



Welcome!

The Central Kentucky Wheelmen Cycling Club is proud to host the 5th annual Cameron Ponder Cycling Classic on October 3, 2026. We host this ride to honor the memory of KY State Police Trooper Cameron Ponder and to thank all first responders and service members, serving and fallen. This year we especially honor Army SSG Benjamin Pennington, who was killed in action in Saudi Arabia on March 8th, 2026, as part of Operation Epic Fury.

We thank Memorial United Methodist Church for allowing us to use their facilities. Your start and finish will be at [631 N. Miles St., Elizabethtown, KY 42701](#).

Start time for all distances is **8:00 AM Eastern Time** on Saturday, October 3rd, 2026.

There will be a short opening ceremony before riders are escorted from the church parking lot.

Packet Pickup

There will be two opportunities for packet pickup:

- Friday, October 2nd from 4-8 pm
- Saturday, October 3rd from 6-7:45 am

Packet pickup will occur at the same location as the ride start (Memorial United Methodist Church).

You can also do last-minute online registration via phone. No cash.

The picture below shows where to find packet pickup once parked in the church parking lot



For on-site registration and/or packet pickup

- After parking, look for the letter C on the building
- Enter these doors

Parking on Saturday, October 3rd

- Please follow the directions of our parking attendants!
- Please do your rider prep in front of or behind your vehicle.
- Please do not block adjacent parking spaces.



Routes

We recommend you **pin** these routes to your personal Ride-with-GPS account. Pinned copies will be automatically updated if we have to make any further edits. Then you can download your pinned route on the morning of the ride.

Here are the routes for 2026 (*All riders will follow a KSP escort for approximately 2.5 miles*):

- Century Route: <https://ridewithgps.com/routes/57274856>
- Metric Century: <https://ridewithgps.com/routes/57275944>
- Half-Metric Century: <https://ridewithgps.com/routes/57276027>

The Honor Ride is a fully escorted route that does not require turn-by-turn directions.

We use Dan Henry arrows to mark our routes. See examples indicating an approaching right turn in the photo below. A Dan Henry consists of a circle with a straight line (or “tick”) extending from it.

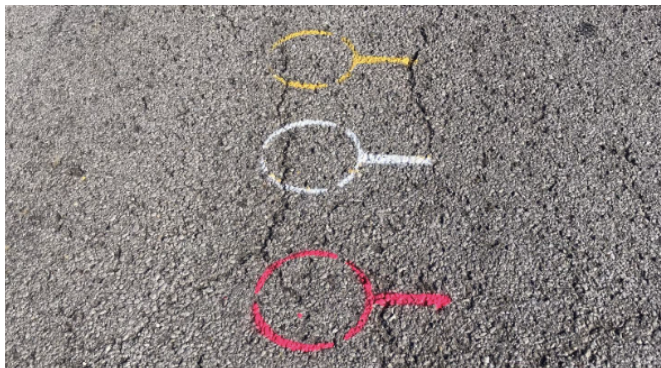
The tick points in the direction you should ride.

- * Tick pointing straight ahead → continue straight
- * Tick pointing left → turn left
- * Tick pointing right → turn right

As you approach a turn, you will see three arrows spaced out in advance, warning you 3 times of the upcoming turn. Make the turn in the direction indicated by the tick. After the turn, a confirmation arrow will confirm that you are on the correct route.

Just remember: Follow the tick!

- **YELLOW** is for the **century** riders.
- **WHITE** is for the **metric century**.
- **RED** is for the **half-metric century**.



SAG Stops

We have an awesome team of volunteers working to keep you hydrated and fueled throughout your ride. Each stop will have an assortment of snacks, water, and individual sports drink powder sleeves for use in your bottles.

	Century Distance (miles)	Metric Distance (miles)	Half-Metric Distance (miles)
SAG1	22.1	22.1	n/a
SAG2	40.9	40.9	n/a
SAG3	62.2	n/a	n/a
SAG4	75.5	n/a	n/a
SAG5	88.5	52	19.7
finish	104.9	68.4	36.2

Every rider will have an orange wristband - see photo below. Call that number if you need support and you're not at one of our SAG stops. 502-551-5396



Restaurants / Eateries / Hangouts

Here is a list of locations that are not “chains”

