<table>
<thead>
<tr>
<th>Page Range</th>
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<tbody>
<tr>
<td>3</td>
<td>Welcome Letter</td>
</tr>
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<td>4-5</td>
<td>General Information</td>
</tr>
<tr>
<td>6</td>
<td>How to Win</td>
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<td>7</td>
<td>Charity Challenge Overview</td>
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<td>8</td>
<td>Tailgating</td>
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<td>Athlete Services</td>
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<td>11-12</td>
<td>Ancillary Contests</td>
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<td>11</td>
<td>Parking Information</td>
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<td>13</td>
<td>Event Maps &amp; Locations</td>
</tr>
<tr>
<td>14</td>
<td>Scoring Overview</td>
</tr>
<tr>
<td>15</td>
<td>Detailed Schedule</td>
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<td>16-22</td>
<td>Event Details</td>
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<td>Bonus Point Details</td>
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<td>Charity Challenge Details</td>
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<tr>
<td>29-31</td>
<td>Team Participation Form</td>
</tr>
<tr>
<td>32-33</td>
<td>Online Registration Guide</td>
</tr>
<tr>
<td>34</td>
<td>Captain/Team Best Practices (coming soon)</td>
</tr>
</tbody>
</table>
San Antonio Sports’ mission is to transform our community through the power of sport. In 2012, we staged our first Corporate Cup with 54 teams, over 3,500 participants and three charity partners. I’m extremely proud of how this event has grown over the years and contributed so much to our community through the Charity Challenge. This year, we expect to reach more than 90 teams, offer 16+ events and support six charities.

The 2024 San Antonio Sports Corporate Cup, presented by OrthoNow, will again be held at the University of the Incarnate Word, complete with tailgating and all the fun and spirit that takes place in the athletes’ village. It’s a great way for your employees to experience team building and camaraderie whether you’re back at the office or working remotely.

As your company’s team captain, your primary responsibility is to recruit employees and complete the required online team registration. San Antonio Sports will assist you throughout this process.

Included in this packet is information about the format for each challenge and how it will be scored.

Once again, we welcome you to the 2024 San Antonio Sports Corporate Cup, presented by OrthoNow, and wish you and your employees all the best in earning bragging rights as the champion of your division. Have fun, stay well and we look forward to seeing everyone in June!

Yours in sport,

Jenny Carnes
President & CEO
GENERAL INFORMATION

CONTACT
Feel free to contact event manager David Castro any time throughout the process at 210.820.2195 or dcastro@sanantoniosports.org if you have any questions about registration or the competition.

KEY DATES

<table>
<thead>
<tr>
<th>Date(s)</th>
<th>Competition</th>
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<tbody>
<tr>
<td>March 11 - May 19</td>
<td>F45 Fitness Challenge</td>
</tr>
<tr>
<td>April 13</td>
<td>Whataburger 5K Run</td>
</tr>
<tr>
<td>May 1 - 26</td>
<td>RBFCU T-Shirt Design Challenge</td>
</tr>
<tr>
<td>May 10</td>
<td>Charity Challenge Ends</td>
</tr>
<tr>
<td>May 26</td>
<td>Competition Registration Deadline</td>
</tr>
<tr>
<td>May 28 - 30</td>
<td>Team Captain Packet Pickup</td>
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<td></td>
<td>Chicken N Pickle Pickleball</td>
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<td>May 28: D1/D2</td>
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<td>May 29: D3/D4</td>
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<td>May 30: D5</td>
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<tr>
<td>May 31</td>
<td>University Health 3v3 Basketball Tournament</td>
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<tr>
<td></td>
<td>CPS Energy Three-Point Contest</td>
</tr>
</tbody>
</table>

June 1
All events to take place at University of Incarnate Word

- Opening Ceremony
- Gonzaba 2K Walk
- Broadway Bank Dodgeball Tournament
- NuStar Energy Golf Chipping
- University Health 3v3 Basketball Tournament (Semis and Finals)
- Security Service FCU Tug-of-War
- Pizza Patrón Soccer Kicks
- PNC Bank Hula Hoop Challenge
- Citi Football Throw
- Capital Group Kan Jam (Frisbee) Tournament
- Taco Cabana Corn Hole Tournament
- BioBridge Global BBQ Contest
- Generations FCU Sack Race
- SwRI 4x100m Relay
- Trophy Presentation

MAY/JUNE

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FIELDING YOUR TEAM
Each company team will compete within one of five divisions based upon that company’s total number of San
Antonio-based full-time and part-time employees.

**Division 1:** 1,000 or more employees
**Division 2:** 400-999 employees
**Division 3:** 150-399 employees
**Division 4:** 75-149 employees
**Division 5:** Up to 74 employees

All team members must be at least 18 years of age and a full-time or part-time employee of the company and may
compete for only one company.* Team members may participate in more than one event, but competitions will not
be delayed waiting for participants.

**Teams are subject to forfeiture of an event and a 25-point deduction from their total score if they enter
a person who is not on the official entry form or does not meet the employee eligibility rules. In the
event of a participant challenge, both the employee and a company official must be prepared to confirm
identification.**

*Division 5 companies may also join forces with another small company to compete together. Combined, the total
number of employees must still be 74 or fewer.
HOW TO WIN

There are 14 in-person events to choose from, and points are awarded for results in each event that will accumulate to produce a cup winner in each of the five company divisions. The seven events produce points through skill and accuracy and the six tournaments will pit company teams directly against each other.

COMPETITION SLOTS

Events:  
4 - NuStar Energy Golf Chipping  
4 – Pizza Patrón Soccer Kicks  
4 - Citi Football Throw  
10– Whataburger 5K Run  
4 – SwRI 4x100m Relay  
4 – Generations FCU Sack Race Relay  
5 - Potential New Event  
6 - F45 Fitness Challenge  
6 - PNC Bank Hula Hoop Challenge  
4 - CPS Energy Three-Point Contest  

Tournaments:  
2 - Taco Cabana Cornhole  
2 – Chicken N Pickle Pickleball  
2 – Capital Group Kan Jam (Frisbee)  
3 – University Health 3v3 Basketball  
8 – SSFCU Tug-of-War  
6 - Broadway Bank Dodgeball  

Participation Events:  
Unlimited (participation scoring) – Gonzaba 2K Walk (max # of participants to earn points is 25)  
Unlimited (voting) – RBFCU T-shirt Design Challenge (Top 3 designs from each division will earn final finisher placement points by judges.)

Total: 74 competitive slots + unlimited participation in one virtual event

CHARITY CHALLENGE POINTS

Six San Antonio charities will be the beneficiaries of donations accumulated from participating teams, with points being awarded toward the cup. Haven for Hope, South Texas Blood & Tissue, University Health Blood Donor Services, the San Antonio Food Bank, Boys and Girls Club of San Antonio and San Antonio Sports will all be accepting and recording donations through May 10, 2024. Each charity will rank participating teams, within their respective divisions, in order of their donated amounts, after which San Antonio Sports will award points toward competition. Charity Challenge points will be tallied and available before event day. Please make sure you specify Corporate Cup when setting up your drive so that the charities have an accurate count.

Want to learn more about the Charity Challenge and have the opportunity to ask each charity specifics about donations? Join us virtually at one of these dates:

Charity Challenge Orientation #1  
Thursday, January 18 at 1 p.m.

