



## THE WARRIOR RUN 2022 5K RUN/WALK & Kids Run

Formally organized by
Overton Brooks VA Medical Center

## Nov. 5, 2022 - 8 AM-Teague Pkwy Boat Launch, Bossier City LA..

The proceeds of this event will go to help & honor our Military Veterans through VOLUNTARY SERVICES at the Overton Brooks VA Medical Center for VETERANS programs

<u>AWARDS:</u> Winner of the 5K categories: 1<sup>st</sup> place, 2<sup>nd</sup> place & 3<sup>rd</sup> place Male & Female Overall. 1 & 2 Male & Female in each age group. First 100 participants will receive a V4V Warrior Run medallion. All Kid Fun Run finishers will be awarded a prize.

Pre-registration is \$30 by **Oct 21**; \$35 from **Oct 22 - Nov 4**; & \$40 on **race morning**. Fun Run \$10. Sleep-in option available. Register at <a href="https://www.sportspectrumusa.com">www.sportspectrumusa.com</a>, or at Sportspectrum - 6970 Fern Avenue, Shreveport, LA 71105.

<u>Sleep-in Supporter:</u> You do not need to get out of bed .Get a shirt & don't get out of bed to get it. Sleep-in support cost is \$20 through Friday, Nov. 4, 2022 (Shirt not guaranteed if you register after October 28th, 2022)

**Packet pickup** – Pick-up at Sportspectrum Thursday November 3<sup>th</sup>, noon – 6:00 p.m.; Friday November 4<sup>st</sup>, 10:00 a.m.. – 5:30 p.m. Packets & t-shirts will be available on race day at the race site starting at 7:00 a.m. <u>**RACE STARTS AT 8 AM**</u>. \*Shirts are not guaranteed to late registrants.

Age groups: 12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, & 70+. All Kids Fun Run finishers will be awarded a prize.

**Post Party:** Be sure to stop at Margaritaville 5K refreshment tent after the race. MARGARITAVILLE, 777 Margaritaville Way, Bossier City, LA 71105 at the outside event in the North Parking area. VETERANS FOR VETERANS CAR & BIKE SHOW Free to Runners.

**Note:** Strollers, wagons, and baby joggers are allowed at a walk pace capacity only. NO in-line/roller skates. You are welcome to bring your dog to the race, as long as it is leashed at all times

## Waiver & Release

In consideration of my being admitted to enter "Warrior Run", I, for myself, my heirs, and assigns, executors and administrators, do hereby forever release and discharge Veterans for Veterans, Inc., Sportspectrum, RRCA, Sportspectrum Race Management, Margaritaville, Overton Brooks VA Medical Center, their volunteers, employees and agents, of and from any and all claims or demands for damages, injuries, or liability, in any manner arising out of participation in this event. I agree to indemnify and hold harmless the parties released above from any claims or demands for damages, for injuries or liability, in any way arising out of my participation in this event. I certify that I have prepared myself for this race and that I am in adequate physical condition to complete the event I have entered. I agree to follow all rules of this race and to permit myself be removed from the competition if in the opinion of Race Management that continuing would endanger my health.

## The "Warrior Run" Official Entry Form - "Nov 5, 2022"

First Name				Last Name		
City	Zip	Code		Birth Date/ Circle: Male or Female		
Event (please circle)	Kids run	5k				
T-Shirt Size (circle) YM	YL S	M L	XL XXL (add \$3	.00) T shirt will be a long-sleeve Technical T-shirt! (unisex Sizing		
I understand and agree t	o all conditi	ions of wai	ver. Signature			
Parent/Guardian Signatu	re for parti	cipant und	er 18 years old			