

2022 Results

Reg ID	Reg Order	First	Last	Heat	AGE or "Team"	Gender	Age Group	Start Time	Swim Distance (laps)	Bike Distance (miles)	Run Distance (miles)	Swim Points	Bike Points	Run Points	Total Points
56462531	6	Hugo	Alvarez	2	38	M	30-39	3:40 PM	41	5.10	2.18	78.8	82.3	83.8	245.0
56457845	1	Tori	Andruczyk	4	42	F	40-49	4:20 PM	23	4.80	1.10	44.2	77.4	42.3	164.0
58825216	32	Addie	Bardin	4	35	F	30-39	4:20 PM	26	5.30	2.04	50.0	85.5	78.5	213.9
58880850	33	Michael	Baxter	3	66	M	60+	4:00 PM	40	5.10	1.61	76.9	82.3	61.9	221.1
56459855	3	Steve	Baylor	2	40	M	40-49	3:40 PM	41	5.30	1.89	78.8	85.5	72.7	237.0
56780563	13	Christina	Berghash	1	50	F	50-59	3:20 PM	32	4.00	1.59	61.5	64.5	61.2	187.2
56772351	11	Carin	Cole	1	52	F	50-59	3:20 PM	32	5.10	1.85	61.5	82.3	71.2	215.0
57715157	21	Sharon	Field	1	49	F	40-49	3:20 PM	28	5.00	1.27	53.8	80.6	48.8	183.3
57574696	18	Marcus	Gage	2	50	M	50-59	3:40 PM	34	5.90	2.60	65.4	95.2	100.0	260.5
58560369	26	Matthew	Grimm	2	37	M	30-39	3:40 PM	32	5.70	2.12	61.5	91.9	81.5	235.0
56458676	2	Abby	Kmiecinski	4	30	F	30-39	4:20 PM	38	5.30	1.99	73.1	85.5	76.5	235.1
56474575	10	Ryan	Kreuser	4	24	M	20-29	4:20 PM	52	6.20	2.35	100.0	100.0	90.4	290.4
56460582	4	Lynne	Leary	1	51	F	50-59	3:20 PM	31	4.80	1.85	59.6	77.4	71.2	208.2
57388542	17	Jonathon	Little	2	45	M	40-49	3:40 PM	29	5.50	2.27	55.8	88.7	87.3	231.8
58484634	25	Lenore	Marcuson	4	31	F	30-39	4:20 PM	32	4.70	1.22	61.5	75.8	46.9	184.3
58574445	27	Jason	Mendler	2	46	M	40-49	3:40 PM	31	5.00	1.81	59.6	80.6	69.6	209.9
56779743	12	Lani	Miller	1	55	F	50-59	3:20 PM	26	4.40	1.25	50.0	71.0	48.1	169.0
58033685	23	Michael	Moreland	3	58	M	50-59	4:00 PM	43	5.10	1.53	82.7	82.3	58.8	223.8
56795238	15	Kenny	Nelson	4	26	M	20-29	4:20 PM	36	5.90	2.47	69.2	95.2	95.0	259.4
57646567	20	Teague	Ruder	2	46	M	40-49	3:40 PM	34	5.70	2.06	65.4	91.9	79.2	236.6
58217922	24	Nancy	Salatino	1	64	F	60+	3:20 PM	32	4.10	1.48	61.5	66.1	56.9	184.6
57642935	19	Monique	Saran	4	43	F	40-49	4:20 PM	20	3.70	1.51	38.5	59.7	58.1	156.2
58679514	31	James	Sconfitto	2	37	M	30-39	3:40 PM	35	5.40	2.00	67.3	87.1	76.9	231.3
58608887	29	Dan	Socci	3	69	M	60+	4:00 PM	24	4.60	1.47	46.2	74.2	56.5	176.9
56787075	14	Laura	Strutz	1	58	F	50-59	3:20 PM	34	4.30	1.30	65.4	69.4	50.0	184.7
57078375	16	Kelly	Voigt	1	46	F	40-49	3:20 PM	27	4.20	1.16	51.9	67.7	44.6	164.3
57811414	22	Jason	Weiss	3	52	M	50-59	4:00 PM	27	4.60	1.68	51.9	74.2	64.6	190.7
56460956	5	Daniel	Yawman	3	50	M	50-59	4:00 PM	36	5.50	1.91	69.2	88.7	73.5	231.4