Charity Challenge Orientation #2  
Wednesday, March 6
CHARITY CHALLENGE OVERVIEW

Six San Antonio charities will be the beneficiaries of donations by participating company teams. Haven for Hope, San Antonio Food Bank, South Texas Blood & Tissue, Boys & Girls Clubs of San Antonio, University Health Blood Donor Services and San Antonio Sports will all be accepting and recording donations from January 1 - May 10.

Donations must be made directly to each charity, not through any partner agencies or through any third-party donations, i.e. The Big Give. Only employee donations will count. Up to two times an employee's donation through a company match will count, but company grants cannot be converted to Corporate Cup points. There are two blood donation charities. Cumulative points will be awarded for blood donations based on the total number of donors.

Each charity will rank participating teams, within their respective divisions, in order of their donated amounts, after which San Antonio Sports will award points towards the overall Corporate Cup competition. Please make sure you specify Corporate Cup when setting up your drive so the charities have an accurate count.

**POINTS**

<table>
<thead>
<tr>
<th>Organization</th>
<th>1st</th>
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<th>Participation</th>
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<td>San Antonio Sports</td>
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<td>20</td>
<td>5</td>
</tr>
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<td>Blood donation</td>
<td>25</td>
<td>20</td>
<td>15</td>
<td>5</td>
</tr>
<tr>
<td>Food Bank</td>
<td>20</td>
<td>15</td>
<td>10</td>
<td>5</td>
</tr>
<tr>
<td>Boys &amp; Girls Club</td>
<td>20</td>
<td>15</td>
<td>10</td>
<td>5</td>
</tr>
<tr>
<td>Haven for Hope</td>
<td>20</td>
<td>15</td>
<td>10</td>
<td>5</td>
</tr>
</tbody>
</table>

**BONUS POINTS**

- Donate to three charities = 15 bonus points
- Donate to four charities = 20 bonus points
- Donate to 5 charities = 30 bonus points.

**POINTS OF CONTACT FOR DONATION INQUIRIES**

- **Boys & Girls Club**
  - Brittany Whalen
  - give@begreatsa.org or bewing@begreatsa.org

- **Haven for Hope**
  - Kathleen LeFlore
  - donate@havenforhope.org or 210-220-2598

- **San Antonio Food Bank**
  - Summer Tucker
  - stucker@safoodbank.org

- **South TX Blood & Tissue**
  - Rudy Flores
  - rudy.flores@southtexasblood.org

- **University Health Blood Donor Services**
  - Debra Serna
  - blood.drives@uhtx.com or 210-358-2778

- **San Antonio Sports**
  - Deirdre Murphy
  - dmurphy@sanantoniosports.org or 210-820-2115
Companies can purchase tailgate spots in the designated zones through the Team Captain Store on our RunSignUp page. Tailgating isn’t for the faint of heart and it’s definitely a popularity contest! Judges will be roaming the area to crown teams with the best set-up, décor, themes and overall spirit! So, fire up the grill, get that playlist ready and start coordinating your flash mob! Each tailgate space is $350 with 5 spaces being the maximum a team is allowed to order.

**Glazer’s Beer Garden**
What would Corporate Cup be without FREE beer! Glazer’s will be supplying the liquid carbohydrates for participants and spectators as part of the best field-day tailgate around. Those of age will enjoy a wide variety of free beer served by our TABC trained staff and volunteers. ID’s are required to receive a wristband and a reminder to always drink responsibly.

**Concessions**
If your team’s idea of tailgating is a couple bags of chips and warm diet soda, don’t worry. Concessions from Taco Cabana will be available for purchase.

**Team Tailgate Unloading**
**Friday, May 31 - 9 a.m. - 4 p.m. | Saturday, June 1 - 5:30 - 7:30 a.m.**
Vehicles needing to unload will follow the main roadway down the hill where they will turn right at the first stop sign at the bottom of the hill near the football stadium. Proceed ahead underneath the visitor’s side of the football stadium until you see the large, bronze Cardinal statue on the right side. From there a volunteer or staff will direct you into designated tailgating zones or to your space if you dropped off items Friday.

**Road Closure - Saturday, June 1**
**7:30 – 10:00 a.m. (tentative)**
The main roadway from the top of the hill that circles around Benson stadium will be closed from 7:30 – 10:00 a.m. to accommodate the 2K Wellness Walk course. It will open immediately following the end of the walk.
ATHLETE SERVICES

ORTHONOW MEDICAL SERVICES
To support competing athletes, the 2024 Corporate Cup will have trained medical professionals on site. A medical tent will be staffed with OrthoNow Injury Clinic personnel, including doctors, nurses, emergency medical technicians, and certified trainers familiar with athletic and active lifestyle injuries or emergency situations.

UNIVERSITY HEALTH AMBULANCE
A UH ambulance will be on site, just in case!

BOYS & GIRLS CLUB KID ZONE
For all the parents who want to come play with us but will have kids in tow, the Boys & Girls Club Kids Zone will be available to participants. Games and activities will be offered for kids, ages 4 - 14. Mini Corporate Cup games will include soccer kicks, sack races, hula hoops, bean bag toss, and much more! Staff and volunteers will be onsite to secure signed parental waivers at the entrance and to help with child pick-up. The Kids Zone will be located indoors at the UIW Carvera Wellness Center.

ICE FOR SALE
Take advantage of pre-ordering ice for your team’s tailgate. Captains can do so by ordering through the RunSignUp Captain Store. Ice will also be available for purchase on site a first-come, first-serve basis.

KRYSUS RECOVERY SERVICES
NEW to this year’s event, we are excited to introduce our new event recovery partner in Krysus Human Performance! Krysus will be on site at UIW where they will offer exclusive recovery services to all Corporate Cup participants. Recovery services may include but not limited to: compression boots, massage guns, vibrating foam rollers, salt therapy, sounds therapy, and more.

BSN SPORTS - OFFICIAL SPORT EQUIPMENT PROVIDER
Need a company branded tent for your team tailgate or basketballs to practice for the 3v3 Tournament and 3-Point Contest? We have you covered as we are excited to announce BSN Sports at the Official Sport Equipment Provider for Corporate Cup. In addition to tents and sport equipment, BSN can also provide custom athletic jerseys of your choice for your employees to compete in for any Corporate Cup event.

Their name brand partnerships such as Nike, Under Armour, Wilson and many more… give you access to the most brand names in the industry with the hottest products at the best prices!

Contact Joey Squilla at jsquilla@bsnsports.com for orders and more information.
ANCILLARY CONTESTS

RBFCU T-SHIRT CONTEST
Don’t forget your uniform! Your team may not always have the fastest legs, the most accurate toss or the best shot, but you could still be a winner when you enter the RBFCU T-shirt Contest. Design a t-shirt for your team to wear at the competition and let the creativity flow. A trophy, courtesy of RBFCU, will be presented to each division winner.

Reminder that teams can earn points in this contest through an online voting system; anyone and everyone can vote daily for his or her favorite shirt design. Then on event day, our judges will be back to pick their favorites with the public voting counting toward the final rankings!

Designs must be submitted by April 26 and online voting will take place May 1 - 26. Top 3 teams must provide an extra shirt for display at the main event on June 1.

Order your team t-shirts from our official provider, Alamo Tees, for great pricing and free artwork. Call 210-699-3800 or email sales@alamotees.com for more information.

We will ask all teams to provide an extra t-shirt for display in the Athlete’s Village on event day. Shirts can be brought to the Solutions Tent.

