



Runners- for a seamless experience please become familiar with our race week details below.

Sunday May 12th, 2024, the annual Running Is Back takes place at Liberty State Park. The 10K start time is 8:30am while the 5K starts directly after at 8:40am with a special surprise for all the moms on Mother's Day.

Our USATF certified course is fast/flat with minimal turns. All runners will be chip timed and ranked by age groups. The course runs parallel to the New York City skyline, Ellis Island, The Statue of Liberty, and The Brooklyn Bridge. The route is meticulously marked with cones, arrows, water stations, and mile markers. All runners will get professional photos, water stations, giveaways from sponsors, music on course, finish zone with food and more. **Only 10K runners will get a finisher's medal.**

Early Packet Pick Up: Saturday, May 11th at [3 2nd St, Jersey City, NJ 07302](#) - this is the foot of Second Street at the turn around you will see a tent where you can pick up your shirt and bibs. *To avoid delays on race day morning early packet, pick up is strongly suggested.*

You can also collect bibs on race day morning please arrive at least 30-45 minutes prior to the race start time.

AWARDS: Overall top 3 male and female. Age group awards will be awarded to the top three in each the following age group: 19 and under, 20-29, 30-39, 40-49, 50-59, 60-69 and 70 and over for both the 10K and 5K. You must stay to receive your awards, if you place, we are not able to ship medals.

WAVES: Please line up according to your pace per mile. Faster runners in the front, joggers in the middle, and walkers please start towards the back.

Race Address: Enter in your GPS: [Statue of Liberty Parking](#) | 30 Audrey Zapp Drive, Jersey City NJ 07305. The start line is directly behind this parking lot found at the North Cove of Liberty State Park.

Parking: [30 Audrey Zapp Drive](#) is the Ferry Parking Lot where you can park. There are also other parking lots at the park you can use.

TIMING: ALL runners are chip timed. Paper results will not be available for this race. Results will live on RUNSIGNUP and will be sent via text message to all runners.

Bag Check: There will be FREE bag check available for those who need it. However, where possible please leave your belongings in your car.

2024 Finisher's Medals: 10K runners will receive our custom 2024 finisher's medal when they cross the finish line. **Medals are not available for 5K runners.**

Professional photography: All runners will have FREE photos from the race emailed within 72 hours of the event.

Volunteers: Volunteers are welcome and much needed from 7-11 am. Please join [here](#) to volunteer or meet us by 7am at the registration tables.

We look forward to seeing friends and family, and all spectators cheering you on.

Any questions, please send us an email: info@citychallengerace.com