

3rd Annual

WINNIE'S WAY 5K RESCUE RUN

When: SATURDAY, AUGUST 19, 2023

Where: Stoner Boat Launch, Clyde Fant Parkway, Shreveport, LA

Time: 5k Race begins at 8:00 a.m. ½ Mile Fun Run starts at 7:45 a.m.

All proceeds from the race will go to support **Winnie's Wish** that all rescue dogs with special needs obtain proper care and loving homes! Visit www.winniesway.org for more about our mission!

Course Description: Starting at the Stoner Boat Launch an out and back course on the Clyde Fant Bike path.

Registration: Early registration is \$25 until August 11th, \$30 Aug 12th – Aug 18th. Race day registration is \$35. You may register online at www.sportspectrumusa.com, or at Sportspectrum, 6970 Fern Ave, Shreveport, LA 71105. Be sure to register early, as shirt sizes are only guaranteed for those who register by August 10 @ 3:00 p.m.

Lazy Dawg Sleep-in Supporter: Don't feel like getting up and running? Not a problem! Sign up as a sleep-in supporter. You still get a race shirt you just don't have to break a sweat to get it!

Kid's ½ Mile Fun Run: Kids ages 10 & under can sign up for the ½-Mile Kids Fun Run. Registration fee is \$10 and race begins at 7:45 a.m. Top boy and girl finishers will receive a trophy!

Packet Pick Up: You may pick up your packet at Sportspectrum on Thursday August 17 from noon- 6:00 p.m. and Friday August 18th from 10:00 a.m. – 5:30 p.m. You may also pick up your packet on Race Day at the Race Site starting at 7:00am.

Awards: Overall Male & Female finishers will receive a \$200 cash prize and a trophy. 1st Place Male & Female in the following age groups will also receive a trophy.

Age Groups: 12 & under, 13–17, 18–29, 30–39, 40–49, 50–59, and 60+.

Post Party: Be sure to stay after the race for refreshments and awards!! Several area animal rescue organizations plan to be present with adoptable pets and information about their organizations!

Special Notes: You are welcome to bring your dog to the race, as long as it is leashed at all times. Strollers, wagons, baby joggers, and any hand pushed or pulled vehicle will also be allowed on the course, but at a walk pace only. Absolutely NO in-line skates, roller skates, or runners with baby strollers will be allowed on the run course. This rule is an RRCA regulation!

SIGN UP ONLINE at www.sportspectrumusa.com

Waiver & Release

In consideration of my being admitted to enter "Winnie's Way 5K Rescue Run", I, for myself, my heirs, and assigns, executors and administrators, do hereby forever release and discharge Sportspectrum, RRCA, Sportspectrum Race Management, Winnie's Way their employees and agents, of and from any and all claims or demands for damages, injuries, or liability, in any manner arising out of participation in this event. I agree to indemnify and hold harmless the parties released above from any claims or demands for damages, for injuries or liability, in any way arising out of my participation in this event. I certify that I have prepared myself for this race and that I am in adequate physical condition to complete the event I have entered. I agree to follow all rules of this race and to permit myself be removed from the competition if in the opinion of Race Management that continuing would endanger my health.

WINNIE'S WAY 5K RESCUE RUN Official Entry Form – August 19, 2023

Last Name _____ First Name _____

City _____ Zip Code _____

Birth Date __/__/__ Please circle event: 5k or Sleep-In Supporter

Circle: Male or Female T-Shirt Size (circle) YM YL S M L XL XXL (add 2.25)

I understand and agree to all conditions of waiver.

Signature _____

Parent/Guardian Signature for participant under 18 years old _____