

**Directions to Christ our Light:**

From the NJ Turnpike: Take Exit 4 to Route 73 North, going approximately a mile, get onto RT 38 West and immediately exit onto 41 South (Kings Highway, towards Haddonfield). Church is approximately one mile on the right.

From I-95 and Philadelphia: Go over Ben Franklin Bridge on 676 (US 30). Continue on 70 East for approximately 4 miles and take jug-handle for 41 North (Kings Highway) Church is about a mile on the left.

From I-295 in New Jersey – Take Exit 34B To Route 70 West. In approximately a mile, take Exit for 41 North (Kings Highway) and church is about a mile on the left.

**Send Registration and Donations to:**

CPT Greg Dalessio Foundation  
P.O. Box 8272  
Cherry Hill, NJ 08002

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Or Register online  
at  
[www.SJTiming.com](http://www.SJTiming.com)

Email:  
[timothy.j.pagano@gmail.com](mailto:timothy.j.pagano@gmail.com)

For Results:  
[www.SJTiming.com](http://www.SJTiming.com)

**13<sup>th</sup> Annual CPT Gregory T. Dalessio  
Memorial 5K Run / Walk  
December 4<sup>th</sup> 2021**



**Catholic Community  
of Christ our Light  
402 North Kings Highway  
Cherry Hill, NJ 08034**

In-Person Registration Start:  
6:45 AM-7:45AM  
5K Run/Walk: 8:00 AM



**About Gregory Dalessio:** On Monday June 23rd 2008, Greg gave his life serving his country during combat operations in Salman Pak, Iraq.

Always with a smile on his face, Greg touched the lives of others through his everyday actions and genuine kindness. Whether with family, friends, or co-workers, Greg always found a way to make people feel special and important.

Greg has always been a hero to his family, demonstrating how others are supposed to be treated and how to love unconditionally.

#### Participant Registration:

Name: \_\_\_\_\_

Age: \_\_\_\_\_ Sex : \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

Runner or Walker (Circle One):      **R**      **W**

T-shirt size:      S      M      L      XL      XXL

Registration Fee: \$25

Donation: \$ \_\_\_\_\_

Please make all checks payable to: Capt. Gregory T Dalessio Memorial Foundation

**All donations are tax deductible**

Total Enclosed: \$ \_\_\_\_\_

**Waiver:** In consideration of this entry acceptance, I, my heirs, executors and administrators hereby waive any rights of claim for damages I may have against SJ Timing, all-cosponsors, or any individual associated above for any and all injuries sustained by me in this event. I will additionally permit the use of my name and pictures in broadcasts, telecasts, newspapers, brochures, etc. I also understand that the entry fee is non- refundable and non-transferable. I further attest and verify that I am physically fit and have sufficiently trained for competition and my physical condition has been verified by a licensed medical doctor. **THIS WAIVER MUST BE SIGNED BY EACH PARTICIPANT REGISTERED.**

**Signature of athlete:** (Signature of parent or guardian if under 18 years)

**Date:** \_\_\_\_\_

IF ATHLETE IS UNDER AGE 18: This is to certify that my son/daughter has my permission to compete, is in good physical condition, and that race officials have my permission to authorize emergency treatment if necessary.

#### Race Highlights:

Long-sleeved T-shirts to first 250 registrants

Water and refreshments at finish

Trophies to the top 3 overall males and females  
Medals to the top 2 finishers (male and female) in each category:

14 & under	50-59
15-29	60-69 (M)
30-39	60 and over (F)
40-49	70 and over (M)