



St. Mary's Family Fest
5K Run, 5 Mile Run, and 5K Walk
Saturday, September 23, 2023 8:00AM
Westphalia, Michigan

Events

5K/5Mile Run: \$20
5K Walk (non-competitive): \$15
½ Mile Kids Fun Run (8:45AM): Free (no registration necessary)
Family/Friends Rate: Mix or match any event, up to 4 entries: \$60
Family/Friends Rate may be used multiple times for more than 4 entries and is available for **pre-registration only**

All registrations received prior to 8/27/23 will receive one shirt. Late registrations are not guaranteed shirts.

Day of Event Registration

Race Day registration from 7:00-7:45 AM for 5K/5 Mile events in St. Mary's school cafeteria at the north entrance of the school

Timing

5K and 5 mile will be computer timed and results will be available shortly after the conclusion of each race. Kids Fun Run is non-competitive and will not be timed.

Route

Mostly flat, rural roads. Part of the run and walk is on dirt roads. Course maps will be available

Door prizes and awards:

Door prizes and awards will be available to pick up immediately following the conclusion of the races. There will be no awards ceremony.

Trophies for overall, masters and grandmasters men and women winners for 5K and 5-mile runs. Medals will be awarded for the top 3 finishers in each of the following age groups: 9 and under; 10-14; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75 and over

Contact Information

Mail entries and checks payable to *St. Mary's Church* to:

Darren & Becky Kramer
c/o: Run/Walk
9701 Craun Rd.
Dewitt, MI 48820

For more information contact Darren & Becky Kramer at: 517-626-2098 or email us at: stmaryrunwalk@gmail.com

Registration also available online at:
<https://runsignup.com/Race/MI/Westphalia/StMaryFamilyFest>

(Please complete one form for each participant. For family rate, all forms must be submitted together and is available for pre-registration only)

Name (Last, First, Middle Initial)	Age on Race Day	Date of Birth	Gender M F
Mailing Address	City, State, Zip		
Telephone Number	Email Address		
Event	5K Run	5K Walk	5-Mile Run
Shirt Size	Child-LG	Child-XL	Adult-SM Adult-MD Adult-LG Adult-XL
Emergency Contact Name	Emergency Contact Telephone Number		

In consideration of my entry, I intend to be legally bound, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims which I may hereafter accrue to against the sponsors and officials of the race described in this entry form, and St. Mary's Church of Westphalia or their respective offices, agents, sponsors, representatives, successors, and/or assigns, while traveling to and from, or participating in this event.

Signature (Participant or Parent/Guardian if under age 18)	Date
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