



Trophies Awarded
for top female and male runners.

Individual Medals
will be awarded to the top 3 females and males in
the following age categories:
9 & under / 10-14yrs / 15-19yrs /
20-29yrs / 30-39yrs / 40-49yrs /
50-59yrs / 60-69yrs / 70-79yrs / 80yrs +

**TEE-SHIRTS TO THE FIRST
150 REGISTRATIONS**

REGISTRATION FEES

**EARLY BIRD THROUGH AUGUST 31
FEE = \$25.00**

**SEPTEMBER 1 - Race Day
FEE = \$40.00**

**mail in registration form or
register on-line at:
[https://runsignup.com/
lpusa2505k](https://runsignup.com/lpusa2505k)**



**Complete the registration form
and submit to:
Borough of Lincoln Park Recreation
34 Chapel Hill Rd
Lincoln Park, NJ 07035
OR
register on-line at
[https://runsignup.com/
lpusa2505k](https://runsignup.com/lpusa2505k)**

**proceeds to provide safety and
other essential equipment at the
Lincoln Park Beach Club to benefit
seniors and members with special needs**

DONATIONS ARE WELCOME

**Mail to Borough of Lincoln Park - 5K
or donate on-line at:
[https://runsignup.com/
lpusa2505k](https://runsignup.com/lpusa2505k)**

***Lincoln Park
USA-250 5K
Walk/Run***
**Sponsored by:
Lincoln Park Recreation**



Saturday, October 10, 2026

**Race Starts: 9:00am
CHIP Timing at Start & Finish Lines
[https://runsignup.com/
lpusa2505k](https://runsignup.com/lpusa2505k)**

**Race Director: Janet Cassidy
JCassidy@bolp.org
34 Chapel Hill Road
Lincoln Park, NJ 07035

Borough of Lincoln Park
www.lincolnpark.org**

Lincoln Park USA-250 5K

2026 5K Walk / Run

proceeds to provide safety and other essential equipment at the
LP Beach Club to benefit our Seniors & members with special needs.

What: 5k Run or 2 Mile Walk (rain or shine)

When: Saturday, October 10, 2026 / 5K start time: 9am

Course: 5k & 2 mile walk begin at the LP Train Station, Park Ave Lincoln Park, NJ

The 5K Run and the 2 mile walk both end at Walgreen's on Beaverbrook Road

Results by Compuscore / ONLY RUNNERS WILL RECEIVE BIBS FOR TIMED RESULTS

AWARDS WILL BE PRESENTED AFTER THE RACE AT THE PAL / COMMUNITY CENTER

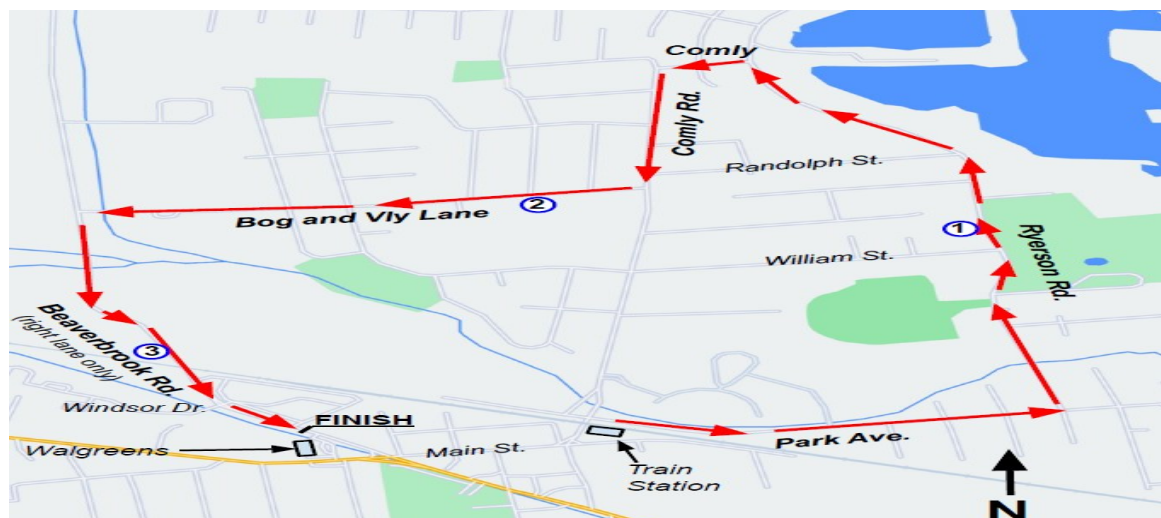
Early Packet Pick-Up: Fri, Oct 9 from 10am - 4 pm

