

# San Lorenzo River Trail Run Course Map

Aid Station  
(Henry Cowell)

Orange Loop  
(5 mi)

Observation Deck

River Crossing

Hwy 9 (Turnaround - 10 Km)

## Key:

10 Km = Yellow Out/Back

Half = Pink Out/Back

Marathon = Half Marathon (twice!)

30 Km = Pink to Henry Cowell Aid Station +  
Orange Loop (5 mi, counterclockwise) +  
Pink to Start/Finish

50 Km = 30 Km + Half Marathon

Lookout

Harvey West

Start/Finish  
(Harvey West Park)