BIODRIDGE GLOBAL BBQ CONTEST
But wait, there’s more! What would tailgating be without BBQ? And you better believe it’s a competition too! The BioBridge Global BBQ Contest is back and our judges are hungry! Teams who BBQ can stay overnight to make sure everything is cooked to perfection. Categories include brisket, ribs, sides and more. With a new contest chair, we look forward to adjusting the competition and rules and will share more information in the spring of 2024.

PNC BANK TEAM TAILGATE CONTEST
As always, in the spirit of fun and camaraderie, we encourage teams to show off their company pride and decorate their area as they see fit. Back by popular demand, teams will be judged by division and first place finishers will be recognized as the winner in the PNC Team Tailgate Contest. Décor, themes, and overall spirit will be a part of the contest criteria.

We look forward to bringing back one of Corporate Cup’s newest traditions, the PNC People’s Choice Team Tailgate Award, where we will honor the number one team in votes (regardless of division) with this recognition. Participants and spectators will be able to scan the posted QR code located in designated tailgate areas to cast their vote online.
PARKING INFORMATION

UIW UPPER CAMPUS PARKING OPTIONS
These three garages are near the 281 & Hildebrand intersection, on the UIW campus. Enter campus off of Hildebrand or the 281 access road. The garages are located on top of the hill. If you park here, you will walk down the hill to the Benson Football Stadium.
• McCombs garage – 180 spaces (most accessible parking to stadium – elevator available to walkway on field level)
• Ancira garage – 800 spaces

EVENT PARKING MAP

<table>
<thead>
<tr>
<th></th>
<th>Parking Options</th>
<th>Spaces</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>ICC Open Lot</td>
<td>75</td>
</tr>
<tr>
<td>2</td>
<td>Ancira Parking Tower</td>
<td>800</td>
</tr>
<tr>
<td>3</td>
<td>McCombs Residence Hall</td>
<td>180</td>
</tr>
<tr>
<td>4</td>
<td>Founders’ Hall Economy Parking</td>
<td>900</td>
</tr>
</tbody>
</table>

UIW FEIK SCHOOL OF PHARMACY AND INCARNATE WORD HIGH SCHOOL
This lot is on the west side of 281, just off Hildebrand (232 spaces) and is located between the pharmacy school and Incarnate Word High School (70+ spaces). There is also parking at Incarnate Word HS. There is a pedestrian walkway connecting the high school campus and university campus that goes over Highway 281. The entry to the pedestrian walkway is toward the front of the high school campus, on the southeast area of IWHS. When you cross over the walkway, to the east side of 281, you’ll be on the campus of UIW…simply walk down the hill to your left to Benson Stadium.

VIP PARKING
Available behind and adjacent to the UIW Natatorium and can only be accessed by a special VIP parking pass provided by San Antonio Sports. Parking pass will be required.
OFF-CAMPUS PARKING OPTIONS

**ALAMO STADIUM PARKING LOTS:** These lots are by Alamo Stadium football field, off Stadium Drive, directly across from the entrance to Trinity University. Exit Hildebrand off 281 and drive west. Take the first left onto Stadium Drive. At the bottom of the hill, turn right and go up the hill. These parking lots will be on your left as you go up the hill. We have 600+ parking slots here and this is where the VIA Shuttle Service will be located at. We still encourage carpooling and grabbing an Uber or Lyft!

**FOUNDERS HALL SURFACE LOTS** at 4119 Broadway (705 spaces). The Founders Hall surface lots can be accessed from either Hildebrand or Broadway.
**EVENT MAPS & LOCATIONS**

- **March 11 - May 19**
  - F45 Fitness Challenge
  - Multiple locations

- **April 13**
  - Whataburger 5k Run
  - UTSA

- **May 28 - May 30**
  - Pickleball Tournament
  - Chicken N Pickle
  - See page 4 for details

- **June 1**
  - 2024 Corporate Cup
  - UIW

- **May 31**
  - University Health 3v3 Basketball Tournament
  - Mission Concepción Sports Park
EVENTS

NuStar Energy Golf Chipping
SwRI 4x100M Relay
PNC Bank Hula Hoop Challenge
Generations FCU Sack Race
F45 Fitness Challenge
CPS Energy Three-Point Contest

Team will be awarded the number of points earned during the competition and ranked to determine place.

<table>
<thead>
<tr>
<th>Position</th>
<th>Points</th>
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<tbody>
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<td>1st</td>
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<td>2nd</td>
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<td>9th and below</td>
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Pizza Patrón Soccer Kicks

<table>
<thead>
<tr>
<th>Distance</th>
<th>Points</th>
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</thead>
<tbody>
<tr>
<td>10 yards</td>
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<td>15 yards</td>
<td>4</td>
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<td>20 yards</td>
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Citi Football Throw

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<th>Distance</th>
<th>Points</th>
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<tbody>
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<td>5 yards</td>
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<td>10 yards</td>
<td>10</td>
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<tr>
<td>15 yards</td>
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TOURNAMENTS

Taco Cabana Cornhole
Chicken N Pickle Pickleball
Capital Group Kan Jam (Frisbee)
Security Service FCU Tug-of-War
Broadway Bank Dodgeball
University Health 3v3 Basketball

PARTICIPATION

Gonzaba Medical Group 2K Wellness Walk
4 points for each employee completing the walk.
100 points maximum per team (25 employees)

Whataburger 5K Run

TEAM POINTS

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<tr>
<th>Position</th>
<th>Points</th>
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<td>30</td>
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<tr>
<td>9th and below</td>
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INDIVIDUAL POINTS

5, 4, 3 points will be awarded to the top three male and female runners in each age division. (U30, 30-39, 40-49, 50+)

RBFCU T-Shirt Design Challenge

Team will be awarded the number of points earned during voting period and ranked by number of votes to determine place. Top five designs will be displayed at UIW and judges will rank their top five selections for final position.

