



Margarita 5K Run/Walk



Benefits: The Leukemia Research Foundation of Delaware

Presented by: Ignite Fitness Kickboxing & Kaizen Karate Academy

Hosted by: La Hacienda Mexican Restaurant & Bar

- When:** Saturday, August 7, 2021, 9 A.M. Rain or Shine. Ignite Kids Run (10 & under) starts at 8:55 A.M.
- Where:** La Hacienda Mexican Restaurant & Bar, 1171 South Bay Road, Dover, DE. Registration opens at 8 A.M.
- Registration:** \$25 until July 31; \$30 after and on event day. Registration starts 5 P.M. Make checks payable to Ignite Fitness and mail to TriSports 2772 Hazletville Rd, Dover, DE 19904. For more info contact Races4u@TriSportsEvents.com or Ignitefitnesskickboxing@gmail.com. Register online at TriSportsEvents.com.
- 5K Course:** The 5K is on a flat and fast out and back course that will please both the speedy and beginner runner/walker. The route is well marked and police supported.
- Awards:** 5K run awards to overall and master's male and female winners, top 3 male & female runners in 10-year age groups. 5K walk awards to top 5 male/female finishers. Ribbons to all Ignite Kids Run participants (200–300-foot dash).
- Benefactor:** Our mission is to provide ongoing funding to support cutting edge blood cancer research while actively advocating for advanced therapies and patient care. The Leukemia Research Foundation of Delaware (LRFDE) was established with these objectives in September of 2007. Our organization is 100% volunteer based and, because we receive no federal funding, hold numerous fundraising events annually.
- Amenities:** Quality **TECH SHIRTS** to all participants. **Post-race social festivities to include music, food, and drink.** Event results & photos will be posted at TriSportsEvents.Com and on the TriSports Facebook Page.

This is a TriSports Events Chip Timed Production

ENTRY FORM

WAIVER AND RELEASE OF LIABILITY: I know that running/walking or rolling (wheelchair) in a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with running/walking this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, extreme cold, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry to participate in the 2021 Margarita 5K Run/Walk, I, for myself and anyone entitled to act on my behalf, waive and release TriSports Events Management, Ignite Fitness Kickboxing, La Hacienda Mexican Restaurant & Bar, The Leukemia Research Foundation of Delaware, The City of Dover, The State of Delaware and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I hereby give my permission to the event organizers and sponsors to use my name and/or picture in any publication, broadcast, telecast or other account of this event without limitation or obligation of further compensation thereof. I certify that I have read this waiver and release and fully understand its significance. I understand that is my responsibility to check TriSportsEvents.com for any changes in event date, time, and venue. Assigned bib/chip numbers are not transferrable. Entry fees are non-refundable.

Age Day of Race _____ **Sex:** ☐ M ☐ F **T-shirt Size:** ☐ S ☐ M ☐ L ☐ XL ☐ XXL

Print Name: _____ **Email:** _____

Address: _____
(Street or P.O. Box) City State Zip

Phone: () _____ **Circle One:** 5K Run 5K Walk Silent Hero
(Donation)

Signature: _____

(All participants must sign waiver - signature of parent or guardian required if entrant is under 18)