

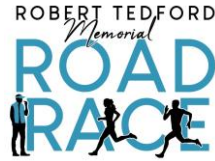


ROBERT TEDFORD MEMORIAL ROAD RACE

INFORMATION AND COURSE MAP



NOVEMBER 4, 2023
ROBERT TEDFORD MEMORIAL PARK
45 SADDIS MILL ROAD



ON-SITE REGISTRATION & CHECK-IN
BEGINS AT 8:00 a.m. on Saturday, Nov. 4
Robert Tedford Memorial Park
45 Sadds Mill Road, Ellington CT

Thank you for participating in the fourth annual Robert Tedford Memorial Road Race in celebration of our town's late Recreation Director Robert Tedford. Please read the important information below to help make your race day experience easier, more fun for all, and most importantly, SAFE.

1. Check-in and on-site registration opens at 8:00 am at the Robert Tedford Park (see attached park map layout). Please plan to arrive early enough to process through check-in and get your race swag before race starting time. Swag is available for the first 100 pre-registered participants, preferred sizes are first come, first served and are not guaranteed.
2. Parking: On-site parking at Robert Tedford Memorial Park is limited. Overflow parking is located just down the street at the grass parking lot across from the golf course and adjacent to the park soccer fields.
3. Roads are open until the race begins at 9:30AM. Please avoid warming up on the roads. See attached course map for the exact start and finish locations.
4. Bathrooms are located at the Park Pavilion.
5. There will not be water/hydration stations on the 5K course. All participants will be required to supplement their own hydration. We will be providing complimentary water after the race.
6. Opening Ceremony: Begins at 9:00AM where remarks honoring Robert Tedford will be made. Immediately following will be the playing of the national anthem.
7. Start: The race will start promptly at 9:30AM. We have chip timing, so your time starts and ends when you cross the start/finish line.
8. Finish: The first 200 finishers will receive a commemorative medal as the finish line is crossed. Once the final runners complete the course, plaques will be awarded to the top overall male and female race winners.

Thank you again for supporting a great cause and in celebrating Mr. Tedford's legacy in the best way we know how to. If you have any other questions please reach out to recreationstaff@ellington-ct.gov.

Robert Tedford Memorial Road Race



Race Start: 9:30 AM

Race End: 10:45 AM

5k Course: Start at 77 Sadds Mill Rd. Head West on Rte 140 to a right on Muddy Brook Rd, Right on Jobs Hill Rd, Right on Rte 140. Right into Tedford Park Entrance to Finish at Flag Pole near Pavilion.

Start: 18 ft West of Pole 1300 in front of #77 Sadds Mill Rd.

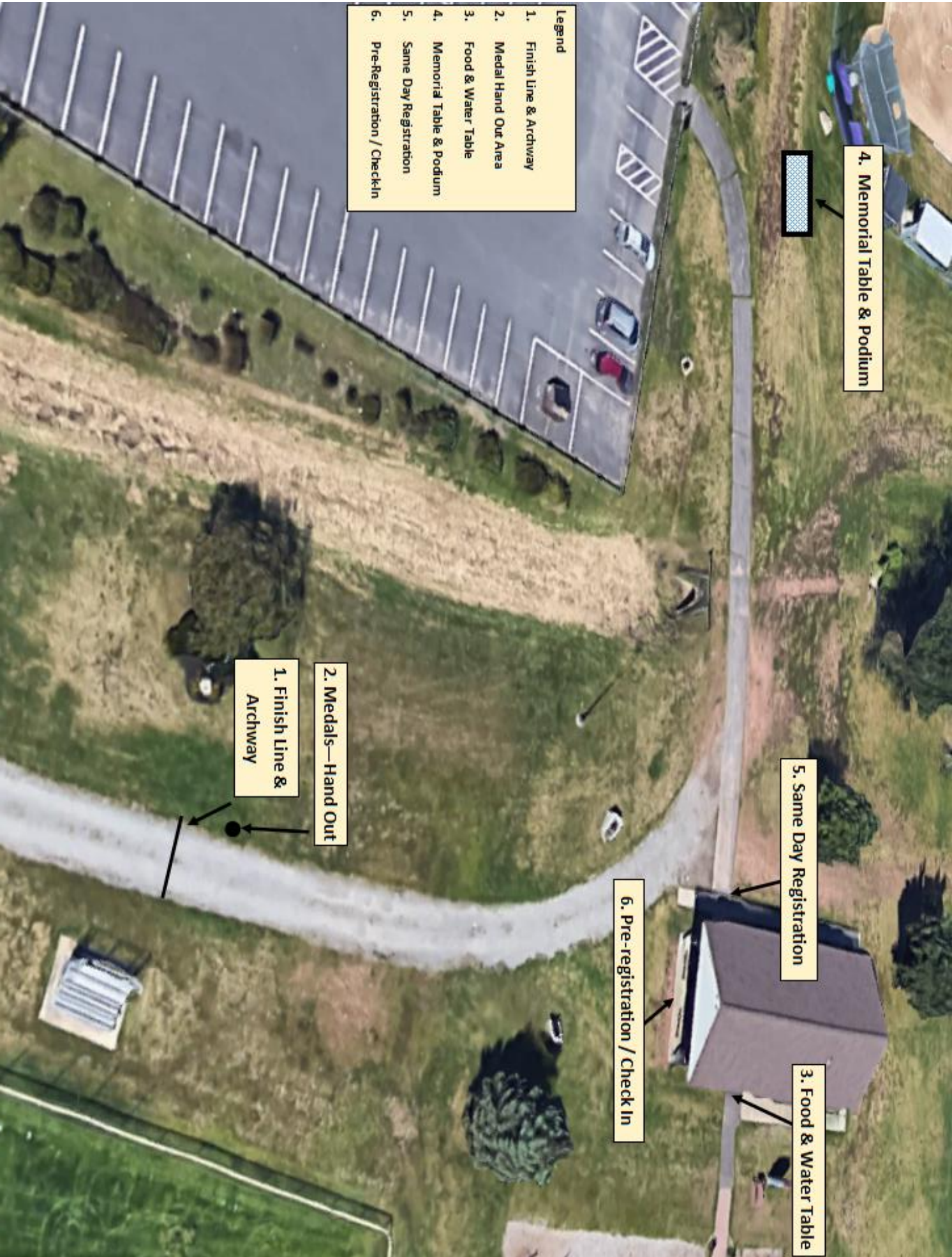
Finish: 9 ft South of Flag Pole near Pavilion

Mile #1: 22 ft West of Mailbox at 90 Muddy Brook Rd.

Mile #2: 15 ft North of Mailbox at 46 Jobs Hill Rd.

Mile #3: 16 ft West of Pole 279 on Rte 140.





4. Memorial Table & Podium

5. Same Day Registration

3. Food & Water Table

6. Pre-registration / Check In

2. Medals—Hand Out

1. Finish Line & Archway

- Legend**
- 1. Finish Line & Archway
 - 2. Medal Hand Out Area
 - 3. Food & Water Table
 - 4. Memorial Table & Podium
 - 5. Same Day Registration
 - 6. Pre-Registration / Check In