## **WEIR RIVER FARM TRAIL RUN: 10 MILE ROUTE**

## **10 MILE COURSE DIRECTIONS**

- 1. Runners start on the road by the greenhouse, head up the hill past the Turkey Hill parking lot and the Nike Radar Building and do a loop around the field, and then return towards the greenhouse turning left onto One Way Lane at point #32
- 2. Athletes run down the hill, turn left at point #16, follow the trail through points #27, 26, 24 and 25 to Ayer's Lane.
- 3. At point #25 runners turn right to pick up the Millken Memorial Path and run through point #18 (bear left) and then at turn right point #19 to enter Wompatuck State Park (note: runners in the 6 mile race will go left at this point); runners complete a 2-mile loop in Wompatuck <u>two times</u> and then return to the Milken Memorial Path at point #19.
- 4. At point #19 runners in the 10 mile race turn right (rejoining runners in the 6 mile races) and go through points 20 (straight), 21 (straight) and then turn left at point #22 to pick up Whitney Road.
- 5. The Whitney Road trail is followed to point #4 where runners turn right towards Bigelow Boulder.
- 6. At point #3/Bigelow Boulder runners turn left onto the Boulder Lane trail and run through point #6 and turn right at point #7 to pick up the Whitney Road trail.
- 7. Runners turn left on the Whitney Spur Rail Trail and take it to the right onto the One Way Lane trail towards
  Turkey Hill Lane
- 8. Runners go right on Turkey Hill Road, run a short distance on this road and then turn left at the grassy trail near the Turkey Hill parking lot that has a field on the runner's left and the private residence on the runner's right. This trail is followed to the Weir River farm yard and livestock barn and onto the finish.