<table>
<thead>
<tr>
<th>Position</th>
<th>Points</th>
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<tbody>
<tr>
<td>1st</td>
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<td>8th</td>
<td>30</td>
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<tr>
<td>9th and below</td>
<td>10</td>
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SCORING OVERVIEW
<table>
<thead>
<tr>
<th>Date(s)</th>
<th>Competition</th>
<th># of Participants (Gender Requirements)</th>
<th>Time(s)</th>
<th>Location</th>
</tr>
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<tbody>
<tr>
<td>March 11 - May 19</td>
<td>F4S Fitness Challenge</td>
<td>At least 6</td>
<td>By appt.</td>
<td>Multiple</td>
</tr>
<tr>
<td>May 1 - 26</td>
<td>RBFCU T-Shirt Design Challenge</td>
<td>Unlimited</td>
<td>Daily Voting</td>
<td>Online</td>
</tr>
<tr>
<td>April 13</td>
<td>Whataburger 5K Run</td>
<td>10</td>
<td>8 a.m.</td>
<td>UTSA</td>
</tr>
<tr>
<td>May 10</td>
<td>Charity Challenge Ends</td>
<td>Unlimited</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>May 26</td>
<td>Competition Registration Deadline</td>
<td>ALL</td>
<td>11:59 p.m.</td>
<td>Online - RunSignUp</td>
</tr>
<tr>
<td>May 28 - May 30</td>
<td>Chicken N Pickle Pickleball Tournament</td>
<td>2 (1M, 1F)</td>
<td>5 - 9 p.m.</td>
<td>Chicken N Pickle</td>
</tr>
<tr>
<td>May 31</td>
<td>University Health 3v3 Basketball Tournament</td>
<td>3 (+ 2 subs)</td>
<td>5 - 9 p.m.</td>
<td>Mission Concepcion Sports Park</td>
</tr>
<tr>
<td></td>
<td>CPS Energy Three-Point Contest</td>
<td>4 (min. 1F)</td>
<td>7 - 9 p.m.</td>
<td></td>
</tr>
<tr>
<td>June 1</td>
<td>Opening Ceremony</td>
<td>N/A</td>
<td>8 a.m.</td>
<td>UIW On-Field Track</td>
</tr>
<tr>
<td></td>
<td>Gonzaba 2K Walk</td>
<td>Unlimited</td>
<td>8:15 a.m.</td>
<td>UIW On-Field Track</td>
</tr>
<tr>
<td></td>
<td>Broadway Bank Dodgeball Tournament</td>
<td>6 (min. 2F)</td>
<td></td>
<td>UIW Tennis Courts</td>
</tr>
<tr>
<td></td>
<td>NuStar Energy Golf Chipping</td>
<td>4 (min. 1F)</td>
<td></td>
<td>UIW Baseball Field</td>
</tr>
<tr>
<td></td>
<td>University Health 3v3 Basketball Tournament (Semi’s &amp; Finals)</td>
<td>3 (+ 2 subs)</td>
<td></td>
<td>UIW Convocation Center</td>
</tr>
<tr>
<td></td>
<td>SSFCU Tug-of-War</td>
<td>8 (4M, 4F) D4/D5 Teams Only 4 (2M, 2F)</td>
<td>8:30 a.m.</td>
<td>UIW Football Field</td>
</tr>
<tr>
<td></td>
<td>Pizza Patron Soccer Kicks</td>
<td>4 (min. 1F)</td>
<td></td>
<td>UIW Softball Field</td>
</tr>
<tr>
<td></td>
<td>PNC Bank Hula Hoop Challenge</td>
<td>4 (2M, 2F)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Citi Football Throw</td>
<td>4 (min. 1F)</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Capital Group Kan Jam (Frisbee) Tournament</td>
<td>2 (1M, 1F)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Taco Cabana Corn Hole Tournament</td>
<td>2 (1M, 1F)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>BioBridge Global BBQ Contest</td>
<td>3 entries</td>
<td>10 a.m.</td>
<td>UIW Convocation Center Lawn</td>
</tr>
<tr>
<td></td>
<td>Generations FCU Sack Race</td>
<td>4 (2M, 2F)</td>
<td>10:30 a.m.</td>
<td>UIW On-Field Track (Visitors Sideline)</td>
</tr>
<tr>
<td></td>
<td>SwRI 4 x 100m Relay</td>
<td>4 (2M, 2F)</td>
<td>12:15 p.m.</td>
<td>UIW On-Field Track (Home Sideline)</td>
</tr>
<tr>
<td></td>
<td>Trophy Presentation</td>
<td></td>
<td>1 p.m.</td>
<td>UIW Football Field (South Endzone)</td>
</tr>
</tbody>
</table>
**EVENT DETAILS**

### SKILL EVENTS

#### WHATABURGER 5K RUN

**Event Format**
Four age divisions: (U30) (30-39) (40-49) (50+). There are no requirements for number of participants in age division. Only the top 8 runners will be recorded for team score. Each team must have at least four (4) runners in order to qualify for team points. Any team with less than four (4) runners registered will automatically get the minimum of 10 team points earned. All individual runners will still qualify for individual points earned.

**Point System**
100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and points will move down incrementally by 10 until the 8th place team has been awarded 30 points. All teams that finish below 8th place will be awarded 10 points.

**Individual Points**
5, 4, and 3 points will be awarded to the 1st, 2nd, and 3rd place male and female runners in each of the 4 age divisions.

**Packet/Bib Pickup Date**
Captains and/or participants will need to pickup their race bibs that day prior to race day on Friday, April 12 at UTSA from 5-8PM.

#### PIZZA PATRÓN SOCCER KICKS

**Event Format**
One at a time, each member of the team will take 3 shots on a mini goal at each of 3 distances. Goals will be at distances of 10, 15 and 20 yards and will be worth 2, 4, and 6 points respectively.

**Equipment**
Ball is size 4, mini-goal is approximately 6’x3.5’x3.5’

**Point System**
Team will be awarded the number of points earned during the competition and ranked to determine place. 100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and points will move down incrementally by 10 until the 8th place team has been awarded 30 points. All teams that finish below 8th place will also be awarded 10 points.

#### CITI FOOTBALL THROW

**Event Format**
One at a time, each team member will throw 3 footballs at a target placed at distances of 5, 10, and 15 yards, and will be worth 5, 10 and 20 points respectively.

**Event Format**
Football is a Champion PeeWee RFB4 (bought through Vivroux Sports in S.A.), target is 6’ high, 3’ wide, hole is 20’ in diameter and 10” from the top

**Point System**
Team will be awarded the number of points earned during the competition and ranked to determine place. 100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and points will move down incrementally by 10 until the 8th place team has been awarded 30 points. All teams that finish below 8th place will also be awarded 10 points.
NUSTAR ENERGY GOLF CHIPPING

Event Format
One at a time, team members will chip 5 balls from a distance of 40 yards into 3 progressively larger circles surrounding a flag. The smallest circle will be worth 10 points, the middle circle 5 points, and the outer-most circle 2 points. A hole-in-one will be worth 25 points. The “on-deck” team will get an opportunity to practice chipping balls on a different part of the field. Competitors will provide their own golf clubs.

Equipment
Standard golf balls, golf club of your own choice, turf mat

Point System
Team will be awarded the number of points earned during the competition and ranked to determine place. 100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and points will move down incrementally by 10 until the 8th place team has been awarded 30 points. All teams that finish below 8th place will also be awarded 10 points.

SWRI 4x100M RELAY

Event Format
Each member of the relay team will run a distance of 100 meters before handing a baton off to their team’s next positioned runner until each team’s last positioned runner (anchor runner) has crossed the finish line. All races are timed finals, no preliminary heats.

Equipment
11-inch aluminum or plastic baton

Point System
100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and points will move down incrementally by 10 until the 8th place team has been awarded 30 points. All teams that finish below 8th place will also be awarded 10 points.

GENERATIONS FCU SACK RACE

Event Format
Each member of the relay team will hop a distance of 25 meters before handing a sack off to their team’s next positioned participant until each team’s last positioned participant (anchor) has crossed the 100-meter finish line. First and second place teams in each heat advance to a final heat (depending on total number of teams in each division).

Equipment
Sack is nylon, 28” high x 24” wide

Point System
100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and points will move down incrementally by 10 until the 8th place team has been awarded 30 points. All teams that finish below 8th place will also be awarded 10 points.
**PNC BANK HULA HOOP CHALLENGE**

**Event Format**
Each team member will take turns hula hooping in standing position. 10 minutes per participant is the max time allowed to be earned. You are NOT allowed to walk while you are hula hooping. Scoring will be determined by adding the total of each employee's duration/time in which they hula hooped. The longer the time, the better!

**Equipment**
Adult hula hoop, 17.05 x 7.99 x 2.99 inches, weighs 1.23 kilograms.

**Point System**
100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and points will move down incrementally by 10 until the 8th place team has been awarded 30 points. All teams that finish below 8th place will be awarded 10 points.

