

Sycamore Junior High School
STONEBERGER CROSS COUNTRY INVITATIONAL

WHEN:

Thursday, September 15, 2022, 4:30 pm

WHERE:

Weller Park in Montgomery and Good Shepherd Church 8832 Weller Road Montgomery, Ohio 45249

DIRECTIONS:

From I-75 or I-71:

Exit onto I-275 East. Proceed to Exit #50 (Montgomery-Morrow exit). Make a left turn which will take you south on Montgomery Rd. Go about 1/10 of a mile to the stoplight at McDonald's Restaurant (Weller Road). Turn left & proceed about 1/2 mile (2nd stop sign). Turn left & continue on Weller Rd. Weller Park will be on the left about 3/4 mile.

Buses will drop off runners at Good Shepherd Church. Spectators will also park at Good Shepherd Church.

From I-275 West

Proceed to Exit # 50 (Montgomery-Morrow exit). Make a left turn which will take you south on Montgomery Road. Go about 1/10 of a mile to the stoplight at the McDonald's Restaurant (Weller Road). Turn left and proceed about 1/2 mile (2nd stop sign). Turn left and continue on Weller Rd. Weller Park will be on your left about 3/4 mile.

Buses will drop off runners at Good Shepherd Church. Spectators will also park at Good Shepherd Church.

COURSE: 2 miles, well-marked with flags and lining chalk

TEAMS: All Saints, Fairfield, Indian Hill, Lakota East, Lakota West, Little Miami, Loveland, Mason, Nagel, Princeton, Reading, SASEAS, and Sycamore.

RECORDS:

Overall Male Time	Aiden Amshoff	Mason	10:51	2017
Overall Female Time	Olivia Connaughton	Nagel	11:57	2012
7th Grade Male	Keith Nueberger	Mason	11:00	2017
7th Grade Female	Natalie Adkins	Mason	12:04	2013
8th Grade Male	Aiden Amshoff	Mason	10:51	2017
8th Grade Female	Olivia Connaughton	Nagel	11:57	2012

ENTRY FEE: \$200.00 / School (Make checks payable: Sycamore Junior High Athletic Dept. and send to Sycamore Junior High School, 5757 Cooper Road, Cincinnati, OH 45242. ATTN: Athletic Director)

Awards: Trophies: Top two teams
T-shirts: Places 1-15

Entries / Timing / Results: We will use Running Time LLC (runningtime.net) along with CHIPTIMING. Results will be available at the meet and online. Rosters will be submitted through www.oh.milesplit.com via Stoneberger Invitational (password provided separately).

RACE INFORMATION:

4:30: Girls 7th Grade Race, score top 5
4:55: Boys 7th Grade Race, score top 5

5:20: Girls 8th Grade Race, score top 5

5:45: Boys 8th Grade Race, score top 5

6:20: Team Award Presented, individual awards given at chute.

OTHER ITEMS:

Restrooms/Water: Please bring your own water. Restrooms are on site.

Admission / Parking: Free.

Note: Please No Frisbees, soccer balls, footballs, or pets.

Concessions will be available.

Contact: Coach Meredith Hromadka (hromadkam@sycamoreschools.org)