

# Race Guide



## Packet Pickup Instructions:

✓ Wednesday November 23, 2016 1pm to 7pm
 1435 Main St. Cedar Park, Texas 78613
 (Community Conference Rooms proceed to back of building)



### **V** Race Site:

November 24, 2016 7:30 AM-8:30 AM Kids K 7:30 AM-9:45 AM

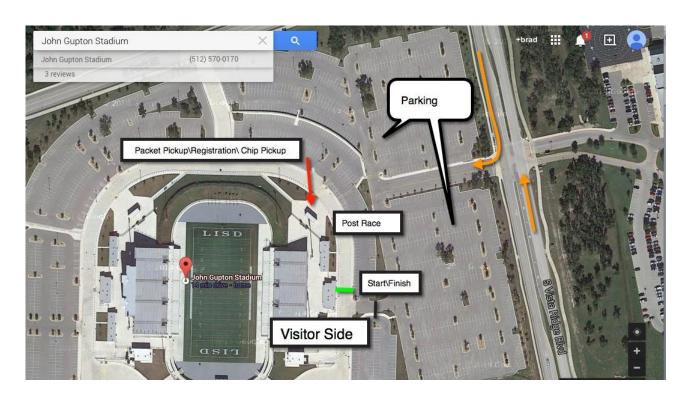
200 Gupton Way Cedar Park, Texas 78613 *Visitor Side* 



## Parking Instructions:

- √ Please plan on arriving onsite for the 5K before 8:30AM
- √ If you are only doing the Kids K please be there before 8:30 AM
  or after 9:15 or park at Vista Ridge High School and walk across
  the street.

Visitor Side Parking will be closed from 9 am to 9:15 AM to allow the 5K to cross over entrance



- √ Gupton Way will be closed to all traffic starting at 5:30AM
- √ Please use Vista Ridge Parkway to park for the race



#### Course Instructions: 5K

- **✓** Aid Station is Located at Mile 1.75 (Water only)
- √ Mile Markers 1, 2, 3
- **✓** Directional signs yellow with black arrows
- **∀** You will have one lane coned off from Traffic
- **✓** Police Officers at all major intersections
- √ Medical will be at Finish Line
- Website for detailed Course Layout
- **✓ Dogs allowed**
- √ Strollers are allowed
- **✓** Walking is allowed

#### **Course Instructions: Kids K**

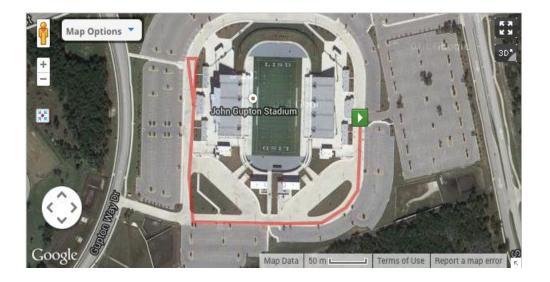
- **✓ Kids K is inside the stadium**
- √ It will use the same Start and Finish Line
- **✓** It is a out and back course
- √ Each child will receive a custom finisher's product
- **✓** Parents are welcome to run with children
- **✓✓** See website for detailed course layout



Course View: 5K



Course View: Kids





#### Post Race:

- **∀** Water and Soda at Finish line
- **✓** Cookies, Fruit, Snacks, Drinks
- **✓ Music, Fun, Go Home eat Turkey**

#### Awards: 5K

- **12 and Under, 13-19, 20-29, 30-39, 40-49, 50-59,** 60-69, 70 and Over, Overall Male and Female
- **✓ Awards will begin shortly after Kids K 10:30AM**

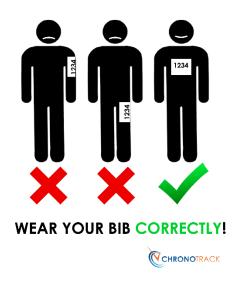
#### **Inclement Weather Plan:**

- **∀** We will run as long as city officials, race management deem the conditions safe to do so.
- **∀** We will delay first up to 30 mins to a hour and then look at starting or modifying course
- **∀** We will communicate via email, text, facebook of any changes or updates based on weather
- **∀** We monitor the weather and road conditions a week prior to the event and throughout the week and race morning



## **Timing Instructions: (Very Important) 5K only**

#### WANT TO GET YOUR RESULTS?



Kids K will be clocked time for fun



Race Layout:



# General Information:

- √ Receive one custom bib at Packet Pickup
- √ Receive one Dri-Fit Blend T-Shirt at Packet Pickup
- *∀V Bring Photo ID to receive your packet*
- √You may pick up a family member or friend's packet as long as you have an email from them stating you can pick up the

packet.



the

 $\sqrt{\ }$ You will receive the shirt you signed up for on the online registration. If you need to

exchange you may at the registration desk at the end of

Race on Thursday. If we do not have your size and you wish to have your exact size, We will be happy to order you one.

Due to the holiday business hours with event vendors, Race Management based our

order on historical trending of shirt sizes, we try our best to make sure we order enough shirts for everyone who desires one, this is not always possible based on the need to order the Shirts in advance. Each year it is getting more difficult to gauge the number of shirts needed based on trends of registering later in the process. We apologies in advance and will be happy to take your size down and order a shirt for you.

www.runcedarpark.com

Run Cedar Park is proud to announce the Fit Families Series of events starting in 2017. Each race is for the whole family, Family Friendly venues, music, courses.

#### (Walkers, Strollers, all levels of fitness)

Jan. Resolution Day 5KFeb. No Ego Love 5K

April Cedar Park Uptown Classic 10K, 5K

May Stars N Stripes 5K Sept. Back to School 5K Oct Fable Fest 5K

Nov. Cedar Park Turkey Day 5K

Dec Santa Hustle

Stay tune for more details like the Run Cedar Park Facebook for up to date information or Join our Run Cedar Park Newsletter. Resolution Day 5K registration opens on Black Friday.

## Official Charity of the Cedar Park Turkey Day 5k



Please bring a Unwrapped toy and place the toys in the blue barrels found in the post area. (optional)



# 2016 Sponsors

## Thank you for your support











Vista Ridge Cross Country Team No Ego Apparel Race for a Reason Eventsolution365 Immaculate Outdoors