

VJSL & SGMC Paint Valdosta Pink 5K Race  
Saturday, October 8, 2022

Join us as we run along a course that begins at Williams Street and ends at SGMC.

The route is well supported with race volunteers and spectators – water stations provided.

Walkers are welcome! *Please note that all participants will need to complete the race in one hour.*

**Registration / Entry Fees:**

- Now through 09/30/2022 - \$30 (with shirt), \$25 (no shirt)
- Race Day - \$30

**Event Times:**

- Registration - 7:00 AM
- 5K Run/Walk - 8:00 AM

**Tshirts**

- If registered before 10/1/2022, you are guaranteed a race t-shirt (if purchased during registration) on the morning of the race.
- T-shirts will be distributed until supplies run out for those that register on race day.

**Age Groups**

- 11 & under
- 12-14
- 15-19
- 20-29
- 30-39
- 40-49
- 50-59
- 60-69
- 70 & over

**Awards 5K**

- Overall Male, Female, and Masters
- Male/Female Winners, and Top 2 Male & Female Finishers in each age group
- *\*Finish line services presented by A Course/Line of Valdosta*

**OFFICIAL ENTRY FORM****2022 VJSL & SGMC Paint Valdosta Pink 5K Road Race**

EVENT: \_\_\_\_\_ 5K

\_\_\_\_\_  
Last Name First Name M.I.\_\_\_\_\_  
Address (Number & Street or PO BOX)\_\_\_\_\_  
City State Zip Code Age (on race day) Birth Date Contact Phone Number

Male \_\_\_\_\_ Female \_\_\_\_\_ Email \_\_\_\_\_

**TSHIRT SIZE**

Youth Sizes \_\_\_\_\_S \_\_\_\_\_ M \_\_\_\_\_ L

Adult Sizes \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL

INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED: In consideration of my entry being accepted, I intend to be legally bound and do hereby for myself, my heirs, and executors waive all rights and claims for damages which I may have or which may hereafter accrue to me against the Valdosta Junior Service League and SGMC, sponsors or any subsidiary or political subdivision thereof, its or their respective officers, agents, representatives, successors, assigns and sponsors for any and all damages or injuries or injuries which may be sustained and suffered by me in connection with my association with or entry or participation in this event. If I should suffer injury or illness I authorize the officials of the race to use their discretion to have me transported to a medical facility and I take full responsibility for this action. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. I HAVE READ THE ABOVE RELEASE AND UNDERSTAND THAT I AM ENTERING THIS EVENT AT MY OWN RISK.

Signature : \_\_\_\_\_  
Signature of person, or of their parent if under 18 years of age DATE