LP PAL/Community Ctr., 10 Boonton Tpke, Lincoln Park, NJ

Registration: <https://runsignup.com/lpusa2505k>



2026 FLAT COURSE - 5K RACE



2-MILE WALK

Depart train station to Comly Road - Bog-N-Vly to Beaverbrook Road

STROLLERS ARE PERMITTED / DOGS ARE PERMITTED ON RACE COURSE ONLY

NO BIKES / NO ROLLERBLADES / NO REFUNDS

NO DOGS/PETS IN THE COMMUNITY CENTER FOR AWARDS

Entry Form for the LP 5K / Walk

NO REFUNDS

Make Checks Payable to: "Borough of Lincoln Park - 5K"

Mail this entry form and check to: Borough of Lincoln Park - Recreation, 34 Chapel Hill Road, Lincoln Park, NJ 07035

Questions: Janet Cassidy 973-694-6100 ext 2044 or jcassidy@bolp.org

CASH OR CHECK

ONLY ON RACE DAY

Last Name:

First Name:

DOB:

Age on

Race Day:

Address:

City/State/Zip:

Phone #

E-Mail:

Waiver & Consent: I acknowledge that I am or my child is in suitable physical condition to participate in the recreation program, activity, sport, trip or event that I have registered for or have registered my child for & I hereby assume any risks involved by such participation. I certify that I am or my child is fully capable of participating in this recreational program, activity, sport, trip or event & that I do not have or my child does not have any physical or mental disability that would restrict full participation. For me & on behalf of my child, I do hereby waive, release, indemnify & hold harmless the Borough of Lincoln Park, its directors, superintendents, employees & volunteers from any liability & for any injury or damages that may be suffered by me or my child in the course of participation in the recreation program, activity, sport, trip or event & the activities incidental thereto, whether the result of any negligence or any other cause. In the event I am unable or unavailable to do so, I grant permission to receive or have my child receive emergency professional medical care as deemed necessary by the Recreation Staff. I agree to abide by the Rules & Regulations of the Lincoln Park Recreation Department & those of the venue that the Lincoln Park Recreation Department is visiting.

Photo Waiver Acknowledgement: Lincoln Park Recreation reserves the right to photograph attendees throughout the course of their events. As an attendee &/or on behalf of my child, I hereby grant permission to the Borough of Lincoln Park, its directors, superintendents, employees & volunteers to photograph me &/or my child & use the images solely for public relations purposes &/or the social media pages of the Borough of Lincoln Park. I do hereby waive, release, indemnify & hold harmless the Borough of Lincoln Park, its directors, superintendents, employees & volunteers from any liability &/or for any injury or damages that may be suffered by me or my child as a result of the taking or use of the photograph & images obtained in the course of participation in the recreation program, activity, sport, trip or event & the activities incidental thereto, whether the result of any negligence or any other cause.

Signature

Parent Signature (if under 18)

NO REFUNDS

NO REFUNDS

circle one 5K RUNNER 2-MILE WALKER	circle one SHORT SLEEVE TEE SIZE UNISEX: S M L XL LADIES: S M L XL (XXL + addtl \$10)
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