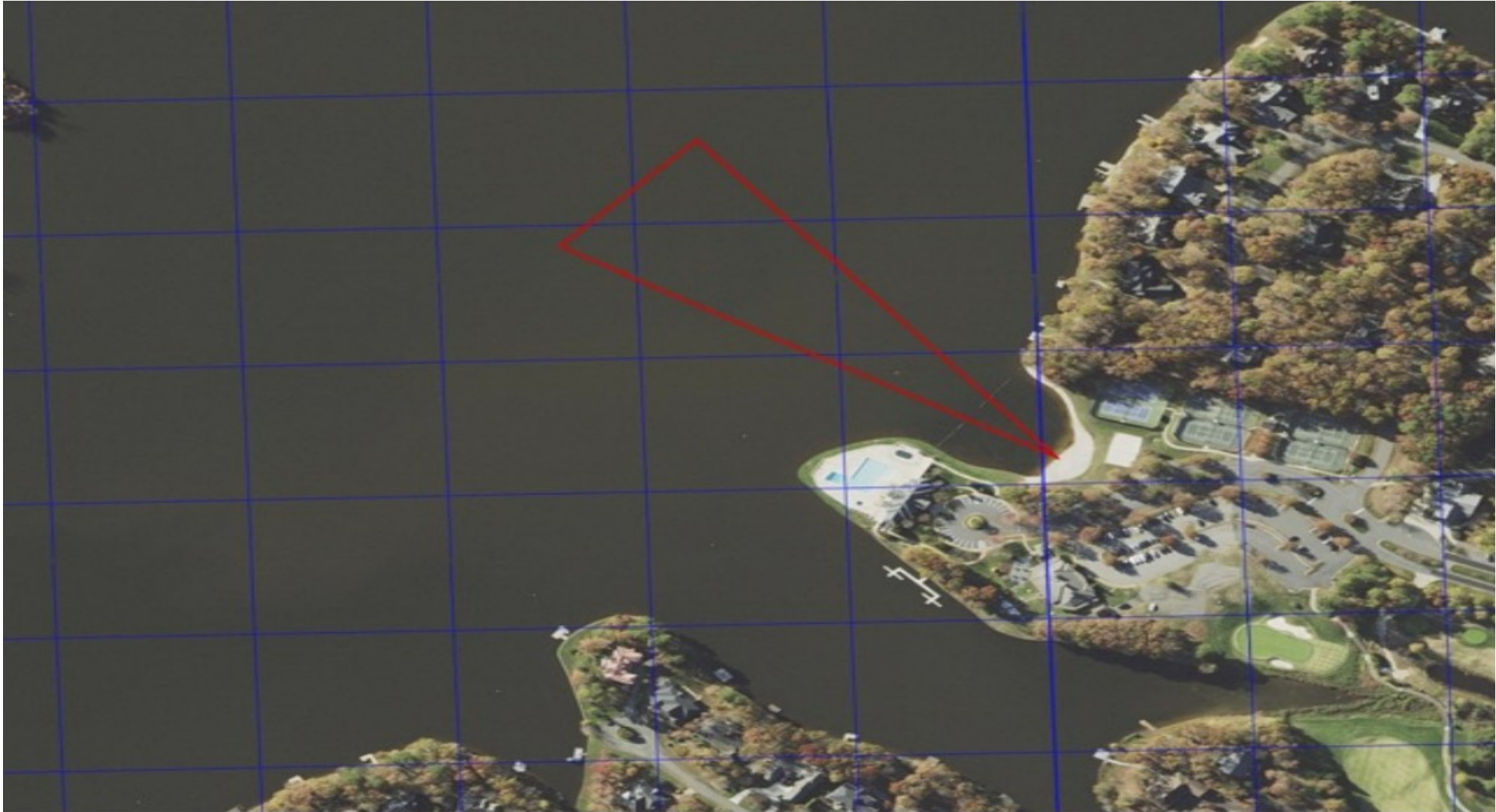
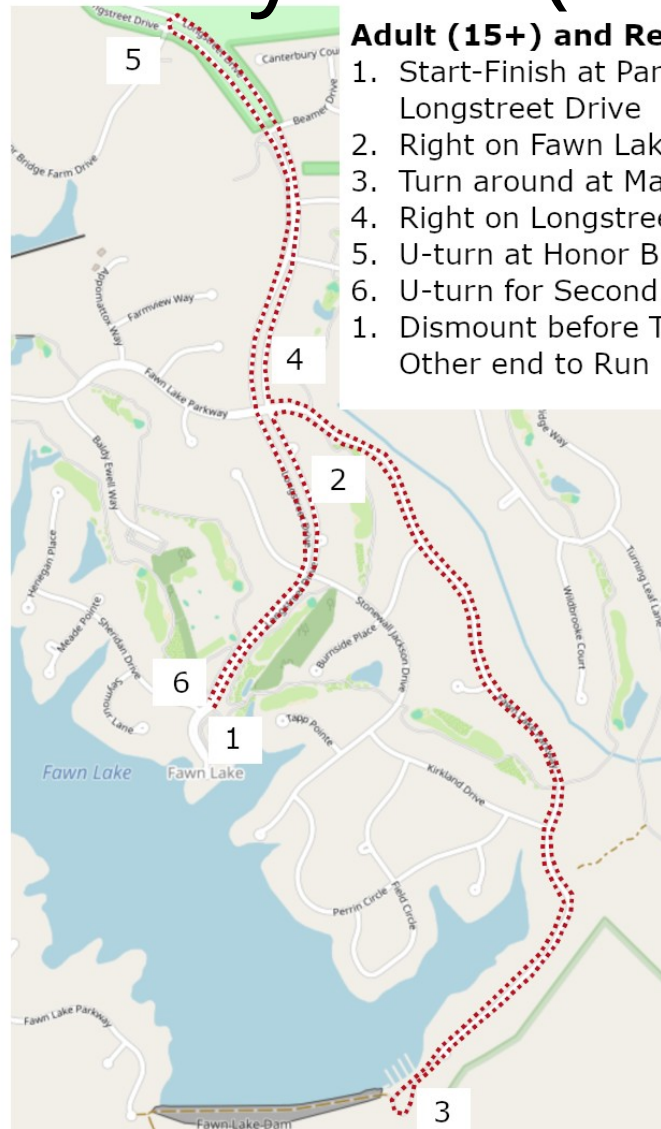