Restaurant	Address	Category
El Acapulco ONE OF OUR SPONSORS!	918 North Dixie Highway	Mexican Sitdown
Houszin' Sandwiches	1507 North Dixie Highway	Banh Mi/Vietnamese
Bourbon Barrel Tavern	110 West Dixie Avenue	Bar/Beer/Brewery/Winery
Cavern Club	70 Public Square	Bar/Beer/Brewery/Winery
Doc's Pour House	124 West Dixie Avenue	Bar/Beer/Brewery/Winery
Flywheel Brewing	218 South Mulberry Street	Bar/Beer/Brewery/Winery
Revival Vintage Spirits	220 Heim Street	Bar/Beer/Brewery/Winery
The Straight & Narrow Neighborhood Bar	125 East Dixie Avenue	Bar/Beer/Brewery/Winery
Waters Edge Winery & Bistro	114 South Mulberry Street	Bar/Beer/Brewery/Winery
Bub's Cafe	611 West Poplar Street	Breakfast & Brunch
Double Dragon Chinese Restaurant	200 Sycamore Street	Chinese
Family Buffet Chinese Restaurant	121 Towne Drive	Chinese
Green Bamboo Chinese Restaurant	902 North Dixie Highway	Chinese
Hong Kong Chinese Restaurant	600 North Miles Street	Chinese
Kingdom Buffet	611 West Poplar Street	Chinese
Amazin Glazin Donuts	515 North Mulberry Street	Coffee & Donuts & Tea
Bean Cove	1609 North Dixie Highway	Coffee & Donuts & Tea
E-town Donut	607 East Dixie Avenue	Coffee & Donuts & Tea
OMG Donuts	611 West Poplar Street	Coffee & Donuts & Tea

Vibe Coffee	1811 North Dixie Highway	Coffee & Donuts & Tea
Vibe Coffee	34 Public Square	Coffee & Donuts & Tea
Yokefellow Coffee Roasters	614 East Dixie	Coffee & Donuts & Tea
Gulf Coast Connection (AB Seafood Market)	654 East Dixie Avenue	Fish & Seafood
109 N Mulberry German-American Cafe	109 North Mulberry Street	German
Gyro House	1509 North Dixie Highway	Greek/Gyro/Mediterranean
Sam's Gyros	1611 North Dixie Highway	Greek/Gyro/Mediterranean
Woo Hoo II Gyros & Fries	420 North Mulberry Street	Greek/Gyro/Mediterranean
A Sweet Retreat Bakery	1609 North Dixie Highway	Ice Cream/Gelato/Dessert
Bloom Bakery	950 North Mulberry Street	Ice Cream/Gelato/Dessert
Dewster's Homemade Ice Cream & Bakery	914 North Mulberry Street	Ice Cream/Gelato/Dessert
Dreamery Gelato	114 East Dixie Avenue	Ice Cream/Gelato/Dessert
Kuddy's Sips And Sweets (Outside Social Food Hall)	110 South Main Street	Ice Cream/Gelato/Dessert
Namaste Indian Cuisine & Bar	1609 North Dixie Highway	Indian
Capri's Italian Restaurant	212 Commerce Drive	Italian
Ginza Hibachi & Asian Bistro	1705 North Dixie Highway	Japanese
Kansai Japanese Steakhouse	1611 North Dixie Highway	Japanese
SIM Sushi & Steak	2407 Ring Road	Japanese
Social Food Hall's Wasabi Asian Bistro	110 South Main Street	Japanese
Wasabi Asian Cuisine & Sushi Bar	1609 North Dixie Highway	Japanese
El Tapatio	211 Towne Drive	Mexican Sitdown
La Paloma Mexican Restaurant	3046 Dolphin Drive	Mexican Sitdown

Las Chalupas Mexican Restaurant	1007 North Mulberry Street	Mexican Sitdown
Los Nopales Mexican Restaurant	1306 North Dixie Highway	Mexican Sitdown
Mexico Lindo	1111 North Dixie Highway	Mexican Sitdown
Mi Jalisco	2414 Ring Road	Mexican Sitdown
Taqueria Azteca	2622 Ring Road	Mexican Sitdown
FireFly Nutrition	111 Layman Lane	Nutritional Smoothies & Drinks
Jungle Nutrition	910 North Dixie Highway	Nutritional Smoothies & Drinks
Mulberry Nutrition (Loaded Teas)	604 North Mulberry Street	Nutritional Smoothies & Drinks
Wishing Well Nutrition	4601 North Dixie Highway	Nutritional Smoothies & Drinks
Impellizzeri's	14 Public Square	Pizza
Little Charlie's Pizza	2030 North Dixie Highway	Pizza
Social Food Hall's Maillard Wood Fired Kitchen	110 South Main Street	Pizza
Social Food Hall's StrEAT Kitchen	110 South Main Street	Quick Service
Back Home Restaurant	251 West Dixie Avenue	Sitdowns & Buffets
HubHaus	109 South Main Street	Sitdowns & Buffets
J.R. Neighbors	75 Public Square	Sitdowns & Buffets
Laker On Dixie	226 West Dixie Avenue	Sitdowns & Buffets
Del Valle Kitchen	45 Public Square	Tacos/Southwest/Tex Mex
Juanito's Street Tacos	611 West Poplar Street	Tacos/Southwest/Tex Mex
Papi's Tacos And More	1607 North Dixie Highway	Tacos/Southwest/Tex Mex
2B Thai	3040 Ring Road	Thai

