Avoca United Methodist Church



RUNNER/WALKER REGISTRATION FORM Race Day: October 11, 2014

Start Time: 10:30 am Starting Line: 8905 Avoca Rd (Avoca Church)

Registration and Packet Pickup: 9:00 am - 10:00 am

Please have your registration form turned in before September 17, 2014

Pre-Race Registration Entry Fee - \$20

Includes T-Shirt and will receive a 5K medal upon completion

After Pre-Race Registration Entry Fee - \$20 per runner/walker With limited t-shirts available, while supplies last

After Pre-Race Registration Entry Fee - \$15 per runner/walker Without t-shirt

Single Entry Form

Please accept my entry in the Avoca United Methodist Church Family Fun Run/Walk. I state that I believe that I am physically fit for the event I enter. In consideration of your accepting my participation, I hereby for myself, my heirs, executors, administrators, do release and discharge the Avoca United Methodist Church, St. Clair County Road Commission, St. Clair County Parks and Rec, Avoca United Methodist organizers, sponsors and all persons officially connected with the Avoca United Methodist Church from and against all damages or actions which may arise out of my traveling to, participating in and returning from this event. Signature (if runner/walker is under 18 years of age, parent must sign below) Date Parent/Guardian (The above mentioned parent or guardian consents to the applicant's participation and waives all rights and claims for damages and/or injuries as set out above) Name (please print) Telephone Number Address City Zip Code **Email Address Emergency Contact** Telephone Number Age ___ Sex: Male ___ Female ___ Run ___ Walk __ Shirt Size: S M L XL 2XL 3XL 4XL Have you raced a 5K before: Yes / No If so what is your average time:

Please Make Checks Payable to: Avoca UMC Mail Form to: Avoca United Methodist Church PO Box 233 Avoca, MI 48006