

Angel Island - Aid Stations

	Distance (mile)	Next Aid (mile)
5 mile		
1. Ayala Cove (Finish)	5.0	
10 mile		
1. Ayala Cove	5.0	5.0
2. Ayala Cove (Finish)	10.0	
15 mile		
1. Ayala Cove	5.0	5.0
2. Ayala Cove	10.0	5.0
3. Ayala Cove (Finish)	15.0	