

## Lake Chabot - Aid Stations

	Distance (mile)	Next Aid (mile)
<b>8K</b>		
1. Lake Chabot Marina (Finish)	4.8	
<b>Half Marathon</b>		
1. Marciel Rd.	5.1	3.5
2. Clyde Woolridge	8.6	4.5
3. Lake Chabot Marina (Finish)	13.1	
<b>30K</b>		
1. Marciel Rd.	5.1	3.5
2. Clyde Woolridge	8.6	4.5
3. Lake Chabot Marina (S/F)	13.1	4.8
4. Lake Chabot Marina (Finish)	17.9	
<b>Marathon</b>		
1. Marciel Rd.	5.1	3.5
2. Clyde Woolridge	8.6	4.5
3. Lake Chabot Marina (S/F)	13.1	5.1
4. Marciel Rd.	18.2	3.5
5. Clyde Woolridge	21.6	4.5
6. Lake Chabot Marina (Finish)	26.2	
<b>50K</b>		
1. Marciel Rd.	5.1	3.5
2. Clyde Woolridge	8.6	4.5
3. Lake Chabot Marina (S/F)	13.1	5.1
4. Marciel Rd.	18.2	3.5
5. Clyde Woolridge	21.6	4.5
6. Lake Chabot Marina (S/F)	26.2	4.8

7. Lake Chabot Marina (Finish)	31.0	
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