



Seed	Team Name	City	State	Category	Runners Planned	Runners Rostered	Seed	Start Time
4	God Did	Durham	NC	Ultra Random	3	3	08:00	7:00 AM
20	F3 Apple Jack Express	Raleigh	NC	Open	6	6	09:00	7:00 AM
22	Long Distance Relay-tionship	CARY	NC	Open	6	6	09:00	7:00 AM
23	Low Speed, High Drag	Raleigh	NC	Open	6	6	09:00	7:00 AM
27	Witness the Fitness	High Point	NC	Open	4	5	09:15	7:00 AM
28	Clydesdales	Cary	NC	Master	6	6	09:15	7:00 AM
29	Regulars	Cary	NC	Open	6	5	09:30	7:00 AM
30	Sprains, Strains, and Automobiles	Durham	NC	Random	6	6	09:30	7:00 AM
18	Red Hot Chili Steppers	Greenville	NC	Open	4	4	09:00	6:30 AM
19	Rock the Hill	Rock Hill	SC	Master	4	4	09:00	6:30 AM
31	Crazy Ass Run Club	Statesville	NC	Open Mixed	6	6	09:45	6:30 AM
32	Team Myers	Raleigh	NC	Open Mixed	6	5	09:45	6:30 AM
33	Turbo Snails	Winterville	NC	Random	6	6	09:45	6:30 AM
34	Sole Survivors	Princeton	NC	Open	6	6	09:54	6:30 AM
38	FiA Strong	Suffolk	VA	Open Women	6	6	10:00	6:30 AM
39	RIC-Green	Chapel Hill	NC	Open Women	6	6	10:00	6:30 AM
41	Unfiltered Chain Smokers	Morehead City	NC	Open Women	6	5	10:00	6:30 AM
26	Gu Guzzlers	Clayton	NC	Ultra	3	3	09:05	6:00 AM
35	Finisher? I Hardly Know Her.	Raleigh	NC	Open	4	5	10:00	6:00 AM
36	I Want balls	Huntersville	NC	Open	4	4	10:00	6:00 AM
37	F3 Crossroads	Statesville	NC	Open	6	5	10:00	6:00 AM
40	Team GCI	Greensboro	NC	Open	6	1	10:00	6:00 AM
42	Waddle Squad	Raleigh	NC	Open Mixed	6	6	10:00	6:00 AM
43	Worst Pace Scenario	Goldsboro	NC	Random	6	6	10:00	6:00 AM
44	Carteret Camels, Unfiltered	Beaufort	NC	Open Women	6	6	10:20	6:00 AM
45	Running in Circles Blue	Chapel Hill	NC	Open Women	6	6	10:30	6:00 AM
46	MotherR***er	Raleigh	NC	Random	6	6	11:00	6:00 AM