# Adult and Relay Swim (700m)(Clockwise)



# Adult and Relay Bike (2 Loops/12.4 Miles)

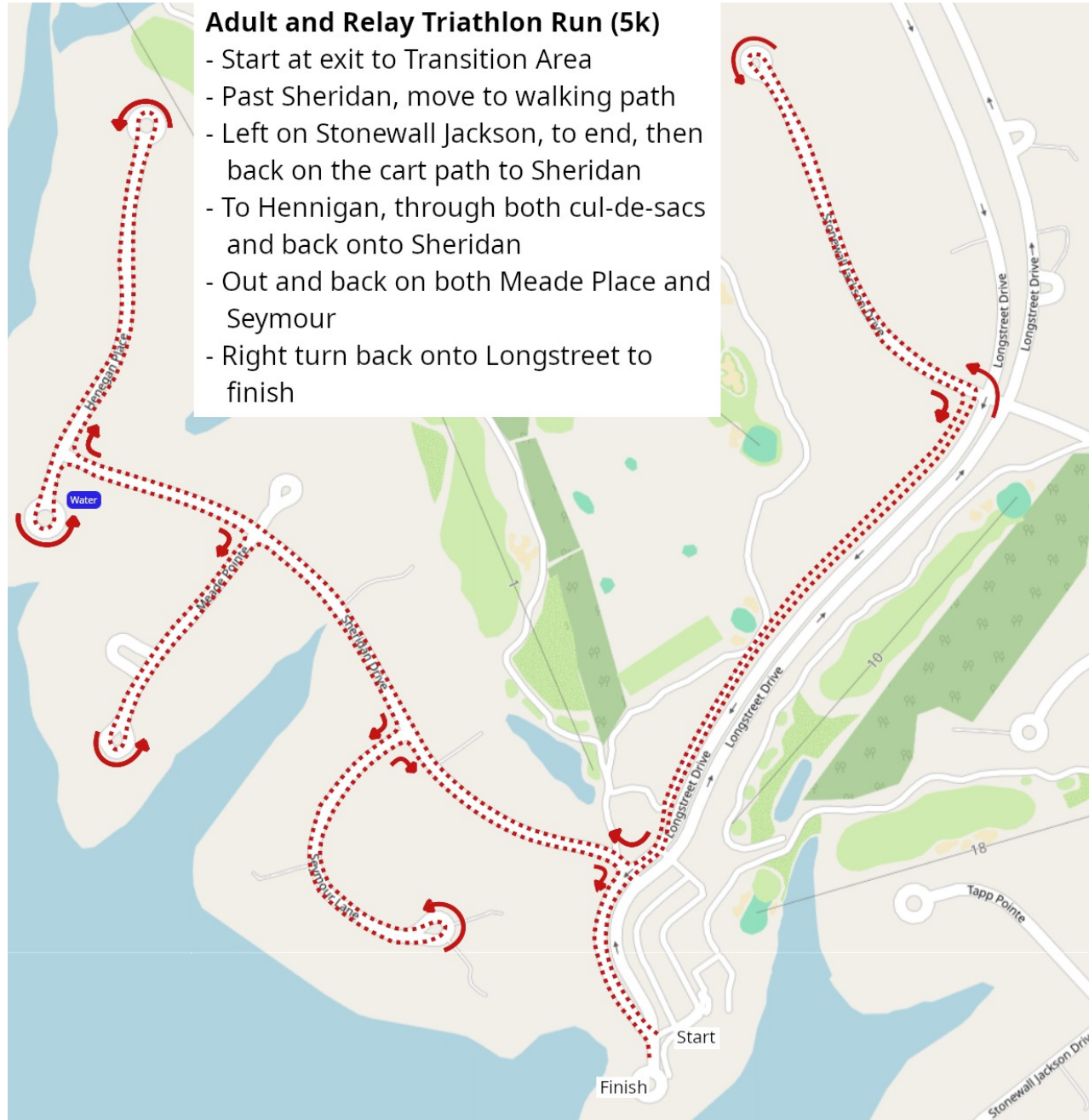


## Adult (15+) and Relay Bike

1. Start-Finish at Parking Lot on Longstreet Drive
  2. Right on Fawn Lake Parkway
  3. Turn around at Marina
  4. Right on Longstreet Drive
  5. U-turn at Honor Bridge
  6. U-turn for Second Lap
1. Dismount before Transition, Exit Other end to Run

### Adult and Relay Triathlon Run (5k)

- Start at exit to Transition Area
- Past Sheridan, move to walking path
- Left on Stonewall Jackson, to end, then back on the cart path to Sheridan
- To Hennigan, through both cul-de-sacs and back onto Sheridan
- Out and back on both Meade Place and Seymour
- Right turn back onto Longstreet to finish





