



Saturday, August 22, 2015

7:00pm Sign-in and Registration

8:30pm Run/Walk Starts

McBride Elementary

5005 S. Farm Road 135, Springfield, MO

Register online at www.ridgerunnersports.com

Get your running (or walking) shoes ready for this **AWESOME** Neon Night Run! NAMI SWMO, National Alliance on Mental Illness Southwest Missouri will be hosting "Illuminating the Darkness" 5K Timed Run and 1 Mile Walk. All participants receive a glow-in-the-dark bracelet and glow-in-the-dark t-shirt! Run in the coolest, most eye dazzling, illuminated nighttime 5K with sounds of our Amazing DJ! Registration begins at 7:00 pm and the race will start at 8:30 pm on the trail behind McBride Elementary. **Save the date: Saturday, August 22 at McBride Elementary.**

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____ Email: _____

Birthdate: _____ Age on Event Day(Required) _____

How did you hear about the NAMI 5K _____

T-Shirt Size: S M L XL 2XL 3XL

Mail Registration form to: **NAMI Southwest Missouri at 1443 North Robberson Ave, Suite 408, Springfield, Missouri 65802**

Make Checks Payable to **NAMI Southwest Missouri \$25.00 Registration Fee / \$30.00 after August 15, 2015**

Packet Pick Up will be August 21, 2015 from noon- 6:00 pm at Ridgerunner Sports, 3057 S. Fremont, Springfield, MO

I understand that me, or my minor child, or the minor child in my legal custody's (collectively "my") participation in Illuminating The Darkness 5k Run/Walk for NAMI Southwest Missouri is on my own risk. I understand there are risks associated with physical activity involved in the event including but not limited to possible falls, contact with other participants, effects of weather, traffic and road conditions. I agree to indemnify, defend and hold NAMI Southwest Missouri, its respective officers, employees, affiliates, subsidiaries and independent contractors and all sponsors of the Event ("sponsors") and the City of Springfield (the "city") harmless from and against any and against all claims, liability, judgments, fines, and expenses including all attorney's fees and amounts paid in settlement actually and reasonably incurred in connection with any proceeding, to which NAMI Southwest Missouri sponsors and/or the city is, or at any time becomes a party to or is threatened to be made a party due to my participation in the Event.

I hereby grant to NAMI Southwest Missouri, with respect to photographs, motion pictures, video recordings and or and any other record of Event, in which I may be included to copyright the same and in its own name or otherwise; to use, reuse, publish and republish in the same in whole or in part, in conjunction with any printed material in any and all media now or hereafter known, and for any purpose whatsoever, for illustration, promotion, art, advertising and trade, or any other purpose; and to use my name and any statement made by me and connection therewith, if NAMI Southwest Missouri so chooses. I, hereby, for my heirs and myself, waive any and all rights for claims on this event in case of injury or death. I also release and hold harmless any sponsors or organizers for this. I, by signing below, specify that I am in acceptable shape and medical condition to participate in this event. I will do my best to follow the course and not be offensive to others while participating in this event. I am of sound mind and body to execute this waiver to participate in this event.

Signature

Date

Parent Signature for participants under 18

Date