

# Run Cedar Creek 2024 FAQs

# **Packet Pick-up Information**

#### Packet pick-up is a new location:

Logan Health Fitness Center • 205 Sunnyview Lane, Kalispell, MT 59901

#### Pick-up:

- Friday, September 20 from 4 7 p.m.
- Also available prior to bus departure at Columbia Falls High School on Saturday,
   September 21 race day. Volunteers will be there 30 minutes prior to bus departure on race day if you miss packet pick-up on September 20.

#### Race start times:

Marathon: 7:30 p.m.

· Half-marathon: 7:30 a.m.

· 10K: 9 a.m.

• 5K: 9 a.m.

#### Race start details:

- · Full marathon start line is on North Fork Road near Big Creek Campground.
- Half marathon start is at Blankenship Bridge.
- 10K start is off Cedar Flats Road at the trail head.
- 5K start is at Aluminum plant entrance gate.
- Parking for all race participants will be in the Columbia Falls High School parking lot at 610 13th St. W. Columbia Falls, MT 59912.
- North Fork Road closes to through traffic at Blankeship from 6 a.m. 10 a.m. Anyone living or camping within the closed road will be allowed to drive slowly and carefully through.
- Participants of the full and half marathon will have a Logan Health drop bag to drop
  at the start and pick up at the finish. There will be no additional drop zones along the
  course. Please plan accordingly with layers you can shed. Any clothing left on the course
  will be collected and donated the week following the race if not claimed. We are not
  responsible for lost items along the course.

## Bus departure times:

Buses leave from Columbia Falls High School at the following times:

- 6 a.m. sharp for full marathon
- 6:30 a.m. sharp for half marathon
- 8 a.m. for 10K
- 8:15 a.m. for 5K

#### **Course Information**

- There will be a shuttle at Glacier Bank the finish line- to transport participants back to their vehicles running as needed throughout the day.
- The course is open to traffice from Blankenship to town. Runners stay within coned areas for the safety of yourself and motorists.
- · Check the map on the website for aid station locations.
- Medical will be provided at mile 10 and mile 18 with two roaming medical personnel on the course and a medical tent at the finish. Should you or another runner need medical help, please notify the closest water station, and they will call for assistance.
- There will be course marshals on the course ensure that all participants are running in the designated coned areas. Please be respectful if they ask you to move or redirect you. They are there for the safety of the runners and the motorists!
- Bathrooms along the course:
  - » Please be respectful and use the porta-potties compared to nature's bathroom.
  - » Bathrooms are at all start lines and approximately every four miles along the course route.
- The course is open to spectators, but we ask that you stay on the North Fork Road between Blankenship and Columbia Falls, and not to go down Blankeship Road. This is for the safety of the runners and residents along Blankenship Road. Course marshals will ask spectators to move to a different location if they are parked along that road.

## **Team Information**

- Teams will have a flagged stop, not a water station, to tag the next runner. Please be courteous and aware of runners and any traffic when pulling over at designated locations, which are listed on the map.
- · Locations are posted on the map on the website for team transitions.
- Teams are responsible for tracking which runner goes when. If you find a runner is struggling, you can relieve that runner with another participant in your group. Please do not stop for long periods of time in non-designated team stops.
- All team members receive a medal, as long as they ran a portion of the race! Please let the finish folks know you are a team and need three additional medals for the whole team.

## Finish and Post-Race Information

- Parking for spectators will be in Xanterra's parking lot, across the street from The Coop. If the lot fills, please be respectful of street parking, and do not park in spots that are not legal parking areas.
- All runners will be directed to Glacier Bank after they cross the finish line to receive their post-race goodies!
- · Awards for all distances will begin at 11 a.m. More details to come.
  - » Awards are given out to the top three male and female finishers, along with age group awards.

## **Camping Option**

• Camping is available at Big Creek Campground in the group site area. These sites are first-come, first-serve.