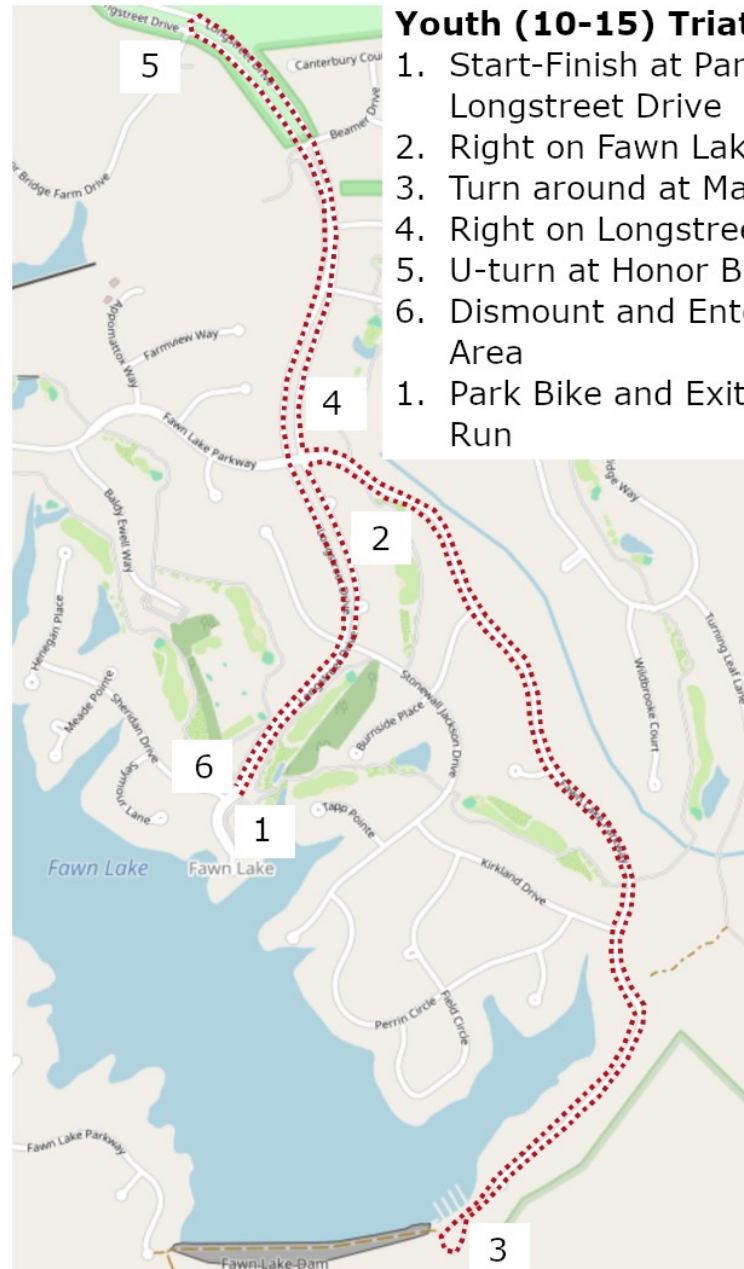


## Youth (10-15) Swim

225 meters, 9 Lengths

1. Swim Start
2. Swim Finish
3. Follow Volunteers' Directions to Transition Area for Bike





### Youth (10-15) Triathlon Bike

1. Start-Finish at Parking Lot on Longstreet Drive
  2. Right on Fawn Lake Parkway
  3. Turn around at Marina
  4. Right on Longstreet Drive
  5. U-turn at Honor Bridge
  6. Dismount and Enter Transition Area
1. Park Bike and Exit Transition to Run

### Youth 10-15 Triathlon Run (2K)

- Start at exit to Transition Area
- Run to Sheridan and turn left
- Run to Hennigan, turn right
- Turn around at the cone
- Down to and left onto Sheridan
- Right turn back onto Longstreet to finish