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**CPS ENERGY THREE-POINT CONTEST**

**Event Format**
Each shooter will take five shots from five identified positions (both corners, both wings, and top of the key) around the 3-point line. The clock will start on the shooter’s first release. Teams will use one ball throughout competition and will rebound and pass for one another. All three (3) employees not shooting may assist in passing and rebounding for their teammate. A shooter must have both feet behind the 3-point line when he/she releases the ball. Total score for each of the 4 employees will be added to the team total that will be ranked among other competing teams in their division. The total time each team takes to complete all shots will be used for any tiebreakers, with the advantage going to the team completing the shots in the least amount of time.

**Equipment**
Each team is to provide their own ball to use for the contest. Women may use a smaller/female sized ball for competition.

**Point System**
Teams will be awarded the number of points earned during the competition and ranked to determine place for the three-point contest. 100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and 70 points will be awarded to the 3rd place team and move down incrementally by 10 until the 6th place team has been awarded 40 points. All teams that finish below 6th place will also be awarded 10 points.
TOURNAMENT EVENTS

UNIVERSITY HEALTH 3v3 BASKETBALL

Event Format
The tournament will be a single elimination bracket format. Games will be played in running time. Players may sub on and off only while their team is in-bounding, in case of injury, or during a timeout. Teams will be given a 3 minute warm-up on the competition court prior to each game. Teams will advance in their brackets until a winner emerges.

Equipment
Men’s size basketball (29.5“)

Point System
100 points will be awarded to the 1st place team; 90 points will be awarded to the 2nd place team. The 3rd/4th place teams who lose the semi-final games will each be awarded 75 points and teams who finish 5th – 8th and lose in the quarterfinals will receive 45 points each. All other teams will receive 10 points.

TACO CABANA CORNHOLE

Event Format
The tournament will be single elimination bracket format. Teams will take turns pitching corn bags at the cornhole board until a team reaches the score of 11 or whoever is in the lead after the 10-minute time limit per game. Points are kept according to cancellation scoring. In cancellation scoring, the points of one team cancel out the points of their opponent. Using this method, only one team can score in each frame. A corn bag in the hole scores 3 points, while one on the board scores 1 point. Bracket will be shared with team’s one week prior to the event.

Equipment
Boards are 4’ long, 2’ wide, 6” diameter hole, bags are 6” x 6”, 14-16 ounces

Point System
100 points will be awarded to the 1st place team; 90 points will be awarded to the 2nd place team. The 3rd/4th place teams who lose the semi-final games will each be awarded 75 points and teams who finish 5th – 8th and lose in the quarterfinals will be awarded 45 points. All other teams who lose prior to the quarterfinals will earn at least 10 points.
**CAPITAL GROUP KAN JAM (FRISBEE)**

**Event Format**

The tournament will be single elimination bracket format. Teams will take turns throwing frisbees at the target (Kan Jam goals) until a team reaches the score of 21 or whoever is in the lead after the 10-minute time limit per game. Teams will take turns throwing with one team member being a “thrower” while the other teammate is a “deflector” who has the chance to earn 1 point for the team if redirected in the goal. Goals and frisbee throws will be 35 ft. away and a frisbee that enters the top of the goal is worth 3 points, a frisbee that hits the goal is worth 2 points and a frisbee slapped or deflected in by the deflector is worth 1 point. If a frisbee is thrown through the small slot in the goal, that team automatically wins the match.

Teams must score exactly 21 points to win. Teams will receive a scoring penalty based on the number of points scored on that throw. (For example, if you have 20 points and score 2 instead of 1, your score would be reduced to 18. If you have 19 points and score 3 instead of 1, your score would be reduced to 16.) Teams get 2 throws each (one per teammate) then rotate to allow the opposing team to do the same. Bracket will be shared with team’s one week prior to the event.

For more info, please visit - [https://www.kanjam.com/faq](https://www.kanjam.com/faq)

**Equipment**

Kan Jam - 3.5 x 4.7 x 7.9 inches; 1 pound (reference KanJam.com for full information), frisbee – 175 gram, 10.75 diameter

**Point System**

100 points will be awarded to the 1st place team; 90 points will be awarded to the 2nd place team. The 3rd/4th place teams who lose the semi-final games will each be awarded 75 points and teams who finish 5th – 8th and lose in the quarterfinals will be awarded 45 points. All other teams who lose prior to the quarterfinals will earn at least 10 points.

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**CHICKEN N PICKLE PICKLEBALL**

**Event Format**

The tournament will be a round robin, single elimination bracket format hosted at Chicken N Pickle. Each match will be 8 minutes and once time is reached, the team with the higher score will advance. Games are played to 11 points and teams must win by 2 points. The tournament will follow the basic rules of pickleball from the International Pickleball Teaching Professional Association. Teams can bring their own paddles, balls and paddles will be provided.

**Equipment**

Standard pickleball paddle and ball (USAPA approved, will be provided by Chicken N Pickle)

**Point System**

100 points will be awarded to the 1st place team; 90 points will be awarded to the 2nd place team. The 3rd/4th place teams who lose the semi-final games will each be awarded 75 points and teams who finish 5th – 8th and lose in the quarterfinals will be awarded 45 points. All other teams who lose prior to the quarterfinals will earn at least 10 points.
SECURITY SERVICE TUG-OF-WAR TOURNAMENT

Event Format
The competition will be single elimination. The winning team must pull the losing team 5 yards so that the rope marker crosses the line. Rubber or plastic cleats and gloves are allowed. No metal spikes are allowed. Participants must stay on their feet and not sit, kneel, or lie down. The rope must not wrap around any participant. Winning teams will continue to advance in their division until the overall winner has been declared. Division 5 teams will consist of four members, two men and two women.

Equipment
Rope is 80’ long, 1.5” in diameter, made of hemp, rubber or plastic cleats are allowed (no spikes), gloves are allowed.

Point System
100 points will be awarded to the 1st place team; 90 points will be awarded to the 2nd place team. The 3rd/4th place teams who lose the semi-final games will each be awarded 75 points and teams who finish 5th – 8th and lose in the quarterfinals will receive 45 points each. All other teams will receive 10 points.

BROADWAY BANK DODGEBALL

Event Format
4 players (2 of whom must be female) will start each game (remaining players will be substitutes who may enter during time-outs, in the event of injury, or as a player re-entering the game as the result of a catch). Matches are best-of-3 and the tournament is single elimination. Each game will have a 5 minute time limit after which the team with the most players still on the court will win. If teams have the same number of players then the game will go into “sudden death” where the first team to get an opposing player out will win.

The object of the game is to eliminate all opposing players by getting them “OUT”. This may be done by hitting an opposing player with a LIVE thrown ball below the shoulders or by catching a LIVE ball thrown by your opponent before it touches the ground. A live ball is defined as a ball that has not touched anything between being thrown and striking a player.

Each team will be allowed one 30 second time-out per game during which players may sub on and off.

There will be 4 active balls on the court and it will be a violation for either team to control all 4 balls for more than 5 seconds.

Equipment
Ball is 8.25” rubber-coated foam

Point System
100 points will be awarded to the 1st place team; 90 points will be awarded to the 2nd place team. The 3rd/4th place teams who lose the semi-final games will each be awarded 75 points and teams who finish 5th – 8th and lose in the quarterfinals will be awarded 45 points. All other teams who lose prior to the quarterfinals will earn at least 10 points.
**PARTICIPATION EVENTS**

**GONZABA MEDICAL GROUP 2K WALK**

**Event Format**
All participants will walk the course. 25 finishers from each team will be awarded 4 points. Must be company employee.

