

Prance for Princess Lacey's Legacy 5k Fun Run/ Walk
Sunday, November 8th 2014
Race Start 1:00 PM
Uncle Johns Cider Mill
Saint Johns Michigan



This race will honor Princess Lacey Holsworth's Legacy presented by Capstone in Communication class at Central Michigan University. All profits will go towards her family's legacy fund, which will be used to help other children battle cancer and provide the means and sometimes the connections for local children to participate in alternative forms of physical therapy.

Start/Finish: This race will start and finish at Uncle John's Cider Mill and will include a fun run through dirt roads, fields, and trails

Awards: for the 5k run will follow the race and will be awarded to the top 3 finishers for male and female

Post Race: Uncle Johns following the race will provide Cider and doughnuts. A charity silent auction will also be held in a barn on site during and after the race, the winners will be announced following the awards. All proceeds will be donated to the legacy fund.

Information: Email: charityrace401@gmail.com website: <http://frick1km.wix.com/laceylegacy5k>

Registration: Register on or before October 31st for \$15

November 1st to November 8th for \$20

On race day \$25.00

Packet Pickup: Race day from 12:00 pm-12:50 pm

T-Shirt is not included, but we will have T-shirts available for \$12 at the race (Limited availability)

Make Checks Payable to: Heaven Piper- Princess Lacey's Legacy Fund (our finance director)

Register Online at: <https://runsignup.com/Race/MI/SaintJohns/PranceforPrincessLaceysLegacy>

Or detach registration form and return to: Heaven Piper 5250 N. Scott Rd. St. Johns, MI 48879

Name: _____

Email Address: _____ Phone: _____

Address: _____ Age: _____ Sex: _____

Waiver of liability: By my participation in this event, I freely acknowledge, understand and accept the following terms and conditions: (1) that I know running/walking in a trail race is potentially hazardous and that I will not enter or participate in the run/walk unless I am medi-cally and physically able to do so, and that I have properly trained for running/walking in this event; (2) that I further agree to accept and obey all the rules of this race and of any other related events or activities as published or otherwise made know to me; (3) that I, for myself, my heirs, executors and administrators, do hereby waive all rights and claims for any injury or damages that I may have incurred in this race/ walk against Uncle John's Cider Mill, Clinton County, all sponsors, organizers or volunteers of this event, their agents, representatives, suc-cessors and assigns and (4) I hereby give my permission and consent to my name, use any photographs, motion picture film, video tape re-cordings, or audio recordings taken at this event or related activities, in which I may appear, and that such material may be used by the 5K race for any legitimate purpose. I agree that any legal claim or dispute arising out of or in any way relating to my participation in this event will be governed by the laws of Michigan and will be adjudicated exclusively by and in the courts of Michigan.

Participant's Signature: _____ **Date** _____

Legal Guardian's Signature (if athlete is under 18): _____ **Date:** _____