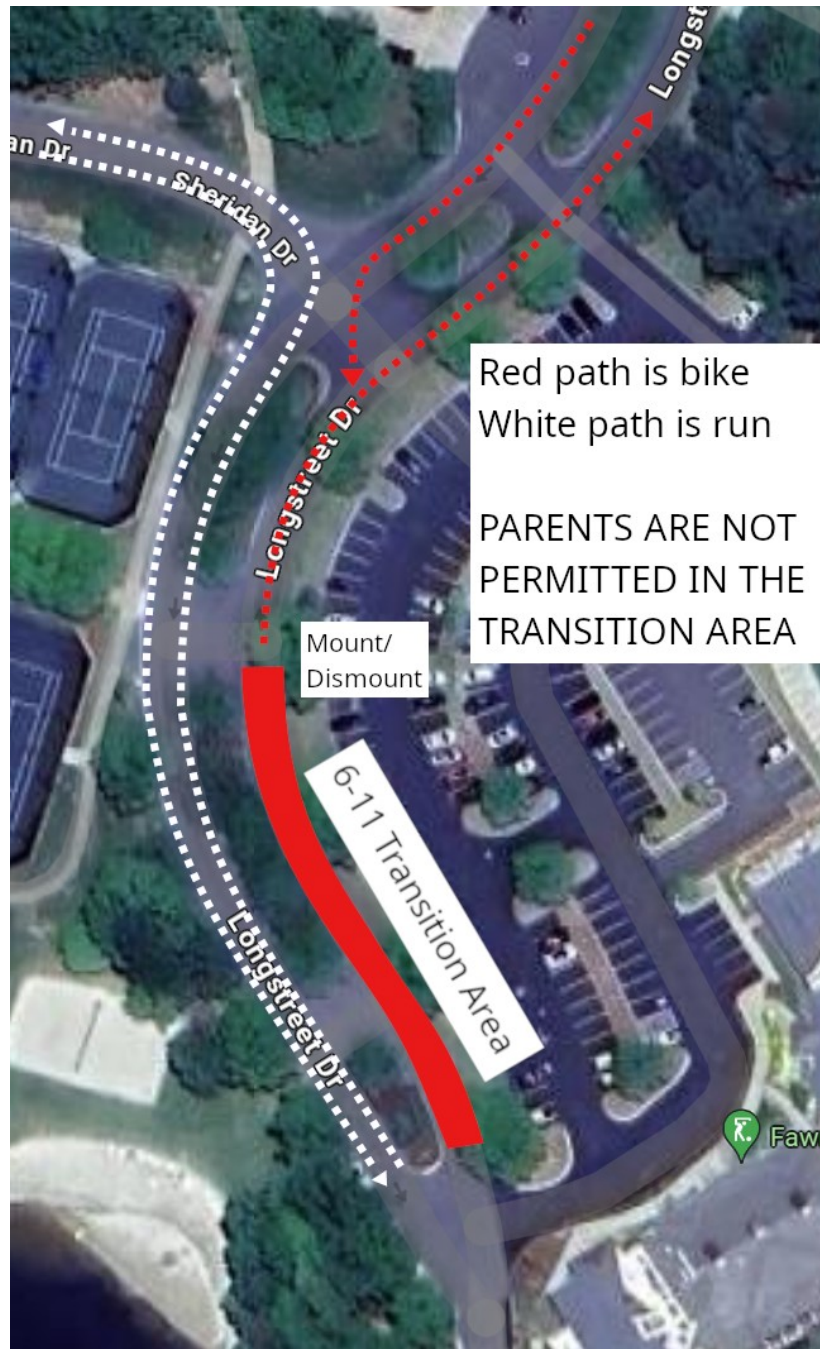


## Youth (6-11) Swim

75 meters, 3 Lengths

1. Swim Start
2. Swim Finish
3. Follow Volunteers' Directions to Transition Area for Bike





Red path is bike  
White path is run

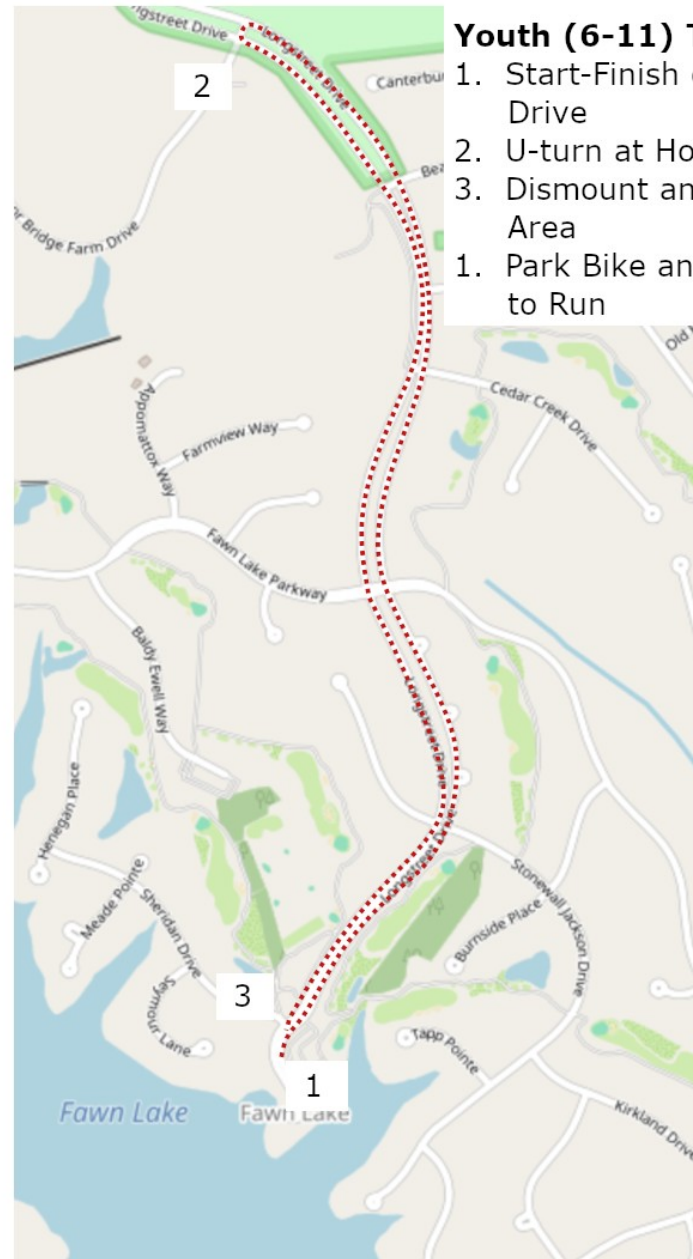
PARENTS ARE NOT  
PERMITTED IN THE  
TRANSITION AREA

Mount/  
Dismount

6-11 Transition Area

Faw





### Youth (6-11) Triathlon Bike

1. Start-Finish on Longstreet Drive
  2. U-turn at Honor Bridge
  3. Dismount and Enter Transition Area
1. Park Bike and Exit Transition to Run

## Youth (6-11) Triathlon Run (1K)

- Start at exit to Transition Area
- Run to Sheridan and turn left
- Turn around at the cone
- Run back to Longstreet and turn right
- Right to finish

