

Walkers Welcome!



Great Door Prizes!

Downtown Dash 5K

Route: Start on Lafayette St. behind Trigg Co. Schools, follow a route down Lafayette St., make a U-turn, and back to the finish.

When: March 31, 2012 **Time:** 8:00 am

Where: Historic Cadiz, KY Trigg Co Middle School Gym.

Why: Benefit Trigg County High School DECA/Marketing students. Proceeds will help to send qualifying students to International Competition in Salt Lake City, Utah. Students must place in the top 3 in their division at the State level in order to qualify.

Registration: online at runsignup.com, mail, or on Race Day - 7:00 to 7:45 am.

Cost: Early Registration received by March 24th is \$18.00, after then until race day \$20.00.

Checks to: TCHS DECA c/o Stacy Jones, 39 Elmwood Drive, Cadiz, KY 42211

Awards: 1st M/F and then 1, 2, 3 to age 9 & under, 10-14, & every 5 yrs. to 80+

Website: <https://runsignup.com/Race/KY/Cadiz/DowntownDash5K>

Race Director: Stacy Jones - stacy.jones@trigg.kyschools.us or (270)484-0449

***T-Shirts guaranteed to the first 75 pre-registered participants**

Name: _____ **Age on Race Day:** _____

City: _____, **State:** _____ **Zip:** _____

Please Circle the appropriate info: Male Female Run Walk

Email: _____ **Phone:** _____

T-Shirt Size: Youth: M (10-12) L (14-16) Adults: S M L XL

Waiver: I agree to indemnify, defend, and hold harmless the City of Cadiz, and its employees, volunteers, or agents, & race staff against loss or expense, including attorney's fees, except in the cases of the sole negligence of the City of Cadiz for loss or expense because of bodily injury, death or property damage sustained by any person or persons. I agree that I, as participant, will maintain general liability.

Signed: _____

(Parent/Guardian if under 18)

Date _____