Stinson Lake 5K Run/Walk
@ White Mountain Ranch
Saturday, Aug. 19, 2023
9 AM Start Time

Charity: Lake Host Program / Stinson Lake Association, a 501(c)(3) nonprofit

Registration: 8 AM – 8:45 AM Race Day at White Mountain Ranch Beach (75 Ranch Rd, Rumney, NH 03266)

Race Fees: $35 Race Day

Awards: Top 3 overall men and women. Top 3 men/women in age groups/divisions

Age group/divisions: 1-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, and 80+

T-Shirt Size

| Last Name | First | MI | SM | MD | LG | XL | XXL |

Address   Phone Number

City   State   Zip Code

Birth Date   Age on Race Day   Sex (M/F)   EMAIL

I know that participating in the Stinson Lake 5K is a potentially hazardous activity. I agree not to enter and participate unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to safely complete the event. I am voluntarily entering and assume all risks associated with participating in the event, including, but not limited to, falls, contact with other participants, spectators or others, the effect of the weather, including heat and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this Waiver and knowing these facts, and in consideration of your acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive and release the Stinson Lake Association, race director, volunteers, and all sponsors, and their representatives and successors, from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in this event or related activities, even though such claim or liability may arise out of negligence or fault on the part of any of the foregoing persons or entities. I grant permission to the foregoing persons and entities to use or authorize others to use any photographs, motion pictures, recordings, or any other record of my participation in this event or related activities for any legitimate purpose without remuneration.

Signature _____ Date _____

Signature of parent (if under 18) _____ Date _____

Official Use Area	**Make Checks Payable to:** Stinson Lake Association	
Date Rec. _____		**ENTRY FEE** $___35_____
		ADD'L DONATION $_____
Race # _____		**AMT. PAID** $_____