



"RUN OF THE MILL" 5K

THIRD ANNUAL
NOVEMBER 22, 2014

"Benefitting student ministries of MMBC"



Registration, Times, & Cost:

Check races you wish to run:

- ☐ Kids Fun Run - 1K - \$18 Starts @ **8 am.**
- ☐ 5K Run \$28 Starts @ **8:30 am.**
- ☐ Phantom Runner \$28 - no run, just a shirt.

Registration opens @ 7 am.

All participants receive a shirt & goodie bag, as well as food and liquids provided at finish.

****\$5 increase (all races) after Nov. 10th, and no shirt guaranteed.**

Awards:

Kids Fun Run Race: prizes for all finishers.

5K:

Top overall male and female and
Top male and female Masters will receive an award and a weeks worth of coupons from Chick-Fil-A .

Top 3 male and female in these age groups will receive an award: 10- under

11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+

Great Prizes including Chik Fil A and more.



Race will be held at
Montgomery Memorial Baptist Church
1210 West Ridge Road
Gainesville, Ga. 30501

Participant Information:

Name: _____
Address: _____
City: _____
State: _____ Zip: _____
Date of birth: _____
Age on race day: _____
Phone: _____
Email: _____
Shirt Size: _____
Gender: M _____ F _____

Mail form and entry fee to:

Montgomery Memorial Baptist Church
Attn: Run of the Mill 5K
1210 West Ridge Rd. Gainesville, Ga. 30501
(make check payable to the church)
770-534-3469 - church phone
Robby@C3connection.com
Registration available at Active.com



Waiver: In consideration of acceptance of this entry, I the undersigned, intend to be legally bound, hereby, for myself, my heirs, executors, and administrators, waiver and release any and all rights and claims for damages I may have against Montgomery Memorial Baptist Church, or its sponsors, officials, workers, representatives, successors, assigns, volunteers for any and all injuries suffered by me in this event.

Signature of Participant: _____.

Signature of Parent or legal guardian if under 18: _____.