**Point System**
Teams will be awarded 4 points for each employee that finishes the walk for a total 100 point maximum per team. Participants must have a number from which the tab will be collected at the finish line. **Family, friends, and other employees are encouraged to join their participating walker, but only 25 employees will be scored.**

**DATES**
June 1

**LOCATION**
UIW - On-Field Track

**PARTICIPANTS**
25
(15 for D4/D5)

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**RBFCU T-SHIRT DESIGN CHALLENGE**

**Event Format**
Using an online voting system, anyone and everyone can vote daily for his or her favorite shirt design. Then on event day, our judges will be back to pick their favorites with the public voting counting toward the final rankings!

**Designs must be submitted by April 26 and online voting will take place May 1 - 26.**
All teams must provide an extra shirt for display at the main event on June 1.

**Point System**
Each company will then be ranked among teams within their division based on total number of votes received and earn points respectively. Top 3 designs in each division from voting results will earn final finisher placement points by judges of competition. If a team is up by 750 votes or more, they will automatically be locked in their voting position within the standings.

100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and points will move down incrementally by 10 until the 8th place team has been awarded 30 points. All teams that finish below 8th place will be awarded 10 points.

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**OFFICIAL T-SHIRT PROVIDER:**
**ALAMO TEES**
Order your team t-shirts from our official provider, Alamo Tees, for great pricing and free artwork.
Call 210-699-3800 or email sales@alamotees.com for more information.
VOLUNTEER FOR POINTS PROGRAM

Event Format
Help San Antonio Sports manage and run the 2024 Corporate Cup while earning points for your team! Every company will have the opportunity to earn up to 100 bonus points by coordinating employees to volunteer for any Corporate Cup event, from the 5k run on April 13 through all events on June 1. No other San Antonio Sports event (e.g., Fiesta FitFest, FitFamily Challenge 5k, etc.) will qualify for this bonus point opportunity.

DATES
April 13 - June 1

LOCATION
All events

PARTICIPANTS
4

SPONSORSHIP AVAILABLE

F45 FITNESS CHALLENGE

Event Format
F45 will work with Team Captains to set up Corporate Cup Team Day workouts for each team, with the option for individual Corporate Cup participants to visit a studio to earn points for their Corporate Cup team. Corporate Cup teams can coordinate more than one visit with a new group of participants who have not already competed in the F45 Fitness Challenge.

F45 will assign each Corporate Cup division a F45 point of contact for scheduling and service. Each Corporate Cup team can have an unlimited number of participants take part in the F45 Fitness Challenge for their company.* Upon arrival to an F45 studio, each participant will be issued a Lionheart (heart monitor). (*teams can schedule more than one workout during the challenge timeframe; not all employees who participate have to be consolidated into one workout session.)

Point System
Only the top 6 Lionheart points for each company will be used to rank each team. Total LH points for each team will be logged to satisfy San Antonio Sports 1st-10th 100-point ranking system, from top LH points to the lowest LH points for each team.

Additional F45 Fitness Challenge Details
• All seven (7) F45 Studios will be an eligible location for employee participation.
• Corporate Cup employees will be required to pre-register with first name, last name, email, and phone number.
• Corporate Cup teams may still compete if for some reason they cannot secure 6 employees to compete in the event.
• F45 to work with San Antonio Sports on company/employee reporting of individuals who complete a class in-studio and send completion to San Antonio Sports for point tracking.

Stay tuned for more information...
SAN ANTONIO SPORTS
San Antonio Sports works every day to transform our community through the power of sport. When you donate to San Antonio Sports through the Corporate Cup, you’ll be supporting programs that transform the health and wellbeing of children and their families, most of whom live in underserved communities. These include the 1,400 kids who participate in i play! afterschool, the organization’s signature youth program, and San Antonio Sports ACTIVATE, a free program that offers a diverse array of fitness classes, mental wellness sessions, cooking demos, 5Ks and health screenings.

You’ll also be helping San Antonio Sports transform our community by supporting our efforts to attract premier sporting events, which have delivered a transformative economic impact of more than $1 billion; hosting local events like the San Antonio Sports All-Star Football Game and All-Star Basketball Games; and creating school parks, which enhance elementary and middle school property with amenities to be enjoyed by students during the school day and the community for exercise and recreation after school hours.

To donate, click on the link under San Antonio Sports on the Corporate Cup Charity Challenge site.

HAVEN FOR HOPE
Haven for Hope’s mission is to offer a place of hope and new beginnings. We do this by providing, coordinating and delivering an efficient system of care for people experiencing homelessness in San Antonio. Far beyond just providing a safe place to sleep each night, Haven for Hope is a 22-acre “one-stop” campus with a comprehensive array of services in a central location. Services include: emergency shelter, residential housing, clinical services, case management, employment and financial sustainability, as well as specialty programs such as Jail Outreach, Veterans Programming and Street Outreach.

Haven for Hope’s services reach far beyond those of a standard homeless shelter. Providing food, clothing, and shelter is only a fraction of what can be done to help those experiencing homelessness. While these basic necessities play a large role in providing immediate relief, they are not long-term solutions. Therefore, in order to address the individual needs of people experiencing homelessness, Haven collaborates with over 70 partner organizations. Our goal is to provide individuals with the tools necessary to move towards self-sufficiency and independent living in permanent housing.

To register your donation drive with us, please complete the 2024 Corporate Cup Donation form and return it to the contact below.

For Charity Challenge points, we are accepting the following new items in all sizes for men, women and children:

- New men’s undershirts - 4 points
- New women’s underwear – 2 points
- New men’s boxers - 3 points
- New bras – 5 points
- Monetary donations: $1 = 1 point

*Donations must be counted and accompanied by a donation form when delivered to Haven for Hope.
*Please contact us to create a unique fundraising webpage for your company to track monetary donations.

For questions or further assistance, contact Kathleen LeFlore at kathleen.leflore@havenforhope.org or 210-220-2187, or Volunteer Services at volunteer@havenforhope.org or 210-220-2549.
SAN ANTONIO FOOD BANK

OUR STORY
The San Antonio Foodbank is currently serving over 100,000 individuals each week throughout 29 counties, from Sterling to La Salle and Crockett to Karnes. The Food Bank distributes food through a network of 800+ partners as well as special distribution programs including programs focusing on children, seniors, and veterans.

REGISTER YOUR DRIVE
Register online using this form. Specify San Antonio Corporate Cup.

• Summer Tucker will be your point of contact for swaps, questions, and concerns: (210) 431 - 8310
• Start a Virtual Fund Drive in addition to your Food Drive! Click here for more info.
• Not sure what items to collect? Take a look at our 12 most wanted list below.
• Consider helping us feed more families by having a member of your team pick up and drop off your donations to our address below. Go to the Trucker’s Court at Dock 3 with your Donor ID and company name.

TIPS FOR YOUR FOOD DRIVE
Instead of using barrels, consider printing paper boxes to collect food. Feel free to personalize and decorate your boxes to get in the giving spirit! Red barrels are available to reserve. Please limit barrel requests to those drives collecting more than 250 pounds of food. Pickups and drop offs are available based on availability and can be scheduled through Summer Tucker.