2022 Awards

Age Group	(All)	FEMALE OVERALL				
Gender	F					
Total Points	First	Last	Swim	Bike	Run	
235.1	Abby	Kmiecinski	73.08	85.48	76.54	
215.0	Carin	Cole	61.54	82.26	71.15	
213.9	Addie	Bardin	50.00	85.48	78.46	
208.2	Lynne	Leary	59.62	77.42	71.15	
187.2	Christina	Berghash	61.54	64.52	61.15	
184.7	Laura	Strutz	65.38	69.35	50.00	
184.6	Nancy	Salatino	61.54	66.13	56.92	
184.3	Lenore	Marcuson	61.54	75.81	46.92	
183.3	Sharon	Field	53.85	80.65	48.85	
169.0	Lani	Miller	50.00	70.97	48.08	
164.3	Kelly	Voigt	51.92	67.74	44.62	
164.0	Tori	Andruczyk	44.23	77.42	42.31	
156.2	Monique	Saran	38.46	59.68	58.08	

Age Group	(All)	MALE OVERALL				
Gender	M					
Total Points	First	Last	Swim	Bike	Run	
290.4	Ryan	Kreuser	100.00	100.00	90.38	
260.5	Marcus	Gage	65.38	95.16	100.00	
259.4	Kenny	Nelson	69.23	95.16	95.00	
245.0	Hugo	Alvarez	78.85	82.26	83.85	
237.0	Steve	Baylor	78.85	85.48	72.69	
236.6	Teague	Ruder	65.38	91.94	79.23	
235.0	Matthew	Grimm	61.54	91.94	81.54	
231.8	Jonathon	Little	55.77	88.71	87.31	
231.4	Daniel	Yawman	69.23	88.71	73.46	
231.3	James	Sconfitto	67.31	87.10	76.92	
223.8	Michael	Moreland	82.69	82.26	58.85	
221.1	Michael	Baxter	76.92	82.26	61.92	
209.9	Jason	Mendler	59.62	80.65	69.62	
190.7	Jason	Weiss	51.92	74.19	64.62	
176.9	Dan	Socci	46.15	74.19	56.54	

Fun Awards (Completely Subjective)		
The Water RAT	Ryan Kreuser	52 laps or 1,300 yds in 15 minutes is just ridiculous.
The Cranker	Carin Cole	Bikes like a beast and keeps proving that age is just a number.
Run Forest Run	Marcus Gage	Ran so fast that his treadmill actually started to incline to just keep him on the belt.
Most Improved	Sharon Field	Went from struggling to complete a lap to rocking an Indoor Tri swim in just a few months. Hard work pays off!

FEMALE AGE GROUPS					
Age Group	20-29				
Gender	F				
Total Points	First	Last	Swim	Bike	Run
Age Group	30-39				
Gender	F				
Total Points	First	Last	Swim	Bike	Run
213.9	Addie	Bardin	50.00	85.48	78.46
184.3	Lenore	Marcuson	61.54	75.81	46.92
Age Group	40-49				
Gender	F				
Total Points	First	Last	Swim	Bike	Run
183.3	Sharon	Field	53.85	80.65	48.85
164.3	Kelly	Voigt	51.92	67.74	44.62
164.0	Tori	Andruczyk	44.23	77.42	42.31
156.2	Monique	Saran	38.46	59.68	58.08
Age Group	50-59				
Gender	F				
Total Points	First	Last	Swim	Bike	Run
215.0	Carin	Cole	61.54	82.26	71.15
208.2	Lynne	Leary	59.62	77.42	71.15
187.2	Christina	Berghash	61.54	64.52	61.15
184.7	Laura	Strutz	65.38	69.35	50.00
169.0	Lani	Miller	50.00	70.97	48.08
Age Group	60+				
Gender	F				
Total Points	First	Last	Swim	Bike	Run
184.6	Nancy	Salatino	61.54	66.13	56.92

NOTE: Overall winners are removed from their respective Age Group.

MALE AGE GROUPS					
Age Group	20-29				
Gender	M				
Total Points	First	Last	Swim	Bike	Run
259.4	Kenny	Nelson	69.23	95.16	95.00
Age Group	30-39				
Gender	M				
Total Points	First	Last	Swim	Bike	Run
245.0	Hugo	Alvarez	78.85	82.26	83.85
235.0	Matthew	Grimm	61.54	91.94	81.54
231.3	James	Sconfitto	67.31	87.10	76.92
Age Group	40-49				
Gender	M				
Total Points	First	Last	Swim	Bike	Run
237.0	Steve	Baylor	78.85	85.48	72.69
236.6	Teague	Ruder	65.38	91.94	79.23
231.8	Jonathon	Little	55.77	88.71	87.31
209.9	Jason	Mendler	59.62	80.65	69.62
Age Group	50-59				
Gender	M				
Total Points	First	Last	Swim	Bike	Run
260.5	Marcus	Gage	65.38	95.16	100.00
231.4	Daniel	Yawman	69.23	88.71	73.46
223.8	Michael	Moreland	82.69	82.26	58.85
190.7	Jason	Weiss	51.92	74.19	64.62
Age Group	60+				
Gender	M				
Total Points	First	Last	Swim	Bike	Run
221.1	Michael	Baxter	76.92	82.26	61.92
176.9	Dan	Socci	46.15	74.19	56.54