

4th Annual
Justice In Motion 5K Run/Walk

April 19, 2014

Hosted by The Haven's Sexual Assault Response Center in Valdosta

"A Race to Benefit our Sexual Assault Center"

Registration and Entry Fee

Early Registration.....\$15.00

Registration after April 11th....\$20.00

Applications will be accepted online at

www.runningintheusa.com. You can also mail your form to: A Course/Line; 2403 Fieldcrest Drive; Valdosta, GA 31602. Please make checks payable to The Haven.

Ghostrunner

Can't be at the race? Register as a "Ghostrunner" for \$15.00 and receive a "Justice in Motion" t-shirt.

T-Shirts

All participants who register by April 11th will receive a "Justice in Motion:" t-shirt prior to the race. We would like each participant to wear the t-shirt during the race. Shirts will be given out to participants registering after the deadline on a "first-come, first-serve" basis.

Packet Pick-Up

Call or email for information on how to pick up your race number early. Race day pick up will be at McKey Park, across from the Valdosta Middle School track from 7:00 to 7:45. This will be where the race will start!

Event Times

7:00 a.m.....Registration/Number Pick-up

8:00 a.m.....5K Run/Walk

Award ceremony to follow!

Awards

5K Overall Male and Female and the Top Male and Female in each age group.

Information

Call The Haven at (229) 242-1544 or E-mail Teala McMurtry at rcc@valdostahaven.org.

Thank you to **Todd Smoot** and **A Course/Line, LLC** for helping make this event a success!!!

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Official Entry Form 2014 Justice In Motion 5K Run/Walk

Name_____ E-Mail_____ M_____ F_____ Age_____

Address_____ City_____ State_____ Zip_____

Phone_____ **T-Shirt Size:** YOUTH- S M L XL ADULT- S M L XL

Emergency Contact Name_____ Phone Number_____

Signature or Participant

Date

Signature of Parent or Guardian (if participant is under 18)

Date

In consideration of my entry being accepted, I intend to be legally bound and do hereby, for myself, my heirs, and executors, waive all rights and claims for damages which I have or which hereafter accrue to me against the sponsors or any subsidiary, its or their respective officers, agents, representatives, successors, assigns, and sponsors for any and all damages or injuries which may be sustained or suffered by me in connection with my association with or entry or participation in the 4th Annual Justice in Motion 5K Run/Walk. If I should suffer injury or illness, I authorize the officials of the event to use their discretion to have me transported to a medical facility and I take full responsibility for this action. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. I HAVE READ THE ABOVE RELEASE AND UNDERSTAND THAT I AM ENTERING THIS EVENT AT MY OWN RISK.