

Lake Chabot - Aid Stations

	Distance (mile)	Next Aid (mile)
8K		
1. Lake Chabot Marina (Finish)	4.8	
Half Marathon		
1. Marciel Rd.	4.3	4.2
2. Clyde Woolridge	8.6	4.5
3. Lake Chabot Marina (Finish)	13.1	
30K		
1. Marciel Rd.	4.3	4.2
2. Clyde Woolridge	8.6	4.5
3. Lake Chabot Marina (S/F)	13.1	4.8
4. Lake Chabot Marina (Finish)	17.9	
Marathon		
1. Marciel Rd.	4.3	4.2
2. Clyde Woolridge	8.6	4.5
3. Lake Chabot Marina (S/F)	13.1	4.3
4. Marciel Rd.	17.4	4.2
5. Clyde Woolridge	21.6	4.5
6. Lake Chabot Marina (Finish)	26.2	
50K		
1. Marciel Rd.	4.3	4.2
2. Clyde Woolridge	8.6	4.5
3. Lake Chabot Marina (S/F)	13.1	4.3
4. Marciel Rd.	17.4	4.2
5. Clyde Woolridge	21.6	4.5
6. Lake Chabot Marina (S/F)	26.2	4.8

7. Lake Chabot Marina (Finish)	31.0	
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