

BAY VILLAGE FOUNDATION

SHIFT GIT

RUN & WALK SATURDAY, OCT. 28, 2023

Race through beautiful Bay Village, starting at Bay High School

Mail pre-registration by Wednesday, October 25 - \$30

Online pre-registration - \$30

Day of event registration - \$30

Online registration: https://runsignup.com/Race/OH/BayVillage/BayVillageScaredyCatRun



Race day registration/packet pick-up Friday Oct 27th from 4-6pm at Howard Hanna 27115 Knickerbocker Rd in Bay or Bay High School, 7:30 a.m on race day 5K RUN: 9:00 a.m. / 1 MILE WALK: 9:00 a.m.

FIRST 300 PARTICIPANTS GET A COOL DRY TECH SHIRT

Prizes for 5K run only: Top Overall Male & Female, Masters and top 3 in the following age divisions based on race day age: 11 & under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & over.

MAIL-IN REGISTRATION:

Please make checks payable to:

Hermes Sports & Events, 2425 West 11th Street, Suite 2, Cleveland, OH 44113

I hereby understand that upon my entry in the Bay Village Foundation Run 2023, I waive any and all claims for damages that I may have against Hermes Sports & Events, The Bay Village Foundation, sponsors or any involved in the production of this event, in regards to any and all injuries suffered by me while traveling to/from or participating in this event, for myself, my heirs or assignors.

Name		D.O.B	_Age	Gender
Address		Email		· · · · · · · · · · · · · · · · · · ·
City	_ State	_Zip		
Signature Parent/Guardian (if under 18 years)				
Please specify which race you are participating in and running shirt size: Race:5K RUN1 MILE WALK Shirt size:XSAdult SAdult MAdult LXLXXL I am unable to participate, but enclosed is my check as a contribution to The Bay Village Foundation				

Mail donations to: The Bay Village Foundation, P.O. Box 40122, Bay Village, Ohio 44140