

The Red Cedar Salmon Run 2015

Sunday October 18th, 2015



Location: The Campus of MSU (At the MSU Auditorium)

Start Time: 10:00a.m.

Course: The West Course 5K (Run or Walk)

Awards: Award to overall and Master Winner. Medals to top 3 places in age group.
Special fish oriented prizes will be given out, TBA
Chip timing by the Michigan Running Foundation

Age Groups: 12 & under, 13-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

Entry Fee: By September 25, 2015 to be guaranteed a t-shirt : **\$20** **Race Day: \$25**

Registration: Make check payable to and mail to:

Michigan State University Project F.I.S.H., 480 Wilson Road Room 13, East Lansing, MI 48824

Packet Pickup: Day of the Event beginning at 8:00 AM

Information: This is the second year of the Red Cedar Salmon Run on the campus of Michigan State University. This race is designed to bring recognition to the actual salmon run that is happening at that time on the Red Cedar River and highlight mid-Michigan schools participating in the Salmon in the Classroom Program. Proceeds from this event will benefit The Project F.I.S.H. Fund, which supports Project F.I.S.H. a sportfishing and aquatic resource education program out of the MSU Department of Fisheries and Wildlife.
<http://www.projectfish.org>



Register on-line at <https://runsignup.com/Race/MI/EastLansing/TheRedCedarSalmonRun>
Or Mail in this form to The Salmon Run, 480 Wilson Rd. Rm 13, East Lansing MI 48824. For more information about the event or becoming a sponsor contact Mark Stephens at 517-614-4474 or steph143@msu.edu

Last Name _____ **First Name** _____ **Home Phone** _____

Gender: (Circle one) **M** **F** **Age on Race Day:** _____ **Email** _____

Shirt Size: (Circle one) **S** **M** **L** **XL**

Entry Fee: September 25th 2015 : **\$20** **Race Day: \$25**

Waiver: I realize that running a 5K race is a potentially hazardous activity. I should not enter and run unless I am medically & physically able to do so. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risk associated with the event including but not limited to falls, contact with other participants, effects of weather including high heat and or humidity, and traffic and course conditions. Having read this waiver & understanding these facts, I, for myself & anyone entitled to act on my behalf, waive & release Michigan State University and its Board of Trustees & all other race workers, volunteers, or sponsors of the Red Cedar Salmon Run from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all the foregoing to use any photos, video, recordings or any other record of this event for any legitimate purposes.

Participants Signature

Parent's Signature if under 18

Date Signed