

BOO to you and your crew! We are excited to welcome you to the Monster Mayhem 5K and Monster Mile this fall!

We hold the health and safety of all participants, staff and spectators as our highest priority. We have adopted the below safety measures and guidelines for our event.

*Monster Mayhem 5K and Monster Mile will be following the CDC guidelines that have been set forth at the time of the event. We are excited to offer safe, in-person racing this fall!*

Those experiencing COVID-19 symptoms are not permitted on-site. The CDC's list of symptoms is [here](#). The Monster Mayhem Race Director retains the right to ask anyone displaying symptoms to leave for the safety of all attendees and staff.

- Hand sanitizer will be made available at registration.
- We encourage pre-race registration online to decrease on-site race registration lines.
- Stay connected with us by opting into the RunSignup text alert service while registering, allowing the race director to communicate announcements with you directly.
- We are encouraging runners to move away from the finish line area as soon as they have finished.
- We ask spectators not to crowd the finish line area and to remain socially distanced. Please stand back and allow runners and race staff space to manage the finish line area.
- Runners will be spaced prior to the starting line while waiting for the event to start.
- Costumes are welcome so long as they don't interfere with running safely.

Most importantly be safe, bring a smile and cheer our runners on!

We look forward to hosting you this fall!