



# River Run for the Roots 5K Run/Walk

@ Common Roots Brewing Company

Saturday, October 4, 2025

10 AM Start Time

**Charity:** Common Roots Foundation, a 501(c)(3) nonprofit

**Registration:** 8 AM – 9:45 AM Race Day at Common Roots Brewing

**Race Fees:** \$40 on 10/3 (pre-race packet pickup)

\$45 on 10/4 (race day)

CASH OR CHECK PREFERRED

**Awards:** Top 3 overall men and women. Top 3 men/women in age groups/divisions

**Age group/divisions:** 1-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+, and stroller division

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Last Name										First										MI										T-Shirt Size				
																														SM	MD	LG	XL	XXL
<input type="text"/>										<input type="text"/>										<input type="text"/>										<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Address																									Phone Number									
<input type="text"/>																									<input type="text"/>									
City															State										Zip Code									
<input type="text"/>															<input type="text"/>										<input type="text"/>									
Birth Date					Age on Race Day										Sex (M/F)					EMAIL														
<input type="text"/>					<input type="text"/>										<input type="text"/>					<input type="text"/>														
Stroller Division: <input type="checkbox"/>																																		

I know that participating in River Run for the Roots is a potentially hazardous activity. I agree not to enter and participate unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to safely complete the event. I am voluntarily entering and assume all risks associated with participating in the event, including, but not limited to, falls, contact with other participants, spectators or others, the effect of the weather, including heat and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this Waiver and knowing these facts, and in consideration of your acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive and release the Common Roots Foundation, Common Roots Brewing Company, Underwood Race Timing, and all sponsors, and their representatives and successors, from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in this event or related activities, even though such claim or liability may arise out of negligence or fault on the part of any of the foregoing persons or entities. I grant permission to the foregoing persons and entities to use or authorize others to use any photographs, motion pictures, recordings, or any other record of my participation in this event or related activities for any legitimate purpose without remuneration.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent (if under 18) \_\_\_\_\_ Date \_\_\_\_\_

<b>Official Use Area</b>
Date Rec. _____
Race # _____

**Make Checks Payable to:**  
Common Roots Foundation

ENTRY FEE	\$ _____
ADD'L DONATION	\$ _____
AMT. PAID	\$ _____