

8th Annual

WAKE THE BEAR FEED THE KIDS

Run It While It's H^{OT}!

Sponsors

Calling all sponsors, we cannot Wake the Bear and Feed the Kids without your help!

We have several different sponsorship opportunities that we would love to present to you.

- **Papa Bear Sponsor \$500 and Up**

Your logo on our website with a link to your site, recognition on printed material in run packets, Your Logo on the run shirts, Your logo on signs at water stations and finish line plus 4 entries in the race with race shirts.

- **Mama Bear Sponsorship \$250- \$499**

Your logo on our website with a link to your site, your name on the race shirts and 2 entries in the race with race shirts.

- **Baby Bear Sponsorship \$100 - \$ 249**

Your logo or name on website with a link to your site and one entry into the race with a race shirt.

- **Honey Bee Sponsorship**

Any Amount - Special thanks on the website and thank you signs.

If you are interested in becoming a sponsor for this event please contact us at 810.659.5926 or email info@wakethebear.org

Runners

Wake up your family and friends! It's time to come out of hibernation and have some fun on August 6th! Wake the bear and help feed the kids!

To register please go to www.wakethebear.org, call 810.659.5926 or email us @ info@wakethebear.org

We are calling all runners and walkers to come out and make this a magnificent, exciting and fun event.

All proceeds to benefit the Bread For Life Organization to feed chronically hungry children.

The Race

The 10k takes a scenic route along the Flushing river trail and back through the beautiful Flushing town.

This year we have added competitive walk to our race. We are excited to see all runners and walkers take on the course and Wake The Bear! This years race will have real time online race results so runners can see quickly how they did!

10k will begin at 8:00 am followed by the 5k Run, Competitive Walk at 8:25 and the Cub Run at 9:30 am

1209 Coutant St. Flushing, MI 48433

Please see the website for routes and additional information.



NO PETS ALLOWED ON THE COURSE

Volunteers

We are in need of volunteers! Please consider being part of this new, exciting and worthwhile event. Contact us today! call 810-659-5926 or email info@wakethebear.org

Additional Info

10k, 5k, 5k Walk Race Prices: : (Add a shirt for \$12)

Apr. 1	May. 1	Jun. 1	Jul. 1	Race Day
\$20	\$25	\$28	\$30	\$35

Cub Run \$15 w/shirt \$12 w/o shirt - Age 10 and Under

Parking at Holy Cross Lutheran Church
1209 Coutant St. Flushing, MI 48433

Additional Parking will be available at
Spring View Elementary School.
1233 Springview Drive, Flushing, MI 48433

Packet Pickup - August 5, 2022
10 am - 2:30 pm
Complete Runner
915 Dort Hwy, Flint, MI 48503
and 5:00 pm - 8:00 pm
Holy Cross Lutheran Church
1209 Countant St., Flushing, Mi 48433

Race Day Pickup at Race Location 7:00 am



Calling all Runners & Competitive Walkers

www.wakethebear.org

8th Annual



First Name _____

Last Name _____

Sex Male Female

Address _____

City _____ State _____ Zip _____

Phone _____

Birthday _____ Age _____

Email _____

Amount \$ _____

Date Submitted \$ _____

Event: (Circle One) - 10k Run 5k Run

5k Competitive Walk

Cub Run (Ages: 10 and Under)

Shirt Yes No - T-shirt or Tank Top

Shirt Size S M L XL 2X + 1.00

Youth Cub Shirts S M L XL

Make checks payable to Holy Cross Lutheran Church then Memo Wake The Bear and Mail to Holy Cross Lutheran Church 1209 Coutant St. Flushing, MI 48433

In consideration of my participation in this event, I for myself, my heirs, executors and administrators, waive all rights and claims for damages I may have against the sponsors of this event, their agents, representative successors, and assignees for any and all injuries suffered by me at said event, or which may arise out of my traveling to, participating in, and returning from this event. I further state that I am in proper physical condition to compete in this event. I also authorize the Wake the bear officials to utilize my photograph of my participation in the Wake the Bear race for any reason and all purposes.

Sign and Date (Parent if Under 18)

Then Jesus declared, "I am the bread of life, He who comes to me will never go hungry, and he who believes in me will never be thirsty."
John 6:35

Bread 4 Life is a campaign to help eliminate hunger in the Flushing schools in the name of Jesus. Each week, bags are packed with healthy foods for grade schoolers to take home for the weekend.



Donate to Bread For Life!
<https://www.holycrosslutheran.com/donate>



HOLY CROSS
LUTHERAN CHURCH

1209 Coutant St. Flushing, MI 48433

AUGUST 6, 2022



Run It While It's HOT!

4 Great Events
10k Run, 5k Run,
5k Competitive Walk
& Cub Run

8th Annual

www.wakethebear.org