THE TWELVE MOST WANTED FOODS

<table>
<thead>
<tr>
<th>Baby food and diapers</th>
<th>Canned lunch meat</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beans</td>
<td>Mac ‘n’ cheese</td>
</tr>
<tr>
<td>Chili &amp; Soups</td>
<td>Rice</td>
</tr>
<tr>
<td>Pet food</td>
<td>Cereal</td>
</tr>
<tr>
<td>Pop-top food items</td>
<td>Tuna</td>
</tr>
<tr>
<td>Full meals can/box</td>
<td>Peanut butter</td>
</tr>
</tbody>
</table>

NEXT STEPS
After hosting your drive, consider volunteering with us! Please visit our volunteer self-registration calendar. For questions contact Laura Burress, Volunteer Engagement Coordinator, at 210-431-8388.
SOUTH TEXAS BLOOD & TISSUE

For 50 years, South Texas Blood & Tissue (STBT) has focused on a critical purpose: to save and improve lives. Inspired by a group of physicians, our organization was formed to provide blood to the South Texas region, ensuring a safe and adequate blood supply through proper testing, storage, and distribution to hospitals. This essential service allows front-line workers to focus on the direct care of patients with confidence that this lifesaving resource will be there when it's needed most. We could not achieve our mission without the help of our volunteers and designated donors. Each blood donation has the potential to save three lives – imagine how many can be saved in our community.

Participating companies can:

• Host a blood drive by May 10, 2024. Begin the process today by clicking here.
• For organizations who are currently unable to host their own on-site blood drive. Please let us know if you are interested in “adopting a day” at your local donor room.

Hosting a Blood Drive*

• Each company will need to designate a Blood Drive Coordinator.
• The Blood Drive Coordinator must contact their STB&T Account Manager to schedule their Corporate Cup blood drive. (If you have had a blood drive in the past, please feel free to contact your Account Manager directly or call 210-731-5590 for further assistance.)
• The Blood Drive Coordinator will work with their Account Manager to discuss the date, time, location, and promotional materials. All Corporate Cup blood drives MUST have the Corporate Cup Logo on the marketing material and be designated as a Corporate Cup Blood Drive.
• All scheduled blood drives require a minimum of 20 donations (30+ signups) to qualify. Your Account Manager will discuss how to make your blood drive successful.

**San Antonio Sports will provide the South Texas Blood & Tissue a list of all participating companies. After May 10, STBT will tally the total number of donations and bonus points for each company. STBT will provide the totals for each company to San Antonio Sports.

How to earn your points

Participating companies will earn a credit for each unit donated at the donor center or their respective blood drive; a minimum of 20 donations must be collected at a blood drive for STB&T to report your organization’s collections.
• Whole blood donation: 1 point
• Double red blood cell donation: 2 points
• Platelet donation: 4 points

Questions?

Please get in touch with Rudy.Flores@southtexasblood.org
**SOUTH TEXAS BLOOD & TISSUE CENTER (CONT.)**

**Neighborhood Donor Room Locations:**

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donor Pavilion</td>
<td>6211 IH 10 West at First Park Ten Boulevard</td>
</tr>
<tr>
<td>Boerne Donor Center</td>
<td>215 W. Bandera Road, Suite 115</td>
</tr>
<tr>
<td>New Braunfels Donor Center</td>
<td>651 Interstate 35 Business Loop, Suite 830</td>
</tr>
<tr>
<td>Bulverde Donor Center</td>
<td>20630 Texas Highway 46 West, Suite 115</td>
</tr>
<tr>
<td>Northeast Donor Center</td>
<td>8500 Village Drive, Suite 102</td>
</tr>
<tr>
<td>Shavano Donor Center</td>
<td>4079 N. Loop 1604 West, Suite 102</td>
</tr>
<tr>
<td>Southeast Donor Center</td>
<td>3158 SE Military Drive, Suite 104</td>
</tr>
<tr>
<td>Westover Hills Donor Center</td>
<td>10555 Culebra Road, Suite 107</td>
</tr>
</tbody>
</table>

Call 210-731-5590 or visit SouthTexasBlood.org to book your appointment at these donor Centers. **Don’t forget to scan the Corporate Cup QR Code after donating to any South Texas Blood & Tissue donor center.**

**UNIVERSITY HEALTH BLOOD DONOR SERVICES**

As the premier Level I trauma center for a 22-county area of South Texas, University Hospital is always in need of an adequate blood supply. The University Hospital Blood Bank was established to provide blood needed for our patients and relies on employees, friends, family members, visitors and the community for blood donations.

**How companies can host a blood drive:**

Your blood donations help us save our patients’ lives. All blood donated to University Health is used in-house by our patients. Here are ways your organization can donate:

1. **By hosting a blood drive at your organization.** We can arrange for an indoor onsite blood drive setup so your employees can donate during the workday.

2. **By donating at one of our already scheduled drives.** Our center conducts mobile drives all around San Antonio. We can help you locate which drives may be close to you and your team.

3. **By donating at University Hospital.** To ensure social distancing you must make an appointment.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>8:30 a.m. – 7 p.m.</td>
</tr>
<tr>
<td>Tuesday</td>
<td>8:30 a.m. – 5 p.m.</td>
</tr>
<tr>
<td>Wednesday</td>
<td>8:30 a.m. – 7 p.m.</td>
</tr>
<tr>
<td>Thursday</td>
<td>8:30 a.m. – 5 p.m.</td>
</tr>
<tr>
<td>Friday</td>
<td>7:00 a.m. – 5 p.m.</td>
</tr>
<tr>
<td>Saturday &amp; Sunday</td>
<td>CLOSED</td>
</tr>
</tbody>
</table>

You can contact the Donor Room at University Hospital at 210.358.2812 if you have any questions or visit our website [www.donatebloodtoday.com](http://www.donatebloodtoday.com) to make an appointment. To set up your blood drive, contact us at 210-358-2778 or [blood.drives@uhs-sa.com](mailto:blood.drives@uhs-sa.com) and a representative will provide assistance.
BOYS & GIRLS CLUB OF SAN ANTONIO

Boys & Girls Clubs of San Antonio (BGCSA) inspires youth, especially those who need us most, to achieve their full potential in safe, positive, and engaging environments that promote education, health, and character development. Many of the youth we serve do not have access to the resources or role models to help them achieve their fullest potential. But we believe a child's zip code and other demographic factors should not determine their chances for success, which is why we are committed to keeping our membership fees affordable for every family and our doors open when the youth need us most.

Since 1939, we have provided safe and supervised after school programming that has consistently made positive impacts on the lives of the children we serve. We work hard to ensure that all Club members are on track to graduate from high school on time and with a solid plan for their futures. Our programs provide avenues for Club members to gain life skills centered around good character, citizenship, and living a healthy lifestyle. Through our programming, 95% of youth grow socially and/or emotionally and display an increased interest and understanding of college & career readiness; and 97% of youth maintain or improve their grades in core subjects.

Support BGCSA:
1. Double Your Dollar because every dollar equals 2 points this year! Donate dollars HERE!
2. Include your company name in the “Company Affiliation” box so your agency gets credited.
3. Purchase school/office supplies on our Amazon Wishlist (be sure to include yours and your company’s name on the gift tag) or shop locally and bring your donation and form to: Boys & Girls Clubs of San Antonio, Mays Family Clubhouse (123 Ralph Avenue, SATX 78204)
   Box of Fidget/Sensory Toys (1 box, multiple items) = 5 Points
   Disinfecting Wipes (1 canister) = 5 Points
   Copy Paper (1 ream) = 2 Points
   Sharpies (12ct) = 2 Points
   Ziploc Bags (1 box, various sizes) = 1 Point
   Facial Tissue (1 box) = 1 Point
   Construction Paper (50 sheet pack) = 1 Point

To drop off your school supplies donations: Print and complete the Corporate Cup Donation Form below.

