



## Frequently Asked Questions (FAQS)

### About Eastern Catawba County Hunger Walk (ECCHW)

#### **What is ECCHW about?**

The ECCHW is a community event designed to raise awareness and much needed funding for hunger initiatives at the two nonprofits benefiting from the event.

#### **Tell me more about the benefitting nonprofits.**

The Corner Table, Inc. is a soup kitchen outreach ministry provided by the people of our community for the hungry in our community. Our primary purpose is to provide nutritious meals in a comfortable environment for any men, women or children who are in need in the Eastern Catawba County area. Located in downtown Newton, The Corner Table served 53,000+ meals to an average of 165 guests per day in 2021.

Eastern Catawba Cooperative Christian Ministry (ECCCM) provides assistance with mortgage/rent payments, utility bills, hunger relief, transportation, and financial coaching. ECCCM has extended “a hand up, not a handout” to those in need in eastern Catawba County since 1969, never turning away a qualifying client. ECCCM distributed 1.5 million pounds of food to an average of 1,231 individuals per month in 2021.

#### **What impact do these nonprofits have in Catawba County?**

Unfortunately, food insecurity is a problem in every community in America including Catawba County. Over the last 12 months (Mar 21 – Mar 22), the consumer price index for food at home increased by 8.6% - the largest 12-month increase since the period ending April 1981. Families experiencing food insecurity often share that they pay for rent, housing, transportation and medicine and then use whatever is left for food. For many families, there simply is not enough money left over after all their other bills are paid. This is where the benefitting nonprofits step in to assist our community by providing meals, backpacks for kids and food pick-ups.

### General Event Questions

#### **How does the Hunger Walk work?**

Walkers of all ages and athletic abilities can participate in the walk as individuals or together as families, groups or teams. Each participant solicits sponsorship (donations) from friends and associates prior to the event.

#### **What are the event details?**

Check-in will open at 2pm with an opening ceremony (awards and warm-up activities) beginning at 2:45pm. The walk will start at 3pm. Once you finish the walk, there will be ice cream for you to enjoy while you visit with other walkers.

#### **What is the event route?**

Registration and the event will begin at the Frank & Sue Jones Amphitheatre in downtown Newton (across from the 1924 Courthouse). This year there will be the original 5K (3.1 mile) route and a 1-mile route. Both routes are on sidewalks in downtown Newton.

**Can children participate?**

Definitely! It's a great way for families to spend quality time together and make a difference for those in need.

**May I bring a stroller?**

Yes. Strollers are welcome so you can bring even the very youngest members of your family.

**May I bring my dog or other family pets?**

Yes – bring you four legged friends.

**Is the event wheelchair accessible?**

Yes. The walk takes place on the roads/sidewalks which will be closed to traffic, for our downtown route. Please keep in mind the pavement can be rough in areas, so be prepared for typical city roadway and sidewalk conditions.

**Does each participant get a t-shirt?**

Participants who collect at least \$25 will receive a t-shirt as long as supplies last **BUT** if you register online by the registration deadline and enter your t-shirt size, a t-shirt will be “reserved” for you. T-shirt requests/sizes **MUST** be received by Thursday, September 22 to guarantee your size. T-shirts can be picked by a team representative up at ECCCM on Wednesday, October 12 or Thursday, October 13 between the hours of 8:30am – 4:30pm. T-shirts not picked up on these days will be available at the event. T-shirts will be given to the team captains for them to distribute.

**Do I have to fundraise or collect donations?**

Fundraising is not required but it is the most crucial part of this event! It is the donations raised by the participants that support programs which feed hungry people in our community year-round. That is why it is so important to ask everyone you know to support your participation in this event by making a donation.

**How do I collect donations and what do I do with them?**

It is recommended that you encourage supporters to donate online through the website [ecchungerwalk.com](http://ecchungerwalk.com) where you registered. Turn in your donations made by cash/checks to your team captain if you are part of a team. If you are an individual participant, donations can be delivered to ECCCM at 245 E N Street, Newton NC. If the donations are checks, they can be mailed to ECC Hunger Walk, PO Box 31, Newton, NC 28658. All checks should be made payable to “Hunger Walk”.

We encourage team captains to deliver the envelopes with donations to ECCCM. We are requesting that all donations are delivered no later than 5:00 pm on Wednesday, October 12. This will allow adequate time to compute the team amounts for the awards. Any additional monies raised after this date can be delivered the day of the event – this should be minimal and can be calculated and added to the group totals quickly.

## Day of Event

**What if I have not registered prior to the event?**

Arrive at the event between 2:00 – 2:30 pm. Come to the registration area and fill out the registration form. Bring any donations you may have collected and turn them in at registration.

**What if I have already registered?**

Arrive at the event between 2:00 – 2:30 pm. Come to the registration area and check-in.

**I have additional donations – what do I do with them?**

Turn in additional donations collected at the registration table.

**Our team leader did not pick up our t-shirts prior to the event – how do we get those?**

T-shirts will be available the day of the event for the team leader to pick up for the entire group and they can distribute to all individuals.