name: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Email: _____

Age on Dec 13, 2014: _____ Gender: M F

Event: 5k Kid's run

5k Shirt Size: XS S M L XL *Kids Fun Run shirt, cotton tee, one-size-fits-all

Make check payable to "ACT Sports Management" and note "Abominable Slowman" on memo line.

Mail payment with this form to: ACT Sports Management, P.O. Box 488, Lionville, PA 19353

or register online at www.active.com

*****Visit www.actsportsmanagement.com for full details on the Abominable Slowman Series!**

