

Montara Mountain - Aid Stations

	Distance (Mi)	Next Aid
10 Km		
1. Walnut Grove (Finish)	5.9	
Half Marathon		
1. Walnut Grove (S/F)	7.4	5.7
2. Walnut Grove (Finish)	13.1	
20 mi		
1. Walnut Grove (S/F)	7.4	5.7
2. Walnut Grove (S/F)	13.1	7.6
3. Walnut Grove (Finish)	20.7	
Marathon		
1. Walnut Grove (S/F)	7.4	5.7
2. Walnut Grove (S/F)	13.1	7.6
3. Walnut Grove (S/F)	20.7	5.7
4. Walnut Grove (Finish)	26.4	
50 Km		
1. Walnut Grove (S/F)	7.4	5.7
2. Walnut Grove (S/F)	13.1	7.6
3. Walnut Grove (S/F)	20.7	5.7
4. Walnut Grove (S/F)	26.4	4.6
5. Walnut Grove (Finish)	31.0	