Drop off your donation and the form at: Boys & Girls Clubs of San Antonio Administrative Offices
Attn: Development Staff
123 Ralph Avenue San Antonio, TX 78204
(210) 436-0686

Business Hours: Monday – Friday: 9 a.m. – 5 p.m.

To make an online donation:
1. Visit http://tiny.cc/ae6hvz
2. Include company name in the “Company Affiliation” section.

For questions, please contact Stephanie Kotick, Director of Development, at skotick@begreatsa.org.
**TEAM PARTICIPATION FORM**

**Team Name** _____________________________________________   **Division** _______

**Team Captain** ___________________________________________________________

**EVENTS**

**NuStar Energy Golf Chipping**
Each company can register 1 team consisting of 4 members with a minimum of 1 female.

(F) ____________________________  2) ____________________________
3) ____________________________  4) ____________________________

**Pizza Patrón Soccer Kicks**
Each company can register 1 team consisting of 4 members with a minimum of 1 female.

(F) ____________________________  2) ____________________________
3) ____________________________  4) ____________________________

**Citi Football Throw**
Each company can register 1 team consisting of 4 members with a minimum of 1 female.

(F) ____________________________  2) ____________________________
3) ____________________________  4) ____________________________

**Whataburger 5K Run**
Total of 10 participants, allocated to team preference.

1) ____________________________  2) ____________________________
3) ____________________________  4) ____________________________
4) ____________________________  5) ____________________________
6) ____________________________  8) ____________________________
9) ____________________________  10) ____________________________

**SwRI 4x100m Relay**
Each company can register 1 team consisting of 2 males and 2 females.

(F) ____________________________  (F) ____________________________
(M) ____________________________  (M) ____________________________

THESE FINAL FORMS ARE FOR YOUR INTERNAL USE ONLY AND ARE INTENDED TO BE USED AS A GUIDE AS YOU RECRUIT AND ASSIGN PARTICIPANTS TO EACH EVENT. SPORT REGISTRATION WILL BE AVAILABLE ONLINE AT SANANTONIOSPORTS.ORG AND IS REQUIRED FOR YOUR TEAM’S PARTICIPATION.
**Generations FCU Sack Race**
Each company can register 1 team consisting of 2 males and 2 females.
(F) ________________________________  (F) ________________________________
(M) ________________________________  (M) ________________________________

**PNC Bank Hula Hoop Challenge**
Each company can register 1 team consisting of 2 males and 2 females.
(F) ________________________________  (F) ________________________________
(M) ________________________________  (M) ________________________________

**CPS Energy Three-Point Contest**
Each company can register 1 team consisting of 4 members with a minimum of 1 female.
(F) ________________________________  2) ________________________________
3) ________________________________  4) ________________________________

**TOURNAMENT EVENTS**

**Taco Cabana Cornhole**
Each company can register 1 team consisting of 1 male and 1 female.
(F) ________________________________  (M) ________________________________

**Chicken N Pickle Pickleball**
Each company can register 1 team consisting of 2 members with a minimum of 1 female.
(F) ________________________________  (2) ________________________________

**Capital Group Kan Jam (Frisbee)**
Each company can register 1 team consisting of 1 male and 1 female.
(F) ________________________________  (M) ________________________________

**University Health 3v3 Basketball**
Each company can register 1 team consisting of 3 members plus two optional subs.
1) ________________________________  2) ________________________________
3) ________________________________
Sub ) ________________________________  Sub ) ________________________________
Security Service Federal Credit Union Tug-of-War
Each company can register 1 team consisting of 8 members, 4 men and 4 women. (Division 5 teams consist of 4 members, 2 men and 2 women.)

**Male**
1) ____________________________  2) ____________________________
3) ____________________________  4) ____________________________

**Female**
5) ____________________________  6) ____________________________
7) ____________________________  8) ____________________________

Broadway Bank Dodgeball
Each company can register 1 team consisting of 4 men and 2 women.

1) ____________________________  2) ____________________________
3) ____________________________  4) ____________________________
5) ____________________________  6) ____________________________

F45 Fitness Challenge
Each company can register 1 team consisting of 4 members with a minimum of 1 female.

1) ____________________________  2) ____________________________
3) ____________________________  4) ____________________________
5) ____________________________  6) ____________________________

Volunteer for Points Program
Each company can register up to 4 employees.

1) ____________________________  2) ____________________________
3) ____________________________  4) ____________________________
TEAM CAPTAIN PRE-ORDER GUIDE  
(TAILGATE ICE & TACO CABANA FOOD ORDERS)

1. Click the Register Team button as indicated in the screenshot above. This will take you to the Team Captain Store page.
   a. Please note that all captains and participants will be asked to create a RunSignUp account and will need to save their login credentials for admin and competition registration use.

2. Once you are on the Captain Store webpage which is displayed on page 33:
   a. Select the number of spaces you have/want in the appropriate zone.
   b. Please enter your specific assigned spaces that you have in the “Please include specific space locations” box.

3. Tailgate ice and Taco Cabana food orders
   a. While on the team Captain Store page, scroll down to bottom of page and please select the number of ice bags you would like to pre-order. For Taco Cabana orders, captains will first be prompted to select and confirm the time you or a team representative will be coming to the Taco Cabana concession area to pick-up your team’s order. (All pickups must be between 6am - 11am). After selecting pick-up time, captains can scroll down to select the menu items they would like to order.
   b. If you would like to pay for tailgate and ice at a later time, BEFORE pressing continue, select the “Pay later via an invoice” box and then press continue.

4. Your tailgate spots will then be reserved. If ice and food were pre-ordered our sales team will follow up for payment.
Visit SanAntonioSports.org/CorporateCup/Register

It is important to note that ALL participants must complete the registration process to compete in any Corporate Cup event. During this process, it will prompt the participant to create a RunSignUp account if they do not have one already. We are asking teams to please ask their employees to use their company email when registering and creating their account so we can easily identify them as an employee of your company. Team captains will have their own team-specific access code and registration link that they can share with their employees from their team home page.

Employees can register for their company team and events by:

1. Clicking the registration link that the team captain will send to employees.

2. Employees can also register for events by clicking on the EVENT INFO tab located on the top right of the page as indicated in the image above or by clicking the link below.

   Event Registration & Waiver Link >>

   a. If you do not have the link, you can register by clicking “Join Team” on any team’s page through the division tabs.
   b. Once you click “Join Team,” you will need to enter the access code that your team captain will have.

3. You will then proceed to create a RunSignUp account or log into your account.

4. Per roster availability by gender requirements, you will be prompted to select which event(s) you are registering for.
   a. Note that if you decide later to participate in another sport (except the 5K run, Pickleball, and 3v3 Basketball), you do not have to come back in the system to register for that sport.
   b. You will need to log back in if you decide to sign up later for the 5K run, Pickleball, and/or 3v3 Basketball.

5. After selecting the event(s) you will participate in, you will be prompted to the waiver completion page.

6. ALL participants must complete and agree to this waiver in order to participate in any Corporate Cup event.
SUMMER 2024

SAN ANTONIO SPORTS CORPORATE CUP 2024
PRESENTED BY
ORTHO NOW INJURY CLINIC — BY TSAOG

YOUR TRAINING STARTS TODAY!