

RACE DAY EVENTS

Course begins and ends at Amherst Steele High School, 450 Washington Avenue, Amherst, OH 44001.

Times:

Registration: 7:00AM = Steele Gym Lobby

1/4 Mile Silly Run: 8:30AM= K-5th grade

1/2 Mile Funny Run: 9:00AM= 6-8th grade

5K Run: 9:30 AM

Features:

- Walkers welcome!
- Chip timing for 5K participants
- Post-race food and refreshments
- Dog and stroller division!
- Tek T-shirts for first 300 paid 5K entries

Awards

5K: Trophy to Overall and Master's Men's & Women's champions. Medals to top 3 in each age group, and a costume contest!

Youth runs: Ribbons to all finishers

Registration:

Register online at HermesCleveland.com

- Online registration closes 10/30 @ 9am

Or complete form & mail payment to:

2425 West 11th Street, Suite 2

Cleveland, OH 44113

- Please make checks payable to:

Hermes Sports & Events

- Mail registration is due 10/21

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(440) 365-1681

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23RD ANNUAL AMHERST 5K SKELETON RUN SUNDAY, 10/30/2022

Proceeds to benefit RUNAMHERST.COM

Entry Form

I hereby understand that upon my entry into the Amherst Skeleton Run 5K, 1/2, or 1/4 Mile Run, I waive any and all claims for damages that I may have against Amherst Schools, City of Amherst, or anyone involved in the production of this race, regarding any and all injuries suffered by me while running, traveling to or from, or participating in this event, for myself, my heirs and/or assignors.

Signature _____

(Parent/Guardian if under 18)

Name: _____

Birth Date: _____ Age: _____ Sex: M F

Address: _____

City: _____ St: _____ Zip: _____

Phone: _____

E-mail : _____

Entry Fees (NO REFUNDS): (Please check one)

Event	Pre-Registration	Day of Race
<input type="checkbox"/> 5K Run (open to all)	\$20.00	\$25.00
<input type="checkbox"/> 1/2 Mile Kid's Run (8th grade & under)	Free	Free
<input type="checkbox"/> 1/4 Mile Kid's Run (5th grade & under)	Free	Free

Shirt Size (please circle one)

Race Shirt Sizes: YM YL S M L XL XXL

- ☐ I do not want a T-Shirt

For more information, call (216)623-9933

Age Groups: 11 & under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & up