



BERMUDA TRIATHLON ASSOCIATION **RACE GUIDELINES DURING COVID-19 PANDEMIC**

Introduction

The Bermuda Triathlon Association ((BTA) is committed to the health and safety of its athletes, coaches, volunteers and members as well as the population of the Bermuda community. The Government regulations will always be adhered to and it is the responsibility of all members, affiliates, athletes, volunteers and coaches to abide by the policies and procedures designated to ensure a safe environment for all.

By following these guidelines, athletes and their families will be able to make informed decisions as to when they will choose to resume competing. Additionally, the directives of the Bermuda Government relating to Covid-19 and the assembly of individuals have served as the primary documents for considering how Triathlon events can be held safely in Bermuda during the Pandemic.

The procedures recommended by international organizations are only considered as being acceptable when and where they are not contradicted by the Bermuda Government regulations. The BTA recognizes that the information and guidelines of the Bermuda Government have been changing to reflect the current status of the community and are likely to continue to change.

General Overview and Recommendations for all members and participants

The following individuals should **NOT** attend events:

- Any person experiencing any symptoms of COVID-19 (fever, cough, muscle or body aches, sore throat, runny nose, headache, shortness of breath, loss of sense of smell or taste; diarrhea and/or vomiting). If these symptoms begin while at a training or racing venue the individual must leave immediately and contact their physician for further management. The individual must also inform their club and the race organizer, if at an event.
- Any person who receives a diagnosis of COVID-19 must comply with the current mandated policy of the Bermuda Government.
- Any person who has been told to self-isolate at home.

Safe Environment Guidelines

- The BTA will communicate with all members and/or event participants of any restrictions, regulations and recommendations relating to training or competition.
- Participation in either organized training or competition will always be at the discretion of the individual. Coaches and team leaders will not mandate participation or penalize athletes for opting out due to concerns related to Covid-19.



-
- The BTA will implement an attendance process at every group gathering, including competitions, to help with tracking, tracing and quarantining if a case is discovered after the fact (this should include all coaches, athletes, parents, event officials, service providers and spectators).
 - Total size of gatherings, inclusive of all athletes, coaches, parents, club personnel to be limited to the number advised by the authorities. This numeric restriction will be used for start groups in competition as detailed below.
 - Physical distancing and hygiene measures will be implemented and upheld.
 - The BTA will educate all participants and organizers on hygiene and sanitation procedures to be used.
 - All events will ensure that there is hand sanitizer available for all individuals at the event.
 - All BTA equipment must be cleaned and disinfected after each use (e.g. safety vests, lap boards, officials' equipment).
 - Event support service personnel will be expected to comply with site safety protocols.
 - Race Officials, organizers, support personnel and spectators will wear masks when unable to maintain social distancing.
 - Social mingling at events venues will be discouraged and participants will be expected to depart immediately following the event.
 - At events, no equipment will be shared, including bicycles, spare wheels, water bottles, tools or food.

Event Specific Operating Guidelines

Description

Triathlon is normally a mass start event where participants are in predetermined start groups, the total number in a group to be no more than the number permitted by the Government regulations for gatherings. Each grouping has a separate start times.

Registration

All participants must register online through www.RaceDayWorld.com in advance of the event. There will be no ability to participate unless registration has taken place online in advance.

Staffing

Timing services will be provided by a third-party service entity which will provide one or two staff as they feel is necessary. The number of course marshals will be determined by the Event Organizer and



the marshals will be distributed along the course as deemed necessary. The Event Organizer will be located at the start/finish area. The BTA will assign one individual to serve as the race official. This will include the observing the starts and finishes

Competitors

Those who register will be given the start time for their group. There will be separate start times for juniors and adults. It is anticipated the junior events will be completed before the start of the adult event.

Start groups will be asked to gather in their group but observe appropriate distancing until the start of the event. Participants will wear masks at all times prior to the start of the event; please wear a disposable mask which will be disposed of immediately prior to the start - suitable garbage disposal will be available.

When the course has been completed competitors will be directed to leave the finish area.

There will be no socializing before or after the event.

Spectators

Those wishing to view the event are to maintain the necessary social distancing. The start/finish area will be managed to keep the total number of individuals in the area to no more than the number stipulated by the Bermuda Government and all wearing masks. Any others wishing to observe the event will be asked to space themselves further along the course so as to maintain social distancing.

Prize Giving

There will be no official prize giving ceremony after the event. Category winners will collect their prizes from a table at their own discretion.

Post race refreshments

These will be available for individual collection from a pre set up tables