

Redwood - Aid Stations

	Distance (mile)	Next Aid (mile)
5 mile		
1. Skyline Gate	1.5	2.2
2. Skyline Gate	3.7	1.5
3. Chabot Space & Science (Finish)	5.1	
Half Marathon		
1. Fish Ladder	5.9	5.8
2. Skyline Gate	11.7	1.5
3. Chabot Space & Science (Finish)	13.1	
30K		
1. Fish Ladder	5.9	5.8
2. Skyline Gate	11.7	1.5
3. Chabot Space & Science (S/F)	13.1	1.5
4. Skyline Gate	14.6	2.2
5. Skyline Gate	16.8	1.5
6. Chabot Space & Science (Finish)	18.3	
Marathon		
1. Fish Ladder	5.9	5.8
2. Skyline Gate	11.7	1.5
3. Chabot Space & Science (S/F)	13.1	5.9
4. Fish Ladder	19.0	5.8
5. Skyline Gate	24.8	1.5
6. Chabot Space & Science (Finish)	26.3	

50K		
1. Fish Ladder	5.9	5.8
2. Skyline Gate	11.7	1.5
3. Chabot Space & Science (S/F)	13.1	5.9
4. Fish Ladder	19.0	5.8
5. Skyline Gate	24.8	1.5
6. Chabot Space & Science (Finish)	26.3	1.5
7. Skyline Gate	27.8	2.2
8. Skyline Gate	29.0	1.5
9. Chabot Space & Science (Finish)	31.4	