

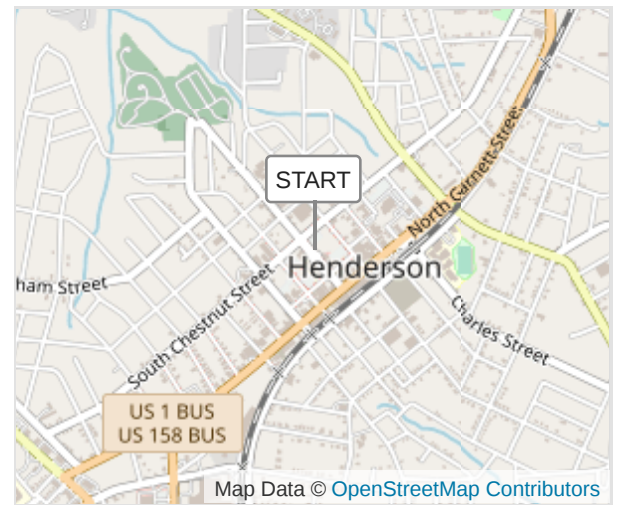


2026 Keep Pressing 5K

ROUTE INFORMATION



ROUTE LENGTH	3.281 miles
ASCENT	85 ft
DESCENT	82 ft
HILLS	⬆ 32.8% ⬇ 32.8% ➡ 34.5%
TERRAIN	Road A
START	LAT: 36.327690, LNG: -78.404843



NOTES

2026 Keep Pressing 5K



ROUTE DIRECTIONS

No	Miles	Turn	Directions
1	0.106	➔	Turn right onto South Garnett Street
2	1.003		Keep right onto North Garnett Street
3	1.031		Keep right onto North Garnett Street
4	1.620	➔	Turn left
5	3